

Nottinghamshire Sportshall Athletic League

Match 2 Kirkby in Ashfield Leisure Centre

Sun 29-Oct-23

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Events Recorded 38

Total Events 42

Today's Overall Results

Newark	-	159.0
Worksop	-	146.0
Retford	-	140.5
Sutton	-	134.5
Mansfield	-	117.0
Rushcliffe	-	69.0
Notts	-	21.0

Seasons Overall Results

Newark	-	297.0
Worksop	-	283.0
Retford	-	249.5
Mansfield	-	241.0
Sutton	-	237.5
Rushcliffe	-	195.0
Notts	-	21.0

total number of Athletes competing this Match 78

Please note Zero Club Points indicate Athletes are in Wrong age group or Athletes who have done too many events Which are three events and one Relay, these points are not transferable to the next athlete in the same event so the club lose the points totally. Zero club points are also given to Athletes U13 and above without a URN number. All athletes must wear a club vest to compete

Sportshall Events 2023/ 2024

Sun-01-Oct-23	Notts Sportshall League Match 1 (U11's to U15's)	Kirkby in Ashfield Leisure Centre	Starts:-10.30
Sun-29-Oct-23	Notts Sportshall League Match 2 (U11's to U15's)	Kirkby in Ashfield Leisure Centre	Starts:-10.30
Sun-26-Nov-23	Notts Sportshall League Match 3 (U11 to U15)	Kirkby in Ashfield Leisure Centre	Starts:-10.30
Sun-10-Dec-23	Notts Sportshall League Match 1 (U11's Octathlon Competition)	Venue to be arranged	Starts:-10.30
Sun-18-Feb-24	Notts Sportshall League Match 5 (U11 to U15)	Kirkby in Ashfield Leisure Centre	Starts:-10.30
Sat-02-Mar-24	Sportshall East Midland Regional Final (U13 to U15)	Mere Leisure Centre. Grantham	12.30 to 4.00 (doors open 11.30)
Sat-02-Mar-24	Sportshall East Midland Regional Fun in Athletics (U11's)	Mere Leisure Centre. Grantham	12.30 to 4.00 (doors open 11.30)
Sat-06-Apr-24	Sportshall UK Final	Fenton Manor Leisure Centre Stoke on Trent	to be advised

Kirkby in Ashfield Leisure Centre

Sunday 29 Oct 23

Starts:-10.30

Timetable

Finish time Approx .2.30 pm

First Race 11.00

First Field Event 10.40

Track				Field						
	Approx tim	EVENT	No		Approx tin	EVENT	No	Organising Club		
Awards from last match										
T1	U11 Girls	11:05	1 Lap	9	F1	U11 Girls	10:45	Foam Javelin	4	Retford
T2	U11 Boys	11:10	1 Lap	11	F2	U11 Boys	10:45	Foam Javelin	9	Worksop
T3	U13 Girls	11:15	2 Lap	12	F3	U13 Girls	10:45	Vertical High Jump	8	Rushcliffe
T4	U13 Boys	11:20	2 Lap	13	F4	U13 Boys	10:45	Standing Long Jump	9	Newark
T5	U15 Girls	11:25	2 Lap	12	F5	U15 Girls	10:45	Speed Bounce 30 sec	8	Mansfield
T6	U15 Boys	11:30	2 Lap	7	F6	U15 Boys	10:45	Standing Triple Jump	3	Sutton
T7	U11 Girls	12:00	2 Lap	6	F7	U15 Boys	11:10	Vertical High Jump	6	Retford
T8	U11 Boys	12:05	2 Lap	4	F8	U11 Girls	11:20	Standing Triple Jump	7	Sutton
T9	U13 Girls	12:10	4 Lap	4	F9	U15 Girls	11:35	Standing Long Jump	6	Newark
T10	U13 Boys	12:15	4 Lap	3	F10	U11 Boys	11:40	Vertical High Jump	5	Rushcliffe
T11	U15 Girls	12:20	4 Lap	4	F11	U13 Girls	11:40	Speed Bounce 30 sec	7	Mansfield
T12	U15 Boys	12:25	4 Lap	3	F12	U13 Boys	12:00	Vertical High Jump	8	Retford
T13	U9 mixed	12:25	1 Lap (non scoring)	4	F13	U15 Boys	12:00	Speed Bounce 30 sec	3	Mansfield
T14	U11 Girls	13:00	4x1 Lap Relay	3	F14	U15 Girls	12:00	Standing Triple Jump	5	Sutton
T15	U11 Boys	13:05	4x1 Lap Relay	0	F15	U11 Girls	12:20	Vertical High Jump	6	Rushcliffe
T16	U13 Girls	13:10	4x2 Lap Relay	4	F16	U13 Girls	12:20	Standing Long Jump	11	Newark
T17	U13 Boys	13:15	4x2 Lap Relay	0	F17	U11 Boys	12:30	Standing Triple Jump	1	Worksop
T18	U15 Girls	13:20	4x2 Lap Relay	4	F18	U13 Boys	12:40	Speed Bounce 30 sec	5	Mansfield
T19	U15 Boys	13:25	4x2 Lap Relay	0	F19	U15 Girls	12:40	Vertical High Jump	10	Rushcliffe
					F20	U15 Boys	12:40	Standing Long Jump	6	Newark
					F21	U13 Girls	13:40	Shot (2.72kg)	5	Retford
					F22	U13 Boys	13:40	Shot (3kg)	4	Worksop
					F23	U15 Girls	13:40	Shot (3 kg)	4	Sutton-Works
					F24	U15 Boys	13:40	Shot (4 kg)	2	Sutton-Works

SHOT FOR THE U13's is Non Scoring not included in the maximum allowed events

Remember we need a field team and a Track Judges from each club

Each U11 & U13 athlete can compete in a maximum of 4 events including a relay

The shot has to be done outside in the rear staff car park and is weather permitting

Each U15 Athlete can do 5 events including the relay. (the AOM & Multi event award will be calculated on the best 3 events)

No Entrance for parents to the Sports-Hall before 10.15 am NO FOOD OR DRINK allowed in the Sportshall

Athletes and Team Managers on the front row or on the floor, parents sit at the back please

Early arrivers meet in the entrance hall. / Cafe area or outside

Seating is limited therefore please aim to attend with the minimum of spectators

No sitting or running in the entrance hall or the corridors at any time.

Nottinghamshire Sportshall Athletics

Notts Sportshall League Match 2 (U11's to U15's)
Kirkby in Ashfield Leisure Centre

Awards

Athelete of the Match

Sunday 29 October 23

Girls

Ranking	Number	Athlete	Age	Club	Score	Notes
1st	637	Scarlette Slater-Rowley	U15g	Retford	98.74	AOM 29th Oct 23
2nd	181	Robin Overbury	:U11g	Newark	96.43	
3rd	302	Nancy Knowles	U11g	Rushcliffe	95.42	
4th	13	Edee Gascoyne	U13g	Mansfield	92.79	
5th	455	Kitty Laurence	U15g	Worksop	92.66	

Boys

Ranking	Number	Athlete	Age	Club	Score	Notes
1st	374	Charlie Smith	U13b	Rushcliffe	98.71	AOM 29th Oct 23
2nd	146	Jason Unaigwe	:U11b	Newark	97.50	
3rd	334	Tarun Balamurugan	U15b	Rushcliffe	94.72	
4th	690	Segun Odejayi	U15b	Retford	94.72	
5th	670	Rio Davies	U13b	Retford	94.55	

U15 Multi Event Award

Sunday 29 October 23

		Name BOYS	Age	Club	TOTAL
1st	690	Segun Odejayi	U15b	Retford	249
2nd	690	Freddie Marks	U15b	Worksop	244
3rd	134	Tarun Balamurugan	U15b	Rushcliffe	240

		Name Girls	Age	Club	TOTAL
1st	637	Scarlette Slater-Rowley	U15g	Retford	234
2nd	478	Ceryn Greaves	U15g	Worksop	227
3rd	18	Freya Martin	U15g	Mansfield	224

Athletes of the Match 2023 -2024 Season

01-Oct-23	318	Natasha Milburn	U11g	Rushcliffe	95.21
	412	Isaac Beresford	U11b	Worksop	97.66
29-Oct-23	374	Charlie Smith	U13b	Rushcliffe	98.71
	637	Scarlette Slater-Rowley	U15g	Retford	98.74

Multi Event award winners 2023-2024 Season

01-Oct-23	392g	Nina McEachran	U15g	Rushcliffe	232
	404b	Freddie Marks	U15g	Worksop	250
29-Oct-23	637g	Scarlette Slater-Rowley	U15g	Retford	234
	690b	Segun Odejayi	U15g	Retford	249

g14 **T1 11 girls 1 Lap** **12.46** sec 34.5m Hall
Record 332.31 m / min ("speed" any Hall)
Charlotte Mclenagh Notts Jan-09

t14 **T7 11 girls 2 Lap** **23.77** sec 34.5m Hall
Record 348.39 m / min ("speed" any Hall)
J Scott Workso 1996/97

Scoring Athletes

Number	Name	Age	Club	m / min	Sec	Score
1	302 Nancy Knowles	U11g	Rushcliffe	13.1	316.03	13.1
2	71 Katelyn Marshall	U11g	Mansfield	13.5	306.67	13.5
3	181 Robin Overbury	:U11g	Newark	13.7	302.19	13.7
4	514 Skye Summers	:U11g	Sutton	14.4	287.50	14.4
5	912 Edith Dell	:U11g	Notts	14.5	285.52	14.5
6						2
7						1

Scoring Athletes

Number	Name	Age	Club	m / min	Sec	Score
302	Nancy Knowles	U11g	Rushcliffe	318.46	26.0	7
181	Robin Overbury	:U11g	Newark	313.64	26.4	6
71	Katelyn Marshall	U11g	Mansfield	307.81	26.9	5
513	Sophia Gibson	U11g	Sutton	304.41	27.2	4
466	Eliza De Villiers	:U11g	Workso	293.62	28.2	3
912	Edith Dell	:U11g	Notts	275.08	30.1	2
					0	1

Competing Athletes

Number	Name	Age	Club	m / min	?? Sec
1	302 Nancy Knowles	U11g	Rushcliffe	13.1	316.03
2	71 Katelyn Marshall	U11g	Mansfield	13.5	306.67
3	181 Robin Overbury	:U11g	Newark	13.7	302.19
4	11 Esme Evans	U11g	Mansfield	13.9	297.84
5	514 Skye Summers	:U11g	Sutton	14.4	287.50
6	912 Edith Dell	:U11g	Notts	14.5	285.52
7	234 Tilly Wood	U11g	Rushcliffe	14.9	277.85
8	516 Piper Harpham	U11g	Sutton	15.0	276.00
9	179 Ava Townsend	:U11g	Newark	15.1	274.17
10					0.0
92					

Competing Athletes

Number	Name	Age	Club	m / min	?? Sec
302	Nancy Knowles	U11g	Rushcliffe	318.46	26.0
181	Robin Overbury	:U11g	Newark	313.64	26.4
71	Katelyn Marshall	U11g	Mansfield	307.81	26.9
513	Sophia Gibson	U11g	Sutton	304.41	27.2
514	Skye Summers	:U11g	Sutton	300.00	27.6
466	Eliza De Villiers	:U11g	Workso	293.62	28.2
11	Esme Evans	U11g	Mansfield	293.62	28.2
912	Edith Dell	:U11g	Notts	275.08	30.1

g123 **F8 11 airls Standing Triple Jump**

Record 6.12 metres
Lucy Ashton Notts Ac Jan-20

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	466 Eliza De Villiers	:U11g	Workso	5.22	7
2	71 Katelyn Marshall	U11g	Mansfield	5.04	6
3	912 Edith Dell	:U11g	Notts	4.22	5
4	514 Skye Summers	:U11g	Sutton	4.20	4
5	234 Tilly Wood	U11g	Rushcliffe	4.08	3
6				0	2
7				0	1

t123 **F15 11 airls Vertical High Jump**

Record 64.00 cm
C Cudjoe Notts 1985/86

Scoring Athletes

Number	Name	Age	Club	Result	Score
181	Robin Overbury	:U11g	Newark	50.00	7
513	Sophia Gibson	U11g	Sutton	42.00	6
466	Eliza De Villiers	:U11g	Workso	37.00	5
234	Tilly Wood	U11g	Rushcliffe	25.00	4
				0	3
				0	2
				0	1

Competing Athletes

Number	Name	Age	Club	Result	Score
1	466 Eliza De Villiers	:U11g	Workso	5.22	7
2	71 Katelyn Marshall	U11g	Mansfield	5.04	6
3	912 Edith Dell	:U11g	Notts	4.22	5
4	514 Skye Summers	:U11g	Sutton	4.20	4
5	11 Esme Evans	U11g	Mansfield	4.18	3
6	234 Tilly Wood	U11g	Rushcliffe	4.08	2
7				0.0	1

Competing Athletes

Number	Name	Age	Club	Result	Score
181	Robin Overbury	:U11g	Newark	50.00	7
513	Sophia Gibson	U11g	Sutton	42.00	6
466	Eliza De Villiers	:U11g	Workso	37.00	5
516	Piper Harpham	U11g	Sutton	32.00	4
234	Tilly Wood	U11g	Rushcliffe	25.00	3

g180 **F1 11 girls Foam Javelin**

Record 17.00 Metres
Emily Race Workso Sep-11

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	302 Nancy Knowles	U11g	Rushcliffe	13.50	7
2	513 Sophia Gibson	U11g	Sutton	12.75	6
3	912 Edith Dell	:U11g	Notts	8.50	6
4	179 Ava Townsend	:U11g	Newark	8.25	5
5				0	3
6				0	2
7				0	1

t180 **T14 11 girls 4x1 Lap Relay** 33m Hall (Oaktree)

Record 47.67 sec 33m Hall (Oaktree)
Record 332.31 m / min ("speed" any Hall)
Workso 1996/97

Scoring Athletes

Number	Name	Age	Club	Result	Score
513	Sophia Gibson	U11g	Sutton	292.06	56.7
				0	0
				0	0
				0	0
				0	0
				0	0
				0	0

Competing Athletes

Number	Name	Age	Club	Result	Score
1	302 Nancy Knowles	U11g	Rushcliffe	13.50	7
2	513 Sophia Gibson	U11g	Sutton	12.75	6
3	516 Piper Harpham	U11g	Sutton	10.00	6
4	912 Edith Dell	:U11g	Notts	8.50	6
5	179 Ava Townsend	:U11g	Newark	8.25	5
6				0.0	4

Number	Name	Age	Club	m / min	Sec	Score
508	Ethan Howe	U11b	Sutton			
513	Sophia Gibson	U11g	Sutton			
514	Skye Summers	:U11g	Sutton			
g	516 Piper Harpham	U11g	Sutton	292.06	56.7	0

g14 **T3 13 girls 2 Lap**
23.19 sec 34.5m Hall
 Record **357.02** m / min ("speed" any Hall)
C Cudjoe Notts 1986/87

Scoring Athletes

Number	Name	Age	Club	m / min	Sec	Score
1	5 Charlotte Marshall	U13g	Mansfield	331.20	25.0	7
2	610 Isabella Nichols	U13g	Retford	323.44	25.6	6
3	171 Lucy Beardsmore	U13g	Newark	313.64	26.4	5
4	456 Summer Johnson	U13g	Worksop	308.96	26.8	4
5	543 Sophia Niemcow	U13g	Sutton	291.55	28.4	3
6						2
7						1

Competing Athletes

Number	Name	Age	Club	m / min	???.? Sec	Score
1	5 Charlotte Marshall	U13g	Mansfield	331.20	25.0	7
2	67 Sophie Peet	U13g	Mansfield	328.57	25.2	6
3	610 Isabella Nichols	U13g	Retford	323.44	25.6	6
4	13 Edee Gascoyne	U13g	Mansfield	319.69	25.9	4
5	171 Lucy Beardsmore	U13g	Newark	313.64	26.4	4
6	456 Summer Johnson	U13g	Worksop	308.96	26.8	6
7	499 Emilia Jonczyk	U13g	Worksop	306.67	27.0	7
8	35 Maisey Gill	U13g	Mansfield	302.19	27.4	8
9	543 Sophia Niemcow	U13g	Sutton	291.55	28.4	9
10	457 Heidi Marks	U13g	Worksop	277.85	29.8	10
11	619 Savannah Marshall	U13g	Retford	242.11	34.2	11
12						12

114 **T9 13 girls 4 Lap**
51.75 sec 34.5m Hall
 Record **320.00** m / min ("speed" any Hall)
Zoe Smith Newark AC Jan-20

Scoring Athletes

Number	Name	Age	Club	m / min	Sec	Score
1	5 Charlotte Marshall	U13g	Mansfield	296.24	55.9	7
2	610 Isabella Nichols	U13g	Retford	275.54	60.1	6
3	499 Emilia Jonczyk	U13g	Worksop	257.54	64.3	5
4	139 Freya Burman	:U13g	Newark	249.02	66.5	4
5				0		3
6				0		2
7				0		1

Competing Athletes

Number	Name	Age	Club	m / min	???.? Sec	Score
1	5 Charlotte Marshall	U13g	Mansfield	296.24	55.9	7
2	610 Isabella Nichols	U13g	Retford	275.54	60.1	6
3	499 Emilia Jonczyk	U13g	Worksop	257.54	64.3	5
4	139 Freya Burman	:U13g	Newark	249.02	66.5	4
5				0		3
6				0		2
7				0		1

g69 **F11 13 girls Speed Bounce 30 sec**
 Record **84** jumps
Charlotte Ripley Newark March 2011

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	605 Phoebe Ball	U13g	Retford	71	7
2	457 Heidi Marks	U13g	Worksop	65	6
3	35 Maisey Gill	U13g	Mansfield	57	5
4	543 Sophia Niemcow	U13g	Sutton	53	4
5	139 Freya Burman	:U13g	Newark	48	3
6				0	2
7				0	1

Competing Athletes

Number	Name	Age	Club	?? Jumps	Score
1	605 Phoebe Ball	U13g	Retford	71	7
2	457 Heidi Marks	U13g	Worksop	65	6
3	499 Emilia Jonczyk	U13g	Worksop	64	6
4	610 Isabella Nichols	U13g	Retford	62	6
5	35 Maisey Gill	U13g	Mansfield	57	5
6	543 Sophia Niemcow	U13g	Sutton	53	4
7	139 Freya Burman	:U13g	Newark	48	3
8					
9					
10					

t69 **F3 13 girls Vertical High Jump**
 Record **71** jumps
C Cudjoe Notts 1986/87

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	13 Edee Gascoyne	U13g	Mansfield	48.00	7
2	456 Summer Johnson	U13g	Worksop	44.00	6
3	171 Lucy Beardsmore	U13g	Newark	40.00	5
4	651 Xena Marshall	U13g	Retford	24.00	4
5				0	3
6				0	2
7				0	1

Competing Athletes

Number	Name	Age	Club	?? Cm	Score
1	13 Edee Gascoyne	U13g	Mansfield	48.00	7
2	5 Charlotte Marshall	U13g	Mansfield	45.00	6
3	456 Summer Johnson	U13g	Worksop	44.00	6
4	67 Sophie Peet	U13g	Mansfield	43.00	5
5	171 Lucy Beardsmore	U13g	Newark	40.00	5
6	35 Maisey Gill	U13g	Mansfield	33.00	4
7	139 Freya Burman	:U13g	Newark	29.00	3
8	651 Xena Marshall	U13g	Retford	24.00	4
9	619 Savannah Marshall	U13g	Retford	19.00	2
10					

g126 **F16 13 girls Standing Long Jump**
 Record **2.48** metres
D Bryan Notts 1983/84

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	456 Summer Johnson	U13g	Worksop	2.10	7
2	67 Sophie Peet	U13g	Mansfield	2.08	6
3	171 Lucy Beardsmore	U13g	Newark	1.92	5
4	605 Phoebe Ball	U13g	Retford	1.84	4
5	543 Sophia Niemcow	U13g	Sutton	1.56	3
6				0	2
7				0	1

Competing Athletes

Number	Name	Age	Club	?? Metres	Score
1	456 Summer Johnson	U13g	Worksop	2.10	7
2	67 Sophie Peet	U13g	Mansfield	2.08	6
3	13 Edee Gascoyne	U13g	Mansfield	2.04	6
4	171 Lucy Beardsmore	U13g	Newark	1.92	5
5	605 Phoebe Ball	U13g	Retford	1.84	4
6	139 Freya Burman	:U13g	Newark	1.71	3
7	543 Sophia Niemcow	U13g	Sutton	1.56	3
8	457 Heidi Marks	U13g	Worksop	1.46	2
9	651 Xena Marshall	U13g	Retford	1.38	2
10	619 Savannah Marshall	U13g	Retford	1.09	1
11					
12					
13					

i126 **T16 13 girls 4x2 Lap Relay**
 Record **1.32.40** sec 33m Hall (Oaktee)
 Record **342.86** m / min ("speed" any Hall)
Notts 1983/84

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	67 Sophie Peet	U13g	Mansfield	308.09	1.47.5
2	412 Isaac Beresford	U11b	Worksop	304.41	1.48.8
3	610 Isabella Nichols	U13g	Retford	272.82	2.01.4
4				0	0
5				0	0
6				0	0
7				0	0

Competing Athletes

Number	Name	Age	Club	m / min	???.? Sec	Score
13	Edee Gascoyne	U13g	Mansfield			g
5	Charlotte Marshall	U13g	Mansfield			g
35	Maisey Gill	U13g	Mansfield			g
67	Sophie Peet	U13g	Mansfield	308.09	1.47.5	7
605	Phoebe Ball	U13g	Retford			g
619	Savannah Marshall	U13g	Retford			g
651	Xena Marshall	U13g	Retford			g
610	Isabella Nichols	U13g	Retford	272.82	2.01.4	6
499	Emilia Jonczyk	U13g	Worksop			g
458	Henry Marks	U11b	Worksop			b
456	Summer Johnson	U13g	Worksop			g
412	Isaac Beresford	U11b	Worksop	304.41	1.48.8	0
						b
						g

g126 **F21 13 girls Shot (2.72kg)**
 Record **11.91** metres
Serenity Joynt Mansfield March'20

Scoring Athletes

Number	Name	Age	Club	Result
1	67 Sophie Peet	U13g	Mansfield	7.92
2	605 Phoebe Ball	U13g	Retford	6.92
3	171 Lucy Beardsmore	U13g	Newark	5.92
4				0
5				0
6				0
7				0

Competing Athletes

Number	Name	Age	Club	?? Metres
1	67 Sophie Peet	U13g	Mansfield	7.92
2	605 Phoebe Ball	U13g	Retford	6.92
3	171 Lucy Beardsmore	U13g	Newark	5.92
4	651 Xena Marshall	U13g	Retford	4.57
5				

Only add results in the Yellow Area
U13 Boys Results **Sun 29 Oct 2023**

Sports Hall Vertical High Jump 4x2 Lap Relay
 Shot (3kg)

g14 T4 13 boys 2 Lap **t14 T10 13 boys 4 Lap**

Record **22.33** sec 34.5m Hall Record **48.97** sec 34.5m Hall
 Record **370.82** m / min ("speed" any Hall) Record **338.16** m / min ("speed" any Hall)
D WardropRuddington1985/86 **G Blackman Rushcliffe 1997/98**

Scoring Athletes

Number	Name	Age	Club	m / min	Sec	Score	Number	Name	Age	Club	m / min	Sec	Score
1	670 Rio Davies	U13b	Retford	346.44	23.9	7	1	670 Rio Davies	U13b	Retford	313.04	52.9	7
2	374 Charlie Smith	U13b	Rushcliffe	329.88	25.1	6	2	20 Chris Nixon	U13b	Mansfield	280.20	59.1	6
3	538 538b Joshua Theaker	U13b	Sutton	327.27	25.3	5	3	458 Henry Marks	U13b	Worksop	262.44	63.1	5
4	168 168b Ben Ludlam	U13b	Newark	304.41	27.2	4	4	539 Cole Pruszek	U13b	Sutton	257.54	64.3	4
5	20 20b Chris Nixon	U13b	Mansfield	298.92	27.7	3	5				0	3	0
6	458 458b Henry Marks	U13b	Worksop	287.50	28.8	2	6				0	2	0
7	#N/A					1	7				0	1	0

Competing Athletes

Number	Name	Age	Club	m / min	?? Sec	Number	Name	Age	Club	m / min	?? Sec
1	670 670b Rio Davies	U13b	Retford	346.44	23.9	1	670 Rio Davies	U13b	Retford	313.04	52.9
2	668 668b Josiah Odejayi	U13b	Retford	337.96	24.5	2	20 Chris Nixon	U13b	Mansfield	280.20	59.1
3	374 374b Charlie Smith	U13b	Rushcliffe	329.88	25.1	3	458 Henry Marks	U13b	Worksop	262.44	63.1
4	538 538b Joshua Theaker	U13b	Sutton	327.27	25.3	4	539 Cole Pruszek	U13b	Sutton	257.54	64.3
5	671 671b Finn Kemp	U13b	Retford	324.71	25.5	5				0	
6	314 314b Samuel Russell	U13b	Rushcliffe	317.24	26.1	6				0	
7	667 667b Jeremiah Odejayi	U13b	Retford	306.67	27.0	7				0	
8	168 168b Ben Ludlam	U13b	Newark	304.41	27.2	8				0	
9	20 20b Chris Nixon	U13b	Mansfield	298.92	27.7	9				0	
10	533 533b Mason Comery	U13b	Sutton	292.58	28.3	10				0	
11	539 539b Cole Pruszek	U13b	Sutton	288.50	28.7	11				0	
12	458 458b Henry Marks	U13b	Worksop	287.50	28.8	12				0	
13	290 290b Jake Whiteside	U13b	Rushcliffe	286.51	28.9	13				0	
14	107 107b Jax Thomas	U13b	Newark	285.52	29.0	14				0	
15	73 73b Xander Arbon	U13b	Mansfield	283.56	29.2	15				0	
16	b					16				0	

g69 F18 13 boys Speed Bounce 30 sec **t69 F4 13 boys Standing Long Jump**

Record **89** jumps Record **2.5** metres
Jack Rathbone Sutton Sept 08 **Ross Chiltern Notts** Reg Final 06

Scoring Athletes

Number	Name	Age	Club	Result	Score	Number	Name	Age	Club	Result	Score
1	667 667b Jeremiah Odejayi	U13b	Retford	70	7	1	668 Josiah Odejayi	U13b	Retford	2.34	7
2	20 20b Chris Nixon	U13b	Mansfield	67	6	2	374 Charlie Smith	U13b	Rushcliffe	2.29	6
3	533 533b Mason Comery	U13b	Sutton	58	4.5	3	168 Ben Ludlam	U13b	Newark	2.00	5
4	458 458b Henry Marks	U13b	Worksop	58	4.5	4	533 Mason Comery	U13b	Sutton	1.74	4
5	107 107b Jax Thomas	U13b	Newark	57	3	5	73 Xander Arbon	U13b	Mansfield	1.71	3
6	#N/A			0	2	6				0	2
7	#N/A			0	1	7				0	1

Competing Athletes

Number	Name	Age	Club	?? Jumps	Number	Name	Age	Club	?? Metres
1	667 667b Jeremiah Odejayi	U13b	Retford	70	1	668 Josiah Odejayi	U13b	Retford	2.34
2	20 20b Chris Nixon	U13b	Mansfield	67	2	374 Charlie Smith	U13b	Rushcliffe	2.29
3	533 533b Mason Comery	U13b	Sutton	58	3	670 Rio Davies	U13b	Retford	2.12
4	458 458b Henry Marks	U13b	Worksop	58	4	168 Ben Ludlam	U13b	Newark	2.00
5	107 107b Jax Thomas	U13b	Newark	57	5	290 Jake Whiteside	U13b	Rushcliffe	1.88
6	607 607b William Blagburn	U13b	Retford	46	6	314 Samuel Russell	U13b	Rushcliffe	1.88
7	b				7	671 Finn Kemp	U13b	Retford	1.87
8	b				8	533 Mason Comery	U13b	Sutton	1.74
9	b				9	73 Xander Arbon	U13b	Mansfield	1.71
10	b				10				

g126 F12 13 boys Vertical High Jump **t126 T17 13 boys 4x2 Lap Relay**

Record **72** cm Record **1.29.3** sec 33m Hall (Oaktree)
Ben Madeley Mansfield Final 2017 Record **354.76** m / min ("speed" any Hall)
Sutton 1985/86

Scoring Athletes

Number	Name	Age	Club	Result	Score	Number	Name	Age	Club	Result	Score	
1	374 374b Charlie Smith	U13b	Rushcliffe	54	7	1	171 Lucy Beardsmore	U13g	Newark	298.11	1.51.1	0
2	538 538b Joshua Theaker	U13b	Sutton	50	6	2	670 Rio Davies	U13b	Retford	332.86	1.39.5	7
3	168 168b Ben Ludlam	U13b	Newark	44	5	3				0	0	0
4	667 667b Jeremiah Odejayi	U13b	Retford	43	4	4				0	0	0
5	73 73b Xander Arbon	U13b	Mansfield	33	3	5				0	0	0
6	#N/A			0	2	6				0	0	0
7	#N/A			0	1	7				0	0	0

Competing Athletes

Number	Name	Age	Club	?? Cm	Number	Name	Age	Club	m / min	?? Sec	Score	
1	374 374b Charlie Smith	U13b	Rushcliffe	54	668	Josiah Odejayi	U13b	Retford				
2	538 538b Joshua Theaker	U13b	Sutton	50	671	Finn Kemp	U13b	Retford				
3	314 314b Samuel Russell	U13b	Rushcliffe	48	667	Jeremiah Odejayi	U13b	Retford				
4	168 168b Ben Ludlam	U13b	Newark	44	1	670 Rio Davies	U13b	Retford	332.86	1.39.5	7	
5	667 667b Jeremiah Odejayi	U13b	Retford	43	168	Ben Ludlam	U13b	Newark				
6	671 671b Finn Kemp	U13b	Retford	43	139	Freya Burman	U13g	Newark				
7	107 107b Jax Thomas	U13b	Newark	38	107	Jax Thomas	U13b	Newark				
8	290 290b Jake Whiteside	U13b	Rushcliffe	38	g	171 Lucy Beardsmore	U13g	Newark	298.11	1.51.1	0	
9	73 73b Xander Arbon	U13b	Mansfield	33								
10	607 607b William Blagburn	U13b	Retford	30								
11	b											

b126 F22 13 boys Shot (3kg)

Record **9.58** metres
Matthew Young Mansfield March 20

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	668 668b Josiah Odejayi	U13b	Retford	8.45	
2	168 168b Ben Ludlam	U13b	Newark	5.70	
3	#N/A			0	
4	#N/A			0	
5	#N/A			0	
6	#N/A			0	
7	#N/A			0	

Competing Athletes

Number	Name	Age	Club	?? Metres
1	668 668b Josiah Odejayi	U13b	Retford	8.45
2	168 168b Ben Ludlam	U13b	Newark	5.70
3	107 107b Jax Thomas	U13b	Newark	4.20
4	607 607b William Blagburn	U13b	Retford	4.19
5	b			

g14

T5 15 girls**2 Lap**

Record **22.90** sec 34.5m Hall
361.51 m / min (*"speed" any Hall)
A Lane Newark 1983/84

Scoring Athletes

Number	Name	Age	Club	m / min	Sec	Score
1	18 Freya Martin	U15g	Mansfield	329.88	25.1	7
2	109 Niamh Ford	U15g	Newark	322.18	25.7	6
3	573 Grace Howe	U15g	Sutton	319.69	25.9	5
4	478 Ceryn Greaves	U15g	Worksop	316.03	26.2	4
5	637 Scarlett Slater-Rowley	U15g	Retford	306.67	27.0	3
6						2
7						1

Competing Athletes

Number	Name	Age	Club	m / min	?? Sec	Score
1	18 Freya Martin	U15g	Mansfield	329.88	25.1	7
2	109 Niamh Ford	U15g	Newark	322.18	25.7	6
3	573 Grace Howe	U15g	Sutton	319.69	25.9	5
4	478 Ceryn Greaves	U15g	Worksop	316.03	26.2	4
5	637 Scarlett Slater-Rowley	U15g	Retford	306.67	27.0	3
6	636 Rubie Slater-Rowley	U15g	Retford	303.30	27.3	6
7	565 Georgia Waring	U15g	Sutton	303.30	27.3	7
8	572 Olivia Niemcow	U15g	Sutton	298.92	27.7	8
9	570 Abigale Howell	U15g	Sutton	296.77	27.9	9
10	493 Lily Johnson	U15g	Worksop	290.53	28.5	10
11						11

t14

T11 15 girls 4 Lap

Record **50.70** sec 34.5m Hall
326.60 m / min (*"speed" any Hall)
Amelia briggs-Goode Notts AC Dec-18

Scoring Athletes

Number	Name	Age	Club	m / min	Sec	Score
1	422 Miley Townrow	U15g	Worksop	304.97	54.3	7
2	93 Amelia Arbon	U15g	Mansfield	304.97	54.3	6
3	109 Niamh Ford	U15g	Newark	289.01	57.3	5
4	572 Olivia Niemcow	U15g	Sutton	262.86	63.0	4
5						3
6						2
7						1

Competing Athletes

Number	Name	Age	Club	m / min	?? Sec	Score
1	422 Miley Townrow	U15g	Worksop	304.97	54.3	7
2	93 Amelia Arbon	U15g	Mansfield	304.97	54.3	6
3	109 Niamh Ford	U15g	Newark	289.01	57.3	5
4	493 Lily Johnson	U15g	Worksop	267.10	62.00	4
5	572 Olivia Niemcow	U15g	Sutton	262.86	63.00	3
6						0
7						0
8						0
9						0
10						0
11						0

g69

465 15 girls**Shot (3 kg)**

Record **12.59** metres
Emma Dakin Retford 01/12/2014

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	637 Scarlett Slater-Rowley	U15g	Retford	10.79	7
2	455 Kitty Laurence	U15g	Worksop	7.82	6
3	570 Abigale Howell	U15g	Sutton	6.37	5
4	93 Amelia Arbon	U15g	Mansfield	5.77	4
5				0	3
6				0	2
7				0	1

Competing Athletes

Number	Name	Age	Club	Result	Score
1	637 Scarlett Slater-Rowley	U15g	Retford	10.79	7
2	636 Rubie Slater-Rowley	U15g	Retford	9.15	6
3	455 Kitty Laurence	U15g	Worksop	7.82	5
4	570 Abigale Howell	U15g	Sutton	6.37	4
5	93 Amelia Arbon	U15g	Mansfield	5.77	3
6	422 Miley Townrow	U15g	Worksop	5.03	2
7					1
8					0
9					0
10					0
11					0

t69

F5 15 girls**Speed Bounce 30 sec**

Record **90** jumps
C Wilbye Newark 1999/00

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	422 Miley Townrow	U15g	Worksop	79	6.5
2	637 Scarlett Slater-Rowley	U15g	Retford	79	6.5
3	93 Amelia Arbon	U15g	Mansfield	70	5
4	570 Abigale Howell	U15g	Sutton	69	4
5	109 Niamh Ford	U15g	Newark	57	3
6				0	2
7				0	1

Competing Athletes

Number	Name	Age	Club	Result	Score
1	637 Scarlett Slater-Rowley	U15g	Retford	79	6.5
2	422 Miley Townrow	U15g	Worksop	79	6.5
3	636 Rubie Slater-Rowley	U15g	Retford	76	6
4	478 Ceryn Greaves	U15g	Worksop	76	6
5	493 Lily Johnson	U15g	Worksop	72	5
6	93 Amelia Arbon	U15g	Mansfield	70	5
7	570 Abigale Howell	U15g	Sutton	69	4
8	572 Olivia Niemcow	U15g	Sutton	66	4
9	565 Georgia Waring	U15g	Sutton	64	4
10	109 Niamh Ford	U15g	Newark	57	3
11					2

g126

F9 15 girls**Standing Long Jump**

Record **2.46** metres
Anna Davis Notts leg Final 09

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	455 Kitty Laurence	U15g	Worksop	2.09	7
2	18 Freya Martin	U15g	Mansfield	2.00	6
3	565 Georgia Waring	U15g	Sutton	2.00	5
4	109 Niamh Ford	U15g	Newark	1.99	4
5				0	3
6				0	2
7				0	1

Competing Athletes

Number	Name	Age	Club	Result	Score
1	455 Kitty Laurence	U15g	Worksop	2.09	7
2	18 Freya Martin	U15g	Mansfield	2.00	6
3	565 Georgia Waring	U15g	Sutton	2.00	5
4	109 Niamh Ford	U15g	Newark	1.99	4
5	573 Grace Howe	U15g	Sutton	1.98	4
6	572 Olivia Niemcow	U15g	Sutton	1.84	3
7	422 Miley Townrow	U15g	Worksop	1.74	2
8					1
9					0
10					0
11					0
12					0
13					0

t126

T18 15 girls**4x2 Lap Relay**

Record **1.38.0** sec 33m Hall (Oaktree)
323.27 m / min (*"speed" any Hall)
Newark 1987/88

Scoring Athletes

Number	Name	Age	Club	Result	Score	
1	573 Grace Howe	U15g	Sutton	324.71	1.42.0	0
2	455 Kitty Laurence	U15g	Worksop	310.99	1.46.5	7
3	93 Amelia Arbon	U15g	Mansfield	308.67	1.47.3	0
4				0	0	3
5				0	0	3
6				0	0	3
7				0	0	3

Number	Name	Age	Club	m / min	?? Sec	Score
478	Ceryn Greaves	U15g	Worksop			
422	Miley Townrow	U15g	Worksop			
493	Lily Johnson	U15g	Worksop			
1	455 Kitty Laurence	U15g	Worksop	310.99	1.46.5	7
570	Abigale Howell	U15g	Sutton			
575	Fletcher Harpham	U15b	Sutton			
569	Leo Cotterill	U15b	Sutton			
g	573 Grace Howe	U15g	Sutton	324.71	1.42.0	0
18	Freya Martin	U15g	Mansfield			
71	Katelyn Marshall	U11g	Mansfield			
11	Esmé Evans	U11g	Mansfield			
g	93 Amelia Arbon	U15g	Mansfield	308.67	1.47.3	0

g194

F14 15 girls**Standing Triple Jump**

Record **7.36** metres
K Rogers Newark 1993/94

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	18 Freya Martin	U15g	Mansfield	5.88	7
2	573 Grace Howe	U15g	Sutton	5.76	6
3	478 Ceryn Greaves	U15g	Worksop	5.38	5
4				0	4
5				0	3
6				0	2
7				0	1

Competing Athletes

Number	Name	Age	Club	Result	Score
1	18 Freya Martin	U15g	Mansfield	5.88	7
2	93 Amelia Arbon	U15g	Mansfield	5.78	6
3	573 Grace Howe	U15g	Sutton	5.76	6
4	478 Ceryn Greaves	U15g	Worksop	5.38	5
5	422 Miley Townrow	U15g	Worksop	0.00	0
6					0
7					0
8					0
9					0
10					0

t194

F19 15 girls**Vertical High Jump**

Record **71.00** cm
Sutton 1987/88

Scoring Athletes

Number	Name	Age	Club	Result	Score
455	Kitty Laurence	U15g	Worksop	57	7
637	Scarlett Slater-Rowley	U15g	Retford	50	6
18	Freya Martin	U15g	Mansfield	49	5
573	Grace Howe	U15g	Sutton	43	4
				0	3
				0	2
				0	1

Number	Name	Age	Club	Result	Score
1	455 Kitty Laurence	U15g	Worksop	57	7
2	637 Scarlett Slater-Rowley	U15g	Retford	50	6
3	18 Freya Martin	U15g	Mansfield	49	5
4	478 Ceryn Greaves	U15g	Worksop	47	4
5	93 Amelia Arbon	U15g	Mansfield	46	4
6	573 Grace Howe	U15g	Sutton	43	4
7	636 Rubie Slater-Rowley	U15g	Retford	43	4
8	493 Lily Johnson	U15g	Worksop	42	4
9	570 Abigale Howell	U15g	Sutton	40	3
10					2

g14 **T6 15 boys 2 Lap**
21.08 sec 34.5m Hall
 Record **392.73** m / min ("speed" any Hall)
M Beaumont Newark 1997/98

Scoring Athletes

Number	Name	Age	Club	m / min	Sec	Score
1	690 Segun Odejayi	U15b	Retford	360.00	23.0	7 1
2	134 Eric Unaigwe	U15b	Newark	355.36	23.3	6 2
3	575 Fletcher Harpham	U15b	Sutton	352.34	23.5	5 3
4	334 Tarun Balamurugan	U15b	Rushcliffe	343.57	24.1	4 4
5	404 Freddie Marks	U15b	Worksop	337.96	24.5	3 5
6						2 6
7						1 7

Competing Athletes

Number	Name	Age	Club	m / min	?? Sec
1	690 Segun Odejayi	U15b	Retford	360.00	23.0
2	134 Eric Unaigwe	U15b	Newark	355.36	23.3
3	575 Fletcher Harpham	U15b	Sutton	352.34	23.5
4	569 Leo Cotterill	U15b	Sutton	349.37	23.7
5	334 Tarun Balamurugan	U15b	Rushcliffe	343.57	24.1
6	136 Dominic Taylor	U15b	Newark	337.96	24.5
7	404 Freddie Marks	U15b	Worksop	337.96	24.5
8					

t14 **T12 15 boys 4 Lap**
44.66 sec 34.5m Hall
 Record **370.82** m / min ("speed" any Hall)
M Beaumont Newark 1997/98

Scoring Athletes

Number	Name	Age	Club	m / min	Sec	Score
1	134 Eric Unaigwe	U15b	Newark	314.83	52.6	7
				0		6
				0		5
				0		4
				0		3
				0		2
				0		1

Competing Athletes

Number	Name	Age	Club	m / min	?? Sec
1	134 Eric Unaigwe	U15b	Newark	314.83	52.6
2	136 Dominic Taylor	U15b	Newark	292.58	56.6
				0	
				0	
				0	
				0	
				0	
				0	

g69 **F24 15 boys Shot (4 kg)**
 Record **15.74** metres
T Garrett Grantham 1982/83

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	690 Segun Odejayi	U15b	Retford	9.59	7 1
2	404 Freddie Marks	U15b	Worksop	8.23	6 2
3	126 Cameron Shivas	U15b	Newark	6.90	5 3
4	575 Fletcher Harpham	U15b	Sutton	6.77	4 4
5				0	3 5
6				0	2 6
7				0	1 7

Competing Athletes

Number	Name	Age	Club	Result	Score
1	690 Segun Odejayi	U15b	Retford	9.59	7 1
2	404 Freddie Marks	U15b	Worksop	8.23	6 2
3	126 Cameron Shivas	U15b	Newark	6.90	5 3
4	575 Fletcher Harpham	U15b	Sutton	6.77	4 4
5	126				

t69 **F13 15 boys Speed Bounce 30 sec**
 Record **91** jumps
Peter Carrington Newark Nov 10

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	334 Tarun Balamurugan	U15b	Rushcliffe	78	7
2	134 Eric Unaigwe	U15b	Newark	75	6
3	569 Leo Cotterill	U15b	Sutton	74	5
				0	4
				0	3
				0	2
				0	1

Competing Athletes

Number	Name	Age	Club	Result	Score
1	334 Tarun Balamurugan	U15b	Rushcliffe	78	7
2	134 Eric Unaigwe	U15b	Newark	75	6
3	569 Leo Cotterill	U15b	Sutton	74	5
4					
5					

g126 **F20 15 boys Standing Long Jump**
 Record **2.82** metres
P Robertson Sutton 1982/83

Number	Name	Age	Club	Result	Score
1	334 Tarun Balamurugan	U15b	Rushcliffe	2.46	7 1
2	126 Cameron Shivas	U15b	Newark	2.38	6 2
3	690 Segun Odejayi	U15b	Retford	2.36	5 3
4	569 Leo Cotterill	U15b	Sutton	2.06	4 4
5				0	3 5
6				0	2 6
7				0	1 7

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	334 Tarun Balamurugan	U15b	Rushcliffe	2.46	7 1
2	126 Cameron Shivas	U15b	Newark	2.38	6 2
3	690 Segun Odejayi	U15b	Retford	2.36	5 3
4	569 Leo Cotterill	U15b	Sutton	2.06	4 4
5	136 Dominic Taylor	U15b	Newark	2.06	
6					

t127 **T19 15 boys 4x2 Lap Relay**
1.28.55 sec 34.5m Hall
 Record **374.03** m / min ("speed" any Hall)
Mansfield 1983/84

Scoring Athletes

Number	Name	Age	Club	m / min	?? Sec	Score
1	134 Eric Unaigwe	U15b	Newark	342.86	1.36.6	0
				0	0	6
				0	0	3
				0	0	2
				0	0	4
				0	0	2
				0	0	2
				0	0	0

g194 **F6 15 boys Standing Triple Jump**
 Record **8.5** metres
D Gorrill Mansfield 1992/93

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	404 Freddie Marks	U15b	Worksop	7.34	7
2	134 Eric Unaigwe	U15b	Newark	6.50	6
3	575 Fletcher Harpham	U15b	Sutton	6.44	5
4				0	4
5				0	3
6				0	2
7				0	1

Competing Athletes

Number	Name	Age	Club	Result	Score
1	404 Freddie Marks	U15b	Worksop	7.34	7
2	134 Eric Unaigwe	U15b	Newark	6.50	6
3	126 Cameron Shivas	U15b	Newark	6.46	
4	575 Fletcher Harpham	U15b	Sutton	6.44	
5					
6					
7					

t194 **F7 15 boys Vertical High Jump**
77.00 cm
 Record **Mansfield** Dec-19

Scoring Athletes

Number	Name	Age	Club	Result	Score
1	126 Cameron Shivas	U15b	Newark	62	7
2	690 Segun Odejayi	U15b	Retford	60	6
3	404 Freddie Marks	U15b	Worksop	58	5
4	334 Tarun Balamurugan	U15b	Rushcliffe	55	4
5	575 Fletcher Harpham	U15b	Sutton	54	3
				0	2
				0	1

Competing Athletes

Number	Name	Age	Club	Result	Score
1	126 Cameron Shivas	U15b	Newark	62	7
2	690 Segun Odejayi	U15b	Retford	60	6
3	136 Dominic Taylor	U15b	Newark	58	
4	404 Freddie Marks	U15b	Worksop	58	
5	334 Tarun Balamurugan	U15b	Rushcliffe	55	
6	575 Fletcher Harpham	U15b	Sutton	54	
7					

Kirkby in Ashfield Leisure Centre

Under 9 one lap non Scoring Race

Position	Club	Name	Age	Time (sec)
1	Newark	Samuel Burman	:?8b	15.0
2	Rushcliffe	Annie Wood	:U09g	15.2
3	Sutton	Dylan Dickinson	:U09b	15.4
4	Newark	Brandon Unaigwe	:U07b	16.1
5	Newark	Abby Shivas	:U07g	18.3
6	Retford	Jayden Morgan	:U05b	19.8
7				0.0
8				0.0
9				0.0
10				0.0
11				0.0
12				0.0
13				0.0
14				0.0
15				0.0

U11B U13G U13B

U15G U15B

IF(ISERROR(VLOOKUP(B10,'11G'!A\$6:B\$400,2,FALSE))),(VLC

Nottinghamshire Sportshall Athletic League

Kirkby in Ashfield Leisure Centre

Table of Points awarded for each event

Events Recorded 38 Start 1.45 pm

Event	1-100	101-200	201-300	601-700	301-400	501-600	401-500	Event
	Mansfield	Newark	Notts	Retford	Rushcliffe	Sutton	Worksop	
U 11 Girls Results								
1 Lap	6	5	3	0	7	4	0	1 Lap
2 Lap	5	6	2	0	7	4	3	2 Lap
4x1 Lap Relay	0	0	0	0	0	0	0	4x1 Lap Relay
Foam Javelin	0	5	0	0	7	6	0	Foam Javelin
Standing Triple Jump	6	0	5	0	3	4	7	Standing Triple Jump
Vertical High Jump	0	7	0	0	4	6	5	Vertical High Jump
	0	0	0	0	0	0	0	
	0	0	0	0	0	0	0	
Age Group T Totals	17	23	10	0	28	24	15	Age Group T Totals
U11 Boys Results								
1 Lap	0	6	3	5	0	4	7	1 Lap
2 Lap	0	6	5	3	0	4	7	2 Lap
4x1 Lap Relay	0	7	0	0	0	0	0	4x1 Lap Relay
Foam Javelin	0	4	3	6	0	5	7	Foam Javelin
Standing Triple Jump	0	7	0	0	0	0	0	Standing Triple Jump
Vertical High Jump	0	6	0	7	0	5	0	Vertical High Jump
	0	0	0	0	0	0	0	
	0	0	0	0	0	0	0	
Age Group Totals	0	36	11	21	0	18	21	Age Group Totals
Clubs								Clubs
U13 Girls Results								
2 Lap	7	5	0	6	0	3	4	2 Lap
4 Lap	7	4	0	6	0	0	5	4 Lap
4x2 Lap Relay	7	0	0	6	0	0	0	4x2 Lap Relay
Speed Bounce 30 sec	5	3	0	7	0	4	6	Speed Bounce 30 sec
Vertical High Jump	7	5	0	4	0	0	6	Vertical High Jump
Standing Long Jump	6	5	0	4	0	3	7	Standing Long Jump
Age Group Totals	39	22	0	33	0	10	28	Age Group Totals
U13 Boys Results								
2 Lap	3	4	0	7	6	5	2	2 Lap
4 Lap	6	0	0	7	0	4	5	4 Lap
4x2 Lap Relay	0	0	0	7	0	0	0	4x2 Lap Relay
Speed Bounce 30 sec	6	3	0	7	0	4.5	4.5	Speed Bounce 30 sec
Standing Long Jump	3	5	0	7	6	4	0	Standing Long Jump
Vertical High Jump	3	5	0	4	7	6	0	Vertical High Jump
Age Group Totals	21	17	0	39	19	23.5	11.5	Age Group Totals
Clubs								Clubs
U 15 Girls Results								
2 Lap	7	6	0	3	0	5	4	2 Lap
4 Lap	6	5	0	0	0	4	7	4 Lap
4x2 Lap Relay	0	0	0	0	0	0	7	4x2 Lap Relay
Shot (3 kg)	4	0	0	7	0	5	6	Shot (3 kg)
Speed Bounce 30 sec	5	3	0	6.5	0	4	6.5	Speed Bounce 30 sec
Standing Long Jump	6	4	0	0	0	5	7	Standing Long Jump
Standing Triple Jump	7	0	0	0	0	6	5	Standing Triple Jump
Vertical High Jump	5	0	0	6	0	4	7	Vertical High Jump
Age Group Totals	40	18	0	22.5	0	33	49.5	Age Group Totals
U15 Boys Results								
2 Lap	0	6	0	7	4	5	3	2 Lap
4 Lap	0	7	0	0	0	0	0	4 Lap
4x2 Lap Relay	0	0	0	0	0	0	0	4x2 Lap Relay
Shot (4 kg)	0	5	0	7	0	4	6	Shot (4 kg)
Speed Bounce 30 sec	0	6	0	0	7	5	0	Speed Bounce 30 sec
Standing Long Jump	0	6	0	5	7	4	0	Standing Long Jump
Standing Triple Jump	0	6	0	0	0	5	7	Standing Triple Jump
Vertical High Jump	0	7	0	6	4	3	5	Vertical High Jump
Age Group Totals	0	43	0	25	22	26	21	Age Group Totals
Clubs								Clubs
Event Totals	117.0	159.0	21.0	140.5	69.0	134.5	146.0	Event Totals

Nottinghamshire Sportshall Athletics

Overall Match and Age group scores for the Year 2023-2024

Sunday-29-October-2023

U 11 Girls Results

01-Oct-23		34	13	0	17	32	16	13	✓
29-Oct-23		17	23	10	0	28	24	15	✓
26-Nov-23									
10-Dec-23									
18-Feb-24	Latest Results								
Age Group Totals		51	36	10	17	60	40	28	Age Group Totals

U11 Boys Results

01-Oct-23		0	20	0	25	17	14	21	✓
29-Oct-23		0	36	11	21	0	18	21	✓
26-Nov-23									
10-Dec-23									
18-Feb-24	Latest Results								
Age Group Totals		0	56	11	46	17	32	42	Age Group Totals

Clubs

U13 Girls Results

		Mansfield	Newark	Notts	Retford	Rushcliffe	Sutton	Worksop	Clubs
01-Oct-23		40	28	0	18	0	10	32	✓
29-Oct-23		39	22	0	33	0	10	28	✓
26-Nov-23									
10-Dec-23									
18-Feb-24	Latest Results								
Age Group Totals		79	50	0	51	0	20	60	Age Group Totals

U13 Boys Results

01-Oct-23		0	21	0	28	37	21	13	✓
29-Oct-23		21	17	0	39	19	23.5	11.5	✓
26-Nov-23									
10-Dec-23									
18-Feb-24	Latest Results								
Age Group Totals		21	38	0	67	56	44.5	24.5	Age Group Totals

Clubs

U 15 Girls Results

01-Oct-23		42	20	0	0	26	22	42	✓
29-Oct-23		40	18	0	22.5	0	33	49.5	✓
26-Nov-23									
10-Dec-23									
18-Feb-24	Latest Results								
Age Group Totals		82	38	0	22.5	26	55	91.5	Age Group Totals

U15 Boys Results

01-Oct-23		8	36	0	21	14	20	16	✓
29-Oct-23		0	43	0	25	22	26	21	✓
26-Nov-23									
10-Dec-23									
18-Feb-24	Latest Results								
Age Group Totals		8	79	0	46	36	46	37	Age Group Totals

Clubs

Event Totals

	Mansfield	Newark	Notts	Retford	Rushcliffe	Sutton	Worksop	Clubs
Event Totals	241	297	21	249.5	195	237.5	283	Event Totals

Team Overall Totals

	U 11 Girls	U11 Boys	U13 Girls	U13 Boys	U 15 Girls	U15 Boys
Newark	297.0	Rushcliffe 60.0	Newark 56.0	Mansfield 79.0	Retford 67.0	Worksop 91.5
Worksop	283.0	Mansfield 51.0	Retford 46.0	Worksop 60.0	Rushcliffe 56.0	Mansfield 82.0
Retford	249.5	Sutton 40.0	Worksop 42.0	Retford 51.0	Sutton 44.5	Sutton 55.0
Mansfield	241.0	Newark 36.0	Sutton 32.0	Newark 50.0	Newark 38.0	Newark 38.0
Sutton	237.5	Worksop 28.0	Rushcliffe 17.0	Sutton 20.0	Worksop 24.5	Retford 22.5
Rushcliffe	195.0	Retford 17.0	Notts 11.0	Rushcliffe 0.0	Mansfield 21.0	Rushcliffe 26.0
Notts	21.0	Notts 10.0	Mansfield 0.0	Notts 0.0	Notts 0.0	Notts 0.0

Boys

Notts Sportshall League

2023-2024

This table works from the athlete of the match grading table created for each match, To be on the AOM grading table athletes need to complete in three events not including a relay. Therefore a "0" on this charts does not mean the the athlete did not attend

Girls

Ranked on the Best 4 out of 5

Table of Scores for Athlete of the Year

only the top 20 listed

Rank		Number	Girls Names	Age	Club	Sex	Match 1	Match 2	Match 3	Match 4	Match 5	Grand total
1	302g	302	Nancy Knowles	U11g	Rushcliffe	g	94.56	95.42	0.00	0.00	0.00	189.98
2	181g	181	Robin Overbury	:U11g	Newark	g	87.40	96.43	0.00	0.00	0.00	183.83
3	13g	13	Edee Gascoyne	U13g	Mansfield	g	90.73	92.79	0.00	0.00	0.00	183.53
4	71g	71	Katelyn Marshall	U11g	Mansfield	g	92.11	90.99	0.00	0.00	0.00	183.10
5	67g	67	Sophie Peet	U13g	Mansfield	g	91.51	90.95	0.00	0.00	0.00	182.46
6	18g	18	Freya Martin	U15g	Mansfield	g	90.57	90.46	0.00	0.00	0.00	181.03
7	93g	93	Amelia Arbon	U15g	Mansfield	g	90.37	90.37	0.00	0.00	0.00	180.74
8	5g	5	Charlotte Marshall	U13g	Mansfield	g	87.74	91.37	0.00	0.00	0.00	179.11
9	513g	513	Sophia Gibson	U11g	Sutton	g	86.78	90.86	0.00	0.00	0.00	177.64
10	456g	456	Summer Johnson	U13g	Worksop	g	86.31	90.08	0.00	0.00	0.00	176.40
11	109g	109	Niamh Ford	U15g	Newark	g	87.45	88.84	0.00	0.00	0.00	176.29
12	478g	478	Ceryn Greaves	U15g	Worksop	g	86.52	88.86	0.00	0.00	0.00	175.37
13	466g	466	Eliza De Villiers	:U11g	Worksop	g	84.57	86.69	0.00	0.00	0.00	171.27
14	565g	565	Georgia Waring	U15g	Sutton	g	86.38	84.73	0.00	0.00	0.00	171.11
15	493g	493	Lily Johnson	U15g	Worksop	g	84.31	84.40	0.00	0.00	0.00	168.71
16	572g	572	Olivia Niemcow	U15g	Sutton	g	83.60	81.79	0.00	0.00	0.00	165.39
17	422g	422	Miley Townrow	U15g	Worksop	g	89.40	74.36	0.00	0.00	0.00	163.76
18	499g	499	Emilia Jonczyk	U13g	Worksop	g	79.48	83.59	0.00	0.00	0.00	163.07
19	570g	570	Abigale Howell	U15g	Sutton	g	78.58	78.39	0.00	0.00	0.00	156.97
20	457g	457	Heidi Marks	U13g	Worksop	g	72.29	76.97	0.00	0.00	0.00	149.26

Rank		Number	Boys Names	Age	Club	Sex	Match 1	Match 2	Match 3	Match 4	Match 5	Grand total
1	412b	412	Isaac Beresford	U11b	Worksop	b	97.66	94.21	0.00	0.00	0.00	191.86
2	690b	690	Segun Odejayi	U15b	Retford	b	94.59	94.72	0.00	0.00	0.00	189.31
3	334b	334	Tarun Balamurugan	U15b	Rushcliffe	b	88.11	94.72	0.00	0.00	0.00	182.82
4	134b	134	Eric Unaiqwe	U15b	Newark	b	88.99	89.34	0.00	0.00	0.00	178.33
5	670b	670	Rio Davies	U13b	Retford	b	82.22	94.55	0.00	0.00	0.00	176.77
6	126b	126	Cameron Shivas	U15b	Newark	b	87.83	88.58	0.00	0.00	0.00	176.41
7	681b	681	Jason Morgan	U11b	Retford	b	86.87	86.14	0.00	0.00	0.00	173.01
8	404b	404	Freddie Marks	U15b	Worksop	b	85.89	84.16	0.00	0.00	0.00	170.05
9	533b	533	Mason Comery	U13b	Sutton	b	89.59	79.11	0.00	0.00	0.00	168.70
10	136b	136	Dominic Taylor	U15b	Newark	b	86.14	81.14	0.00	0.00	0.00	167.28
11	168b	168	Ben Ludlam	U13b	Newark	b	79.26	85.69	0.00	0.00	0.00	164.95
12	671b	671	Finn Kemp	U13b	Retford	b	79.29	84.89	0.00	0.00	0.00	164.18
13	314b	314	Samuel Russell	U13b	Rushcliffe	b	74.81	87.51	0.00	0.00	0.00	162.32
14	575b	575	Fletcher Harpham	U15b	Sutton	b	85.18	76.97	0.00	0.00	0.00	162.15
15	657b	657	Tyler Foley	:U11b	Retford	b	81.95	75.71	0.00	0.00	0.00	157.66
16	290b	290	Jake Whiteside	U13b	Rushcliffe	b	77.74	78.47	0.00	0.00	0.00	156.21
17	458b	458	Henry Marks	U13b	Worksop	b	73.29	77.81	0.00	0.00	0.00	151.10
18	815b	815	Ethan Daykin	:U11b	Notts	b	76.38	70.70	0.00	0.00	0.00	147.07
19	117b	117	Albert Hughes	:U11b	Newark	b	67.53	69.96	0.00	0.00	0.00	137.48
20	204b	204	Sam Morris	U11b	Rushcliffe	b	86.78	0.00	0.00	0.00	0.00	86.78

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