

Competition Results

Competition:				Venue:											Date				
East Regional Final 2024 Under 11 Girls				UEA Sportspark											17 Feb 2024				
Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	30	28	30	30	30	30	28	30	29	26	30	30	30	28	30	28
2	Essex	Red	469	28	30	28	26	28	28	30	24	29	29	25	24	26	30	28	26
3	Hertfordshire	Orange	424	26	22	26	24	24	22	26	28	26	24	28	27	24	24	24	24
4	Cambridgeshire	Sky	412	22	26	22	22	22	24	22	26	24	29	25	27	22	22	22	30
5	Suffolk	Maroon	410	24	24	24	28	26	26	24	22	22	22	22	22	28	26	26	22

Team Results

Cambridgeshire (sky)

Competition:

East Regional Final 2024 Under 11 Girls

Venue:

UEA Sportspark

Date

17 Feb 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	30	28	30	30	30	30	28	30	29	26	30	30	30	28	30	28
2	Essex	Red	469	28	30	28	26	28	28	30	24	29	29	25	24	26	30	28	26
3	Hertfordshire	Orange	424	26	22	26	24	24	22	26	28	26	24	28	27	24	24	24	24
4	Cambridgeshire	Sky	412	22	26	22	22	22	24	22	26	24	29	25	27	22	22	22	30
5	Suffolk	Maroon	410	24	24	24	28	26	26	24	22	22	22	22	22	28	26	26	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Camille Sharpe	BT	8	3	10	5	26	12
1	Camille Sharpe	SLJ	1.90	1.77	1.71		1.90	9
2	Kitty Kelly	CP	5.25	0.00	0.00		5.25	7=
2	Kitty Kelly	SLJ	1.81	1.87	1.89		1.89	10
3	Isla-May Kenton	SLJ	1.63	1.65	1.66		1.66	15
3	Isla-May Kenton	TT	6	5	0	0	11	3=
4	Emma Granville	J	10	0	0		10	2
4	Emma Granville	STJ	4.03	0.00	3.81		4.03	12
5	Poppy Smith	SB	42				42	13
5	Poppy Smith	STJ	3.68	3.56	3.67		3.68	15
6	Nell Brewer	J	7	0	0		7	7=
6	Nell Brewer	STJ	3.83	3.75	3.15		3.83	14
7	Amelia Robinson	SB	45				45	11=
7	Amelia Robinson	VJ	40	40	43		43	3
8	Lucy Hilton	SB	45				45	11=
8	Lucy Hilton	VJ	35	37	36		37	10
10	Ellie Newman	BT	6	15	15	15	51	5
10	Ellie Newman	TT	4	4	6	0	14	1
11	Annabel Clarke	BT	15	15	15	15	60	1=
13	Beatrice Cook	CP	6.00	0.00	0.00		6.00	3=
13	Beatrice Cook	VJ	32	33	30		33	13

Team Results

Essex (red)

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
UEA Sportspark

Date
17 Feb 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	30	28	30	30	30	30	28	30	29	26	30	30	30	28	30	28
2	Essex	Red	469	28	30	28	26	28	28	30	24	29	29	25	24	26	30	28	26
3	Hertfordshire	Orange	424	26	22	26	24	24	22	26	28	26	24	28	27	24	24	24	24
4	Cambridgeshire	Sky	412	22	26	22	22	22	24	22	26	24	29	25	27	22	22	22	30
5	Suffolk	Maroon	410	24	24	24	28	26	26	24	22	22	22	22	22	28	26	26	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Abigail Knight	J	8	0	0		8	4=
1	Abigail Knight	VJ	44	41	44		44	2
2	Sofia Lawrence	BT	15	15	15	15	60	1=
2	Sofia Lawrence	J	7	0	0		7	7=
3	Davina Oladele	SLJ	1.79	1.85	1.97		1.97	6
3	Davina Oladele	TT	4	0	0	2	6	7
4	Elsie Martin-Bouchareb	STJ	4.99	4.81	4.71		4.99	5
5	Kylie Kayembe	BT	5	4	15	5	29	11
5	Kylie Kayembe	STJ	4.85	5.00	4.89		5.00	4
6	Sadie Davis	BT	15	15	15	3	48	6
6	Sadie Davis	CP	6.00	0.00	0.00		6.00	3=
6	Sadie Davis	STJ	5.07	5.11	5.20		5.20	3
7	Poppy Foy	CP	5.25	0.00	0.00		5.25	7=
7	Poppy Foy	SB	41				41	14
8	Breanna Dosumu	SLJ	2.12	2.10	2.12		2.12	2
10	Esme Bohannon	SB	52				52	1
10	Esme Bohannon	VJ	42	40	0		42	5
11	Martha Adams	TT	4	4	3	0	11	3=
11	Martha Adams	VJ	0	45	43		45	1
12	Lucia Radley	SB	48				48	7=
12	Lucia Radley	SLJ	2.08	2.13	2.13		2.13	1

Team Results

Hertfordshire (orange)

Competition:

East Regional Final 2024 Under 11 Girls

Venue:

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	30	28	30	30	30	30	28	30	29	26	30	30	30	28	30	28
2	Essex	Red	469	28	30	28	26	28	28	30	24	29	29	25	24	26	30	28	26
3	Hertfordshire	Orange	424	26	22	26	24	24	22	26	28	26	24	28	27	24	24	24	24
4	Cambridgeshire	Sky	412	22	26	22	22	22	24	22	26	24	29	25	27	22	22	22	30
5	Suffolk	Maroon	410	24	24	24	28	26	26	24	22	22	22	22	22	28	26	26	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Aaliyah Gill	SB	39				39	15
2	Amber Bryce	STJ	4.06	4.02	3.99		4.06	11
3	Amelia Buckling-Wade	SB	48				48	7=
4	Caitlin Jaggard	BT	5	4	15	15	39	9
4	Caitlin Jaggard	CP	6.00	0.00	0.00		6.00	3=
5	Georgia Seaman	J	8	0	0		8	4=
5	Georgia Seaman	VJ	37	34	38		38	9
6	Holly Rose Halls	BT	15	8	5	3	31	10
6	Holly Rose Halls	SLJ	1.77	1.83	1.85		1.85	12
7	Lily Zalin	SLJ	1.73	1.68	1.60		1.73	14
8	Marina Davella	VJ	36	39	38		39	8
9	Marnie Wood	BT	8	15	15	6	44	7
9	Marnie Wood	TT	3	4	0	1	8	6
10	Millie Studholme	CP	5.50	0.00	0.00		5.50	6
10	Millie Studholme	SLJ	1.90	1.84	1.71		1.90	8
11	Rosie Purkiss	J	9	0	0		9	3
11	Rosie Purkiss	STJ	4.15	4.40	4.68		4.68	6
12	Rose Barry	STJ	3.82	3.90	3.75		3.90	13
13	Stella Rosanek	VJ	0	31	36		36	12
14	Annabel Nwachukwu	SB	48				48	7=
14	Annabel Nwachukwu	TT	0	2	0	0	2	10

Team Results

Norfolk (green)

Competition:
East Regional Final 2024 Under 11 Girls

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	30	28	30	30	30	30	28	30	29	26	30	30	30	28	30	28
2	Essex	Red	469	28	30	28	26	28	28	30	24	29	29	25	24	26	30	28	26
3	Hertfordshire	Orange	424	26	22	26	24	24	22	26	28	26	24	28	27	24	24	24	24
4	Cambridgeshire	Sky	412	22	26	22	22	22	24	22	26	24	29	25	27	22	22	22	30
5	Suffolk	Maroon	410	24	24	24	28	26	26	24	22	22	22	22	22	28	26	26	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Alice Ganley	SB	49				49	5=
1	Alice Ganley	VJ	40	35	35		40	7
2	Casey Ethridge	SLJ	1.12	1.93	1.96		1.96	7
2	Casey Ethridge	TT	2	6	3	2	13	2
3	Emi Muntingh	J	8	0	0		8	4=
4	Isla Unsworth	BT	15	9	4	15	43	8
4	Isla Unsworth	STJ	5.85	5.68	5.64		5.85	1
5	Jasmine Godbold	STJ	0.00	4.28	4.29		4.29	10
6	Olivia Huetson	BT	15	14	15	11	55	3=
6	Olivia Huetson	SLJ	1.97	1.97	1.98		1.98	5
7	Ophelia Fowell	CP	6.50	0.00	0.00		6.50	1=
8	Sophie Bullimore	CP	6.50	0.00	0.00		6.50	1=
8	Sophie Bullimore	SB	50				50	2=
9	Talia Stowers	SLJ	1.97	2.02	2.03		2.03	4
10	Clodagh Quinn-Offe	VJ	42	36	38		42	6
11	Marlie Janes	TT	4	2	0	4	10	5
11	Marlie Janes	VJ	0	36	37		37	11
12	Antonia Weston	BT	7	7	2	6	22	13
12	Antonia Weston	J	11	0	0		11	1
13	Imogen Martin	SB	50				50	2=
13	Imogen Martin	STJ	5.15	4.86	5.21		5.21	2

Team Results

Suffolk (maroon)

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
UEA Sportspark

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Green	495	30	28	30	30	30	30	28	30	29	26	30	30	30	28	30	28
2	Essex	Red	469	28	30	28	26	28	28	30	24	29	29	25	24	26	30	28	26
3	Hertfordshire	Orange	424	26	22	26	24	24	22	26	28	26	24	28	27	24	24	24	24
4	Cambridgeshire	Sky	412	22	26	22	22	22	24	22	26	24	29	25	27	22	22	22	30
5	Suffolk	Maroon	410	24	24	24	28	26	26	24	22	22	22	22	22	28	26	26	22

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Chidubem Adigwe	CP	5.00	0.00	0.00		5.00	10
1	Chidubem Adigwe	SLJ	1.82	1.80	1.84		1.84	13
2	Cleo Littlechild	CP	5.25	0.00	0.00		5.25	7=
2	Cleo Littlechild	SLJ	1.96	2.00	2.04		2.04	3
3	Eden Vihm	SB	48				48	7=
3	Eden Vihm	STJ	4.40	4.35	4.06		4.40	8
4	Kaia Drake	SB	49				49	5=
4	Kaia Drake	TT	0	5	0	0	5	8
5	Sophie Cook	SB	50				50	2=
5	Sophie Cook	STJ	4.34	4.20	4.44		4.44	7
6	Nia Glymin	J	7	0	0		7	7=
6	Nia Glymin	SLJ	1.86	1.82	1.83		1.86	11
7	Jessica Chenery	BT	15	15	15	10	55	3=
7	Jessica Chenery	STJ	4.37	4.20	0.00		4.37	9
8	Arabella Waddle	TT	0	2	2	0	4	9
8	Arabella Waddle	VJ	43	40	36		43	4
9	Maya Vihm	J	6	0	0		6	10
9	Maya Vihm	VJ	24	26	29		29	14

Results Sheet

Obstacle Relay

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	1:25.0	0.0	1:25.0	30.0
2	02	Essex	Red	1:29.9	0.0	1:29.9	28.0
3	03	Hertfordshire	Orange	1:30.1	0.0	1:30.1	26.0
4	05	Suffolk	Maroon	1:33.1	0.0	1:33.1	24.0
5	01	Cambridgeshire	Sky	1:39.0	0.0	1:39.0	22.0

Results Sheet

1 + 1 Lap Relay

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
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Ranking	Code	Team	Colour
1	02	Essex	Red
2	04	Norfolk	Green
3	01	Cambridgeshire	Sky
4	05	Suffolk	Maroon
5	03	Hertfordshire	Orange

Heat	Final	Performance	Points
26.1	0.0	26.1	30.0
26.3	0.0	26.3	28.0
27.2	0.0	27.2	26.0
27.2	0.0	27.2	24.0
27.9	0.0	27.9	22.0

Results Sheet

4 x 1 Lap Relay

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
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Date
17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	51.7	0.0	51.7	30.0
2	02	Essex	Red	52.2	0.0	52.2	28.0
3	03	Hertfordshire	Orange	54.1	0.0	54.1	26.0
4	05	Suffolk	Maroon	56.7	0.0	56.7	24.0
5	01	Cambridgeshire	Sky	57.1	0.0	57.1	22.0

Results Sheet

6 Lap Paarlauf

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
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Date
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	1:26.3	0.0	1:26.3	30.0
2	05	Suffolk	Maroon	1:28.8	0.0	1:28.8	28.0
3	02	Essex	Red	1:30.2	0.0	1:30.2	26.0
4	03	Hertfordshire	Orange	1:32.1	0.0	1:32.1	24.0
5	01	Cambridgeshire	Sky	1:32.3	0.0	1:32.3	22.0

Results Sheet

Over and Under Relay

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
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Date
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	1:13.4	0.0	1:13.4	30.0
2	02	Essex	Red	1:13.6	0.0	1:13.6	28.0
3	05	Suffolk	Maroon	1:16.7	0.0	1:16.7	26.0
4	03	Hertfordshire	Orange	1:19.4	0.0	1:19.4	24.0
5	01	Cambridgeshire	Sky	1:23.7	0.0	1:23.7	22.0

Results Sheet

Hurdles Relay

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
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Date
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Ranking	Code	Team	Colour
1	04	Norfolk	Green
2	02	Essex	Red
3	05	Suffolk	Maroon
4	01	Cambridgeshire	Sky
5	03	Hertfordshire	Orange

Heat	Final	Performance	Points
59.9	0.0	59.9	30.0
1:01.2	0.0	1:01.2	28.0
1:06.2	0.0	1:06.2	26.0
1:07.7	0.0	1:07.7	24.0
1:08.3	0.0	1:08.3	22.0

Results Sheet

Balance Test

Competition:
East Regional Final 2024 Under 11 Girls

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Ranking	Team	Colour	Total	Points
1=	Cambridgeshire	Sky	137	29
1=	Essex	Red	137	29
3	Norfolk	Green	120	26
4	Hertfordshire	Orange	114	24
5	Suffolk	Maroon	55	22

Ranking	Team	Colour	BibNo	Name	Total
1=	Cambridgeshire	Sky	11	Annabel Clarke	60
1=	Essex	Red	2	Sofia Lawrence	60
3=	Norfolk	Green	6	Olivia Huetson	55
3=	Suffolk	Maroon	7	Jessica Chenery	55
5	Cambridgeshire	Sky	10	Ellie Newman	51
6	Essex	Red	6	Sadie Davis	48
7	Hertfordshire	Orange	9	Marnie Wood	44
8	Norfolk	Green	4	Isla Unsworth	43
9	Hertfordshire	Orange	4	Caitlin Jaggard	39
10	Hertfordshire	Orange	6	Holly Rose Halls	31
11	Essex	Red	5	Kylie Kayembe	29
12	Cambridgeshire	Sky	1	Camille Sharpe	26
13	Norfolk	Green	12	Antonia Weston	22

Results Sheet

Chest Push

Competition:
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Ranking	Team	Colour	Total	Points
1	Norfolk	Green	13.00	30
2	Hertfordshire	Orange	11.50	28
3=	Cambridgeshire	Sky	11.25	25
3=	Essex	Red	11.25	25
5	Suffolk	Maroon	10.25	22

Ranking	Team	Colour	BibNo	Name	Best
1=	Norfolk	Green	7	Ophelia Fowell	6.50
1=	Norfolk	Green	8	Sophie Bullimore	6.50
3=	Cambridgeshire	Sky	13	Beatrice Cook	6.00
3=	Essex	Red	6	Sadie Davis	6.00
3=	Hertfordshire	Orange	4	Caitlin Jaggard	6.00
6	Hertfordshire	Orange	10	Millie Studholme	5.50
7=	Cambridgeshire	Sky	2	Kitty Kelly	5.25
7=	Essex	Red	7	Poppy Foy	5.25
7=	Suffolk	Maroon	2	Cleo Littlechild	5.25
10	Suffolk	Maroon	1	Chidubem Adigwe	5.00

Results Sheet

Javelin

Competition:
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Ranking	Team	Colour	Total	Points
1	Norfolk	Green	19	30
2=	Cambridgeshire	Sky	17	27
2=	Hertfordshire	Orange	17	27
4	Essex	Red	15	24
5	Suffolk	Maroon	13	22

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Green	12	Antonia Weston	11
2	Cambridgeshire	Sky	4	Emma Granville	10
3	Hertfordshire	Orange	11	Rosie Purkiss	9
4=	Essex	Red	1	Abigail Knight	8
4=	Hertfordshire	Orange	5	Georgia Seaman	8
4=	Norfolk	Green	3	Emi Muntingh	8
7=	Cambridgeshire	Sky	6	Nell Brewer	7
7=	Essex	Red	2	Sofia Lawrence	7
7=	Suffolk	Maroon	6	Nia Glymin	7
10	Suffolk	Maroon	9	Maya Vihm	6

Results Sheet

Speed Bounce

Competition:
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Ranking	Team	Colour	Total	Points
1	Norfolk	Green	149	30
2	Suffolk	Maroon	147	28
3	Essex	Red	141	26
4	Hertfordshire	Orange	135	24
5	Cambridgeshire	Sky	132	22

Ranking	Team	Colour	BibNo	Name	Total
1	Essex	Red	10	Esme Bohannon	52
2=	Norfolk	Green	8	Sophie Bullimore	50
2=	Norfolk	Green	13	Imogen Martin	50
2=	Suffolk	Maroon	5	Sophie Cook	50
5=	Norfolk	Green	1	Alice Ganley	49
5=	Suffolk	Maroon	4	Kaia Drake	49
7=	Essex	Red	12	Lucia Radley	48
7=	Hertfordshire	Orange	3	Amelia Buckling-Wade	48
7=	Hertfordshire	Orange	14	Annabel Nwachukwu	48
7=	Suffolk	Maroon	3	Eden Vihm	48
11=	Cambridgeshire	Sky	7	Amelia Robinson	45
11=	Cambridgeshire	Sky	8	Lucy Hilton	45
13	Cambridgeshire	Sky	5	Poppy Smith	42
14	Essex	Red	7	Poppy Foy	41
15	Hertfordshire	Orange	1	Aaliyah Gill	39

Results Sheet

Standing Long Jump

Competition:
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Ranking	Team	Colour	Total	Points
1	Essex	Red	6.22	30
2	Norfolk	Green	5.97	28
3	Suffolk	Maroon	5.74	26
4	Hertfordshire	Orange	5.48	24
5	Cambridgeshire	Sky	5.45	22

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	12	Lucia Radley	2.13
2	Essex	Red	8	Breanna Dosumu	2.12
3	Suffolk	Maroon	2	Cleo Littlechild	2.04
4	Norfolk	Green	9	Talia Stowers	2.03
5	Norfolk	Green	6	Olivia Huetson	1.98
6	Essex	Red	3	Davina Oladele	1.97
7	Norfolk	Green	2	Casey Ethridge	1.96
8	Hertfordshire	Orange	10	Millie Studholme	1.90
9	Cambridgeshire	Sky	1	Camille Sharpe	1.90
10	Cambridgeshire	Sky	2	Kitty Kelly	1.89
11	Suffolk	Maroon	6	Nia Glymin	1.86
12	Hertfordshire	Orange	6	Holly Rose Halls	1.85
13	Suffolk	Maroon	1	Chidubem Adigwe	1.84
14	Hertfordshire	Orange	7	Lily Zalin	1.73
15	Cambridgeshire	Sky	3	Isla-May Kenton	1.66

Results Sheet

Standing Triple Jump

Competition:
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Ranking	Team	Colour	Total	Points
1	Norfolk	Green	15.35	30
2	Essex	Red	15.19	28
3	Suffolk	Maroon	13.21	26
4	Hertfordshire	Orange	12.64	24
5	Cambridgeshire	Sky	11.54	22

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Green	4	Isla Unsworth	5.85
2	Norfolk	Green	13	Imogen Martin	5.21
3	Essex	Red	6	Sadie Davis	5.20
4	Essex	Red	5	Kylie Kayembe	5.00
5	Essex	Red	4	Elsie Martin-Bouchareb	4.99
6	Hertfordshire	Orange	11	Rosie Purkiss	4.68
7	Suffolk	Maroon	5	Sophie Cook	4.44
8	Suffolk	Maroon	3	Eden Vihm	4.40
9	Suffolk	Maroon	7	Jessica Chenery	4.37
10	Norfolk	Green	5	Jasmine Godbold	4.29
11	Hertfordshire	Orange	2	Amber Bryce	4.06
12	Cambridgeshire	Sky	4	Emma Granville	4.03
13	Hertfordshire	Orange	12	Rose Barry	3.90
14	Cambridgeshire	Sky	6	Nell Brewer	3.83
15	Cambridgeshire	Sky	5	Poppy Smith	3.68

Results Sheet

Target Throw

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
UEA Sportspark

Date
17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Cambridgeshire	Sky	25	30
2	Norfolk	Green	23	28
3	Essex	Red	17	26
4	Hertfordshire	Orange	10	24
5	Suffolk	Maroon	9	22

Ranking	Team	Colour	BibNo	Name	Total
1	Cambridgeshire	Sky	10	Ellie Newman	14
2	Norfolk	Green	2	Casey Ethridge	13
3=	Cambridgeshire	Sky	3	Isla-May Kenton	11
3=	Essex	Red	11	Martha Adams	11
5	Norfolk	Green	11	Marlie Janes	10
6	Hertfordshire	Orange	9	Marnie Wood	8
7	Essex	Red	3	Davina Oladele	6
8	Suffolk	Maroon	4	Kaia Drake	5
9	Suffolk	Maroon	8	Arabella Waddle	4
10	Hertfordshire	Orange	14	Annabel Nwachukwu	2

Results Sheet

Vertical Jump

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
UEA Sportspark

Date
17 Feb 2024

Ranking	Team	Colour	Total	Points
1	Essex	Red	131	30
2	Norfolk	Green	119	28
3=	Cambridgeshire	Sky	113	25
3=	Hertfordshire	Orange	113	25
5	Suffolk	Maroon	72	22

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	11	Martha Adams	45
2	Essex	Red	1	Abigail Knight	44
3	Cambridgeshire	Sky	7	Amelia Robinson	43
4	Suffolk	Maroon	8	Arabella Waddle	43
5	Essex	Red	10	Esme Bohannon	42
6	Norfolk	Green	10	Clodagh Quinn-Offe	42
7	Norfolk	Green	1	Alice Ganley	40
8	Hertfordshire	Orange	8	Marina Davella	39
9	Hertfordshire	Orange	5	Georgia Seaman	38
10	Cambridgeshire	Sky	8	Lucy Hilton	37
11	Norfolk	Green	11	Marlie Janes	37
12	Hertfordshire	Orange	13	Stella Rosanek	36
13	Cambridgeshire	Sky	13	Beatrice Cook	33
14	Suffolk	Maroon	9	Maya Vihm	29

Results Sheet

2 + 2 Lap Relay

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
UEA Sportspark

Date
17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	53.3	0.0	53.3	30.0
2	04	Norfolk	Green	53.4	0.0	53.4	28.0
3	03	Hertfordshire	Orange	54.3	0.0	54.3	26.0
4	05	Suffolk	Maroon	57.8	0.0	57.8	24.0
5	01	Cambridgeshire	Sky	58.6	0.0	58.6	22.0

Results Sheet

4 x 2 Lap Relay

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
UEA Sportspark

Date
17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Green	1:51.9	0.0	1:51.9	30.0
2	03	Hertfordshire	Orange	1:54.0	0.0	1:54.0	28.0
3	01	Cambridgeshire	Sky	1:55.3	0.0	1:55.3	26.0
4	02	Essex	Red	1:55.7	0.0	1:55.7	24.0
5	05	Suffolk	Maroon	1:56.7	0.0	1:56.7	22.0

Results Sheet

Medley Relay

Competition:
East Regional Final 2024 Under 11 Girls

Venue:
UEA Sportspark

Date
17 Feb 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1=	02	Essex	Red	43.4	0.0	43.4	29.0
1=	04	Norfolk	Green	43.4	0.0	43.4	29.0
3	03	Hertfordshire	Orange	49.1	0.0	49.1	26.0
4	01	Cambridgeshire	Sky	49.4	0.0	49.4	24.0
5	05	Suffolk	Maroon	1:00.7	0.0	1:00.7	22.0