

Competition Results

Competition:					Venue:										Date				
West Midlands Regional Final 2024 Under 11 Girls					North Solihull										3 Mar 2024				
Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Birmingham	Black	474	30	26	26	28	30	26	28	28	24	26	30	30	30	29	29	24
2	Shropshire	Blue	470	28	30	24	30	24	30	30	30	28	30	26	27	24	26	29	30
3	Warwickshire	Turquoise	447	24	24	30	26	26	28	24	26	30	28	24	27	26	24	26	28
4	Herefordshire & Worcestershire	White	445	26	28	28	24	28	24	26	24	26	24	28	24	28	29	24	26

Team Results

Birmingham (black)

Competition:

West Midlands Regional Final 2024 Under 11 Girls

Venue:

North Solihull

Date

3 Mar 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Birmingham	Black	474	30	26	26	28	30	26	28	28	24	26	30	30	30	29	29	24
2	Shropshire	Blue	470	28	30	24	30	24	30	30	30	28	30	26	27	24	26	29	30
3	Warwickshire	Turquoise	447	24	24	30	26	26	28	24	26	30	28	24	27	26	24	26	28
4	Herefordshire & Worcestershire	White	445	26	28	28	24	28	24	26	24	26	24	28	24	28	29	24	26

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Betsy Gilmore	CP	6.75	0.00	0.00		6.75	1
1	Betsy Gilmore	VJ	52	55	52		55	1
3	Ava Hillas	J	14	12	13		14	1
3	Ava Hillas	VJ	42	42	40		42	3
4	Ava Blundell	TT	2	2	2	0	6	7
5	Isabella Pettet	BT	15	6	15	15	51	5=
5	Isabella Pettet	SLJ	1.81	0.00	0.00		1.81	9
6	Laura Pan nett	SB	58				58	1
6	Laura Pan nett	TT	4	1	0	0	5	8
7	Evie Vyakaranam	J	8	11	8		11	4
8	Edith Masson	CP	6.50	0.00	0.00		6.50	2
8	Edith Masson	STJ	5.25	5.20	5.15		5.25	7
9	Taylor Upton	SLJ	1.93	1.82	1.85		1.93	7
10	Indie Upton	SLJ	1.86	1.86	1.84		1.86	8
11	Jessica-Lily Wakeman	BT	4	6	6	3	19	11
11	Jessica-Lily Wakeman	STJ	5.65	5.71	5.70		5.71	2
12	Mabel Edgerton	BT	15	15	15	15	60	1=
13	Angelina Wong	SB	54				54	3=
13	Angelina Wong	VJ	48	45	46		48	2
14	Darcy McDaid	SB	52				52	8
15	Jaya Bathgate	STJ	5.15	5.24	0.00		5.24	8=

Team Results

Herefordshire & Worcestershire (white)

Competition:

West Midlands Regional Final 2024 Under 11 Girls

Venue:

North Solihull

Date

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Birmingham	Black	474	30	26	26	28	30	26	28	28	24	26	30	30	30	29	29	24
2	Shropshire	Blue	470	28	30	24	30	24	30	30	30	28	30	26	27	24	26	29	30
3	Warwickshire	Turquoise	447	24	24	30	26	26	28	24	26	30	28	24	27	26	24	26	28
4	Herefordshire & Worcestershire	White	445	26	28	28	24	28	24	26	24	26	24	28	24	28	29	24	26

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Lydia Wilson	SB	54				54	3=
1	Lydia Wilson	TT	4	2	2	0	8	4=
2	Iris Lloyd	SB	56				56	2
2	Iris Lloyd	STJ	5.16	5.12	5.30		5.30	6
3	Laia Robles	J	7	6	7		7	8
4	Freya Williams	SB	50				50	9=
4	Freya Williams	STJ	4.72	4.80	4.98		4.98	12
5	Ella Johnston	VJ	32	32	35		35	11
6	Joy Padmore	J	12	11	9		12	3
6	Joy Padmore	SLJ	1.72	1.69	1.67		1.72	10
7	Millie Robbs	STJ	5.15	5.24	0.00		5.24	8=
7	Millie Robbs	TT	4	2	0	1	7	6
9	Seren McDonald	CP	5.75	0.00	0.00		5.75	3=
9	Seren McDonald	SLJ	1.93	1.88	1.87		1.93	6
10	Amelie Davies-Beard	BT	3	8	9	9	29	9
10	Amelie Davies-Beard	SLJ	1.95	0.00	0.00		1.95	5
11	Matilda Kiernan	BT	2	15	7	15	39	8
11	Matilda Kiernan	VJ	34	37	37		37	5
12	Gracie Hodgkins	CP	5.75	0.00	0.00		5.75	3=
12	Gracie Hodgkins	VJ	37	38	36		38	4

Team Results

Shropshire (blue)

Competition:
West Midlands Regional Final 2024 Under 11 Girls

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Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Birmingham	Black	474	30	26	26	28	30	26	28	28	24	26	30	30	30	29	29	24
2	Shropshire	Blue	470	28	30	24	30	24	30	30	30	28	30	26	27	24	26	29	30
3	Warwickshire	Turquoise	447	24	24	30	26	26	28	24	26	30	28	24	27	26	24	26	28
4	Herefordshire & Worcestershire	White	445	26	28	28	24	28	24	26	24	26	24	28	24	28	29	24	26

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Selina Vuli	J	7	9	10		10	5
1	Selina Vuli	SB	53				53	5=
2	Mia Dimelow	BT	15	15	12	15	57	3
2	Mia Dimelow	STJ	5.80	5.38	5.75		5.80	1
3	Tabitha Hatch	VJ	36	35	34		36	7=
4	Eveline Hulme	BT	15	15	15	6	51	5=
4	Eveline Hulme	STJ	5.02	4.94	0.00		5.02	11
5	Georgie Howson	TT	4	0	3	2	9	3
5	Georgie Howson	VJ	35	36	37		37	6
6	Grace Turney	SB	50				50	9=
6	Grace Turney	SLJ	2.02	2.04	2.04		2.04	2
7	Bella Beddall	TT	2	4	2	2	10	1=
8	Arya Cassini-Jones	SB	48				48	11
10	Ava Walton	CP	5.25	0.00	0.00		5.25	6
10	Ava Walton	STJ	5.21	5.23	5.38		5.38	4
11	Else Cooper	BT	15	8	5	15	43	7
12	Maja Pokomiecka	J	9	10	6		10	6
12	Maja Pokomiecka	VJ	30	29	29		30	12
13	Lottie Barrett	CP	5.50	0.00	0.00		5.50	5
13	Lottie Barrett	SLJ	1.95	2.07	2.03		2.07	1
14	Ellie Biggs	SLJ	1.48	0.00	0.00		1.48	12

Team Results

Warwickshire (turquoise)

Competition:
West Midlands Regional Final 2024 Under 11 Girls

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North Solihull

Date
3 Mar 2024

Ranking	Team	Colour	Score	OR	1+1	4x1	P6	OU	HR	2+2	4x2	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Birmingham	Black	474	30	26	26	28	30	26	28	28	24	26	30	30	30	29	29	24
2	Shropshire	Blue	470	28	30	24	30	24	30	30	30	28	30	26	27	24	26	29	30
3	Warwickshire	Turquoise	447	24	24	30	26	26	28	24	26	30	28	24	27	26	24	26	28
4	Herefordshire & Worcestershire	White	445	26	28	28	24	28	24	26	24	26	24	28	24	28	29	24	26

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Felicity Cattell	SB	53				53	5=
1	Felicity Cattell	SLJ	1.96	1.90	0.00		1.96	3
2	Holly Siarbawa	BT	15	15	15	15	60	1=
2	Holly Siarbawa	STJ	5.35	5.04	5.14		5.35	5
3	Reese Ridgway	SB	53				53	5=
3	Reese Ridgway	STJ	4.95	5.12	5.10		5.12	10
4	Taya Young	SLJ	1.83	1.84	1.95		1.95	4
5	Alice McIntosh	J	12	12	8		12	2
6	Elsa Scott	CP	4.75	0.00	0.00		4.75	7
6	Elsa Scott	VJ	33	35	35		35	10
7	Lara Ryan-Gill	BT	5	11	2	6	24	10
7	Lara Ryan-Gill	J	8	6	7		8	7
8	Maisie Street	TT	6	0	1	1	8	4=
8	Maisie Street	VJ	36	35	34		36	7=
9	Martha Edwards	STJ	5.65	5.49	0.00		5.65	3
10	Matilda Hutchings	BT	11	15	15	15	56	4
10	Matilda Hutchings	TT	2	3	5	0	10	1=
11	Megan White	SB	46				46	12
11	Megan White	SLJ	1.57	0.00	0.00		1.57	11
12	Sophie Kirby	CP	4.25	0.00	0.00		4.25	8
12	Sophie Kirby	VJ	33	34	36		36	9

Results Sheet

Obstacle Relay

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
North Solihull

Date
3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	Black	1:22.3	0.0	1:22.3	30.0
2	03	Shropshire	Blue	1:25.7	0.0	1:25.7	28.0
3	02	Herefordshire & Worcestershire	White	1:26.3	0.0	1:26.3	26.0
4	04	Warwickshire	Turquoise	1:26.8	0.0	1:26.8	24.0

Results Sheet

1 + 1 Lap Relay

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
North Solihull

Date
3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Shropshire	Blue	26.0	0.0	26.0	30.0
2	02	Herefordshire & Worcestershire	White	26.5	0.0	26.5	28.0
3	01	Birmingham	Black	26.6	0.0	26.6	26.0
4	04	Warwickshire	Turquoise	27.5	0.0	27.5	24.0

Results Sheet

4 x 1 Lap Relay

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
North Solihull

Date
3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Warwickshire	Turquoise	51.7	0.0	51.7	30.0
2	02	Herefordshire & Worcestershire	White	52.7	0.0	52.7	28.0
3	01	Birmingham	Black	53.6	0.0	53.6	26.0
4	03	Shropshire	Blue	57.3	0.0	57.3	24.0

Results Sheet

6 Lap Paarlauf

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
North Solihull

Date
3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Shropshire	Blue	1:19.8	0.0	1:19.8	30.0
2	01	Birmingham	Black	1:20.0	0.0	1:20.0	28.0
3	04	Warwickshire	Turquoise	1:21.9	0.0	1:21.9	26.0
4	02	Herefordshire & Worcestershire	White	1:22.0	0.0	1:22.0	24.0

Results Sheet

Over and Under Relay

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
North Solihull

Date
3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	Black	1:08.4	0.0	1:08.4	30.0
2	02	Herefordshire & Worcestershire	White	1:09.5	0.0	1:09.5	28.0
3	04	Warwickshire	Turquoise	1:14.8	0.0	1:14.8	26.0
4	03	Shropshire	Blue	1:17.9	0.0	1:17.9	24.0

Results Sheet

Hurdles Relay

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
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Date
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Shropshire	Blue	59.0	0.0	59.0	30.0
2	04	Warwickshire	Turquoise	59.4	0.0	59.4	28.0
3	01	Birmingham	Black	1:00.0	0.0	1:00.0	26.0
4	02	Herefordshire & Worcestershire	White	1:01.5	0.0	1:01.5	24.0

Results Sheet

Balance Test

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
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Ranking	Team	Colour	Total	Points
1	Shropshire	Blue	151	30
2	Warwickshire	Turquoise	140	28
3	Birmingham	Black	130	26
4	Herefordshire & Worcestershire	White	68	24

Ranking	Team	Colour	BibNo	Name	Total
1=	Birmingham	Black	12	Mabel Edgerton	60
1=	Warwickshire	Turquoise	2	Holly Siarbawa	60
3	Shropshire	Blue	2	Mia Dimelow	57
4	Warwickshire	Turquoise	10	Matilda Hutchings	56
5=	Birmingham	Black	5	Isabella Pettet	51
5=	Shropshire	Blue	4	Eveline Hulme	51
7	Shropshire	Blue	11	Else Cooper	43
8	Herefordshire & Worcestershire	White	11	Matilda Kiernan	39
9	Herefordshire & Worcestershire	White	10	Amelie Davies-Beard	29
10	Warwickshire	Turquoise	7	Lara Ryan-Gill	24
11	Birmingham	Black	11	Jessica-Lily Wakeman	19

Results Sheet

Chest Push

Competition:
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Ranking	Team	Colour	Total	Points
1	Birmingham	Black	13.25	30
2	Herefordshire & Worcestershire	White	11.50	28
3	Shropshire	Blue	10.75	26
4	Warwickshire	Turquoise	9.00	24

Ranking	Team	Colour	BibNo	Name	Best
1	Birmingham	Black	1	Betsy Gilmore	6.75
2	Birmingham	Black	8	Edith Masson	6.50
3=	Herefordshire & Worcestershire	White	9	Seren McDonald	5.75
3=	Herefordshire & Worcestershire	White	12	Gracie Hodgkins	5.75
5	Shropshire	Blue	13	Lottie Barrett	5.50
6	Shropshire	Blue	10	Ava Walton	5.25
7	Warwickshire	Turquoise	6	Elsa Scott	4.75
8	Warwickshire	Turquoise	12	Sophie Kirby	4.25

Results Sheet

Javelin

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
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Ranking	Team	Colour	Total	Points
1	Birmingham	Black	25	30
2=	Shropshire	Blue	20	27
2=	Warwickshire	Turquoise	20	27
4	Herefordshire & Worcestershire	White	19	24

Ranking	Team	Colour	BibNo	Name	Best
1	Birmingham	Black	3	Ava Hillas	14
2	Warwickshire	Turquoise	5	Alice McIntosh	12
3	Herefordshire & Worcestershire	White	6	Joy Padmore	12
4	Birmingham	Black	7	Evie Vyakaranam	11
5	Shropshire	Blue	1	Selina Vuli	10
6	Shropshire	Blue	12	Maja Pokomiecka	10
7	Warwickshire	Turquoise	7	Lara Ryan-Gill	8
8	Herefordshire & Worcestershire	White	3	Laia Robles	7

Results Sheet

Speed Bounce

Competition:
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Venue:
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Ranking	Team	Colour	Total	Points
1	Birmingham	Black	164	30
2	Herefordshire & Worcestershire	White	160	28
3	Warwickshire	Turquoise	152	26
4	Shropshire	Blue	151	24

Ranking	Team	Colour	BibNo	Name	Total
1	Birmingham	Black	6	Laura Pan nett	58
2	Herefordshire & Worcestershire	White	2	Iris Lloyd	56
3=	Birmingham	Black	13	Angelina Wong	54
3=	Herefordshire & Worcestershire	White	1	Lydia Wilson	54
5=	Shropshire	Blue	1	Selina Vuli	53
5=	Warwickshire	Turquoise	1	Felicity Cattell	53
5=	Warwickshire	Turquoise	3	Reese Ridgway	53
8	Birmingham	Black	14	Darcy McDaid	52
9=	Herefordshire & Worcestershire	White	4	Freya Williams	50
9=	Shropshire	Blue	6	Grace Turney	50
11	Shropshire	Blue	8	Arya Cassini-Jones	48
12	Warwickshire	Turquoise	11	Megan White	46

Results Sheet

Standing Long Jump

Competition:
West Midlands Regional Final 2024 Under 11 Girls

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3 Mar 2024

Ranking	Team	Colour	Total	Points
1=	Birmingham	Black	5.60	29
1=	Herefordshire & Worcestershire	White	5.60	29
3	Shropshire	Blue	5.59	26
4	Warwickshire	Turquoise	5.48	24

Ranking	Team	Colour	BibNo	Name	Best
1	Shropshire	Blue	13	Lottie Barrett	2.07
2	Shropshire	Blue	6	Grace Turney	2.04
3	Warwickshire	Turquoise	1	Felicity Cattell	1.96
4	Warwickshire	Turquoise	4	Taya Young	1.95
5	Herefordshire & Worcestershire	White	10	Amelie Davies-Beard	1.95
6	Herefordshire & Worcestershire	White	9	Seren McDonald	1.93
7	Birmingham	Black	9	Taylor Upton	1.93
8	Birmingham	Black	10	Indie Upton	1.86
9	Birmingham	Black	5	Isabella Pettet	1.81
10	Herefordshire & Worcestershire	White	6	Joy Padmore	1.72
11	Warwickshire	Turquoise	11	Megan White	1.57
12	Shropshire	Blue	14	Ellie Biggs	1.48

Results Sheet

Standing Triple Jump

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
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Ranking	Team	Colour	Total	Points
1=	Birmingham	Black	16.20	29
1=	Shropshire	Blue	16.20	29
3	Warwickshire	Turquoise	16.12	26
4	Herefordshire & Worcestershire	White	15.52	24

Ranking	Team	Colour	BibNo	Name	Best
1	Shropshire	Blue	2	Mia Dimelow	5.80
2	Birmingham	Black	11	Jessica-Lily Wakeman	5.71
3	Warwickshire	Turquoise	9	Martha Edwards	5.65
4	Shropshire	Blue	10	Ava Walton	5.38
5	Warwickshire	Turquoise	2	Holly Siarbawa	5.35
6	Herefordshire & Worcestershire	White	2	Iris Lloyd	5.30
7	Birmingham	Black	8	Edith Masson	5.25
8=	Birmingham	Black	15	Jaya Bathgate	5.24
8=	Herefordshire & Worcestershire	White	7	Millie Robbs	5.24
10	Warwickshire	Turquoise	3	Reese Ridgway	5.12
11	Shropshire	Blue	4	Eveline Hulme	5.02
12	Herefordshire & Worcestershire	White	4	Freya Williams	4.98

Results Sheet

Target Throw

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
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Date
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Ranking	Team	Colour	Total	Points
1	Shropshire	Blue	19	30
2	Warwickshire	Turquoise	18	28
3	Herefordshire & Worcestershire	White	15	26
4	Birmingham	Black	11	24

Ranking	Team	Colour	BibNo	Name	Total
1=	Shropshire	Blue	7	Bella Beddall	10
1=	Warwickshire	Turquoise	10	Matilda Hutchings	10
3	Shropshire	Blue	5	Georgie Howson	9
4=	Herefordshire & Worcestershire	White	1	Lydia Wilson	8
4=	Warwickshire	Turquoise	8	Maisie Street	8
6	Herefordshire & Worcestershire	White	7	Millie Robbs	7
7	Birmingham	Black	4	Ava Blundell	6
8	Birmingham	Black	6	Laura Pan nett	5

Results Sheet

Vertical Jump

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
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Date
3 Mar 2024

Ranking	Team	Colour	Total	Points
1	Birmingham	Black	145	30
2	Herefordshire & Worcestershire	White	110	28
3	Warwickshire	Turquoise	107	26
4	Shropshire	Blue	103	24

Ranking	Team	Colour	BibNo	Name	Best
1	Birmingham	Black	1	Betsy Gilmore	55
2	Birmingham	Black	13	Angelina Wong	48
3	Birmingham	Black	3	Ava Hillas	42
4	Herefordshire & Worcestershire	White	12	Gracie Hodgkins	38
5	Herefordshire & Worcestershire	White	11	Matilda Kiernan	37
6	Shropshire	Blue	5	Georgie Howson	37
7=	Shropshire	Blue	3	Tabitha Hatch	36
7=	Warwickshire	Turquoise	8	Maisie Street	36
9	Warwickshire	Turquoise	12	Sophie Kirby	36
10	Warwickshire	Turquoise	6	Elsa Scott	35
11	Herefordshire & Worcestershire	White	5	Ella Johnston	35
12	Shropshire	Blue	12	Maja Pokornicka	30

Results Sheet

2 + 2 Lap Relay

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
North Solihull

Date
3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Shropshire	Blue	51.0	0.0	51.0	30.0
2	01	Birmingham	Black	51.6	0.0	51.6	28.0
3	02	Herefordshire & Worcestershire	White	52.8	0.0	52.8	26.0
4	04	Warwickshire	Turquoise	55.8	0.0	55.8	24.0

Results Sheet

4 x 2 Lap Relay

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
North Solihull

Date
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Shropshire	Blue	1:44.3	0.0	1:44.3	30.0
2	01	Birmingham	Black	1:45.0	0.0	1:45.0	28.0
3	04	Warwickshire	Turquoise	1:48.6	0.0	1:48.6	26.0
4	02	Herefordshire & Worcestershire	White	1:49.0	0.0	1:49.0	24.0

Results Sheet

Medley Relay

Competition:
West Midlands Regional Final 2024 Under 11 Girls

Venue:
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3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Warwickshire	Turquoise	42.8	0.0	42.8	30.0
2	03	Shropshire	Blue	43.4	0.0	43.4	28.0
3	02	Herefordshire & Worcestershire	White	44.8	0.0	44.8	26.0
4	01	Birmingham	Black	46.7	0.0	46.7	24.0