

# Competition Results

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Birmingham	Black	672	70	70	60	60	54	50	46	56	56	50	46	54
2	Warwickshire	Turquoise	630	60	60	70	70	40	46	50	52	52	48	44	38
3	Herefordshire & Worcestershire	White	559	40	50	40	50	50	48	46	40	41	50	50	54
4	Shropshire	Blue	491	50	40	50	40	40	40	42	36	35	36	44	38

# Team Results

# Birmingham (black)

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

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North Solihull

## Date

3 Mar 2024

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Birmingham	Black	672	70	70	60	60	54	50	46	56	56	50	46	54
2	Warwickshire	Turquoise	630	60	60	70	70	40	46	50	52	52	48	44	38
3	Herefordshire & Worcestershire	White	559	40	50	40	50	50	48	46	40	41	50	50	54
4	Shropshire	Blue	491	50	40	50	40	40	40	42	36	35	36	44	38

Comp	No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
	1	Alisia Thomas	2LR	25.1	24.9			24.9	2	28
	1	Alisia Thomas	S	7.10	6.24	6.91	0.00	7.10	1	30
	2	Gabrielle Blake	2LR	25.0	25.3			25.3	3	26
	2	Gabrielle Blake	SLJ	2.00	2.04	0.00	2.01	2.04	3	26
	3	Araya Williams	4LR	51.9	55.7			55.7	5	22
	3	Araya Williams	STJ	5.27	5.07	5.04	5.53	5.53	5	22
	4	Ada Masson	4LR	52.3	52.7			52.7	2	28
	5	Kaia Kotlinska	6LR	1:30.6				1:30.6	7	18
	6	Charlotte Cole	6LR	1:28.0				1:28.0	2	28
	6	Charlotte Cole	VJ	48	52	50	0	52	3	26
	7	Alexa Richards	S	7.05	6.24	6.91	0.00	7.05	3	26
	8	Ruby Edwards	STJ	5.72	5.91	5.80	5.86	5.91	4	24
	9	Gracie Young	SB	76				76	2=	26
	10	Marie Lubamba	VJ	48	51	52	0	52	2	28
	11	Betsey Hemus	SB	79				79	1	30
	12	Aiza Ul-Haq	SLJ	1.96	1.96	1.96	1.95	1.96	4	24

# Team Results

# Herefordshire & Worcestershire (white)

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West Midlands Regional Final 2024 Under 13 Girls

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North Solihull

## Date

3 Mar 2024

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Birmingham	Black	672	70	70	60	60	54	50	46	56	56	50	46	54
2	Warwickshire	Turquoise	630	60	60	70	70	40	46	50	52	52	48	44	38
3	Herefordshire & Worcestershire	White	559	40	50	40	50	50	48	46	40	41	50	50	54
4	Shropshire	Blue	491	50	40	50	40	40	40	42	36	35	36	44	38

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Georgia Kiernan	4LR	53.3	52.5			52.5	1	30
13	Georgia Kiernan	SLJ	1.84	1.91	1.93	1.95	1.95	5	22
14	Lila Gallinagh	STJ	6.23	6.02	6.61	6.49	6.61	1	30
15	Sophia Llewellyn	SB	71				71	5	22
16	Felicity Moore	2LR	25.8	24.7			24.7	1	30
16	Felicity Moore	VJ	52	51	51	0	52	1	30
17	Rebecca Davies	S	4.70	4.28	0.00	0.00	4.70	7	18
18	Joanna Adetoki	SLJ	1.99	2.05	1.83	0.00	2.05	2	28
19	Freya Davies	S	5.10	0.00	0.00	0.00	5.10	5	22
20	Beth Adkins	2LR	26.3	0.0			26.3	6	20
20	Beth Adkins	STJ	5.49	5.45	5.27	5.08	5.49	6	20
21	Naomi Rolls	4LR	54.5	0.0			54.5	7	18
22	Summer Eades	SB	70				70	6=	19
23	Alicja Dorozewicz	6LR	1:33.7				1:33.7	8	16
23	Alicja Dorozewicz	VJ	40	42	46	0	46	4	24
24	Bella Roberts	6LR	1:26.2				1:26.2	1	30

# Team Results

# Shropshire (blue)

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Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Birmingham	Black	672	70	70	60	60	54	50	46	56	56	50	46	54
2	Warwickshire	Turquoise	630	60	60	70	70	40	46	50	52	52	48	44	38
3	Herefordshire & Worcestershire	White	559	40	50	40	50	50	48	46	40	41	50	50	54
4	Shropshire	Blue	491	50	40	50	40	40	40	42	36	35	36	44	38

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Nana Ayeh	6LR	1:30.2				1:30.2	6	20
25	Nana Ayeh	STJ	6.19	6.31	6.37	6.45	6.45	2	28
26	Gabriella Inglis-Downes	4LR	53.1	53.1			53.1	4	24
26	Gabriella Inglis-Downes	VJ	45	42	40	0	45	5	22
27	Jessica Barrett	6LR	1:29.8				1:29.8	5	22
27	Jessica Barrett	S	4.24	4.86	4.28	0.00	4.86	6	20
28	Blanka Podgorska	4LR	56.4	0.0			56.4	8	16
28	Blanka Podgorska	VJ	41	36	38	0	41	8	16
29	Hallie Bunn	2LR	26.7	0.0			26.7	8	16
29	Hallie Bunn	SB	69				69	8	16
30	Lucy Hughes	SB	70				70	6=	19
32	Hannah Newman	S	4.52	4.35	4.15	0.00	4.52	8	16
33	Dionne White	SLJ	1.83	1.95	1.84	0.00	1.95	6	20
34	Erika Christiansen	2LR	26.1	25.6			25.6	4	24
34	Erika Christiansen	SLJ	1.74	1.85	1.73	1.71	1.85	8	16
35	Evie Griffiths	STJ	5.23	5.08	5.00	5.29	5.29	8	16

# Team Results

# Warwickshire (turquoise)

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West Midlands Regional Final 2024 Under 13 Girls

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Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Birmingham	Black	672	70	70	60	60	54	50	46	56	56	50	46	54
2	Warwickshire	Turquoise	630	60	60	70	70	40	46	50	52	52	48	44	38
3	Herefordshire & Worcestershire	White	559	40	50	40	50	50	48	46	40	41	50	50	54
4	Shropshire	Blue	491	50	40	50	40	40	40	42	36	35	36	44	38

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Amarachi Okwara	S	5.62	5.66	4.87	0.00	5.66	4	24
38	Bella Atwell	STJ	5.27	5.07	5.44	0.00	5.44	7	18
39	Betsy Fahey	2LR	25.8	25.8			25.8	5	22
39	Betsy Fahey	SLJ	1.86	1.82	1.85	1.81	1.86	7	18
40	Damlola Ajagunna	6LR	1:28.8				1:28.8	4	24
40	Damlola Ajagunna	S	6.67	7.10	6.35	0.00	7.10	2	28
41	Darcey Ridgway	SLJ	1.96	1.99	2.01	2.07	2.07	1	30
42	Martha Kerr	4LR	54.1	0.0			54.1	6	20
42	Martha Kerr	SB	76				76	2=	26
44	Annabel Stacey	6LR	1:28.1				1:28.1	3	26
44	Annabel Stacey	STJ	6.09	6.11	6.34	5.97	6.34	3	26
45	Emily White	VJ	43	41	43	0	43	6=	19
46	Eve Mulliner	2LR	26.4	0.0			26.4	7	18
47	Niamh Williams	4LR	52.5	52.8			52.8	3	26
47	Niamh Williams	VJ	43	41	43	0	43	6=	19
48	Tahlia Jones	SB	76				76	2=	26

# Results Sheet

# Obstacle Relay

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

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North Solihull

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3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	Black	1:19.3	0.0	1:19.3	70.0
2	04	Warwickshire	Turquoise	1:21.0	0.0	1:21.0	60.0
3	03	Shropshire	Blue	1:22.9	0.0	1:22.9	50.0
4	02	Herefordshire & Worcestershire	White	1:23.8	0.0	1:23.8	40.0

# Results Sheet

# 4 x 1 Lap Relay

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Birmingham	Black	50.4	0.0	50.4	70.0
2	04	Warwickshire	Turquoise	51.3	0.0	51.3	60.0
3	02	Herefordshire & Worcestershire	White	51.4	0.0	51.4	50.0
4	03	Shropshire	Blue	54.4	0.0	54.4	40.0

# Results Sheet

# 2 Lap Race

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Team	Colour	Points
1	Birmingham	Black	54
2	Herefordshire & Worcestershire	White	50
3=	Shropshire	Blue	40
3=	Warwickshire	Turquoise	40

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Herefordshire & Worcestershire	White	16	Felicity Moore	24.7	30
2	Birmingham	Black	1	Alisia Thomas	24.9	28
3	Birmingham	Black	2	Gabrielle Blake	25.3	26
4	Shropshire	Blue	34	Erika Christiansen	25.6	24
5	Warwickshire	Turquoise	39	Betsy Fahey	25.8	22
6	Herefordshire & Worcestershire	White	20	Beth Adkins	26.3	20
7	Warwickshire	Turquoise	46	Eve Mulliner	26.4	18
8	Shropshire	Blue	29	Hallie Bunn	26.7	16

# Results Sheet

# 4 Lap Race

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Team	Colour	Points
1	Birmingham	Black	50
2	Herefordshire & Worcestershire	White	48
3	Warwickshire	Turquoise	46
4	Shropshire	Blue	40

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Herefordshire & Worcestershire	White	13	Georgia Kiernan	52.5	30
2	Birmingham	Black	4	Ada Masson	52.7	28
3	Warwickshire	Turquoise	47	Niamh Williams	52.8	26
4	Shropshire	Blue	26	Gabriella Inglis-Downes	53.1	24
5	Birmingham	Black	3	Araya Williams	55.7	22
6	Warwickshire	Turquoise	42	Martha Kerr	54.1	20
7	Herefordshire & Worcestershire	White	21	Naomi Rolls	54.5	18
8	Shropshire	Blue	28	Blanka Podgorska	56.4	16

# Results Sheet

# 6 Lap Time Trial

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Team	Colour	Points
1	Warwickshire	Turquoise	50
2=	Birmingham	Black	46
2=	Herefordshire & Worcestershire	White	46
4	Shropshire	Blue	42

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Herefordshire & Worcestershire	White	24	Bella Roberts	1:26.2	30
2	Birmingham	Black	6	Charlotte Cole	1:28.0	28
3	Warwickshire	Turquoise	44	Annabel Stacey	1:28.1	26
4	Warwickshire	Turquoise	40	Damlola Ajagunna	1:28.8	24
5	Shropshire	Blue	27	Jessica Barrett	1:29.8	22
6	Shropshire	Blue	25	Nana Ayeh	1:30.2	20
7	Birmingham	Black	5	Kaia Kotlinska	1:30.6	18
8	Herefordshire & Worcestershire	White	23	Alicja Dorozewicz	1:33.7	16

# Results Sheet

# 8 Lap Paarlauf

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Warwickshire	Turquoise	1:47.2	0.0	1:47.2	70.0
2	01	Birmingham	Black	1:49.6	0.0	1:49.6	60.0
3	03	Shropshire	Blue	1:51.4	0.0	1:51.4	50.0
4	02	Herefordshire & Worcestershire	White	1:52.0	0.0	1:52.0	40.0

# Results Sheet

# 4 x 2 Lap Relay

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Warwickshire	Turquoise	1:40.0	0.0	1:40.0	70.0
2	01	Birmingham	Black	1:41.3	0.0	1:41.3	60.0
3	02	Herefordshire & Worcestershire	White	1:42.2	0.0	1:42.2	50.0
4	03	Shropshire	Blue	1:48.3	0.0	1:48.3	40.0

# Results Sheet

# Shot

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Team	Colour	Points
1	Birmingham	Black	56
2	Warwickshire	Turquoise	52
3	Herefordshire & Worcestershire	White	40
4	Shropshire	Blue	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Birmingham	Black	1	Alisia Thomas	7.10	30
2	Warwickshire	Turquoise	40	Damlola Ajagunna	7.10	28
3	Birmingham	Black	7	Alexa Richards	7.05	26
4	Warwickshire	Turquoise	37	Amarachi Okwara	5.66	24
5	Herefordshire & Worcestershire	White	19	Freya Davies	5.10	22
6	Shropshire	Blue	27	Jessica Barrett	4.86	20
7	Herefordshire & Worcestershire	White	17	Rebecca Davies	4.70	18
8	Shropshire	Blue	32	Hannah Newman	4.52	16

# Results Sheet

# Speed Bounce

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Team	Colour	Points
1	Birmingham	Black	56
2	Warwickshire	Turquoise	52
3	Herefordshire & Worcestershire	White	41
4	Shropshire	Blue	35

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Birmingham	Black	11	Betsey Hemus	79	30
2=	Birmingham	Black	9	Gracie Young	76	26
2=	Warwickshire	Turquoise	42	Martha Kerr	76	26
2=	Warwickshire	Turquoise	48	Tahlia Jones	76	26
5	Herefordshire & Worcestershire	White	15	Sophia Llewellyn	71	22
6=	Herefordshire & Worcestershire	White	22	Summer Eades	70	19
6=	Shropshire	Blue	30	Lucy Hughes	70	19
8	Shropshire	Blue	29	Hallie Bunn	69	16

# Results Sheet

# Standing Long Jump

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

## Venue:

North Solihull

## Date

3 Mar 2024

Ranking	Team	Colour	Points
1=	Birmingham	Black	50
1=	Herefordshire & Worcestershire	White	50
3	Warwickshire	Turquoise	48
4	Shropshire	Blue	36

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Warwickshire	Turquoise	41	Darcey Ridgway	2.07	30
2	Herefordshire & Worcestershire	White	18	Joanna Adetoki	2.05	28
3	Birmingham	Black	2	Gabrielle Blake	2.04	26
4	Birmingham	Black	12	Aiza Ul-Haq	1.96	24
5	Herefordshire & Worcestershire	White	13	Georgia Kiernan	1.95	22
6	Shropshire	Blue	33	Dionne White	1.95	20
7	Warwickshire	Turquoise	39	Betsy Fahey	1.86	18
8	Shropshire	Blue	34	Erika Christiansen	1.85	16

# Results Sheet

# Standing Triple Jump

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## Date

3 Mar 2024

Ranking	Team	Colour	Points
1	Herefordshire & Worcestershire	White	50
2	Birmingham	Black	46
3=	Shropshire	Blue	44
3=	Warwickshire	Turquoise	44

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Herefordshire & Worcestershire	White	14	Lila Gallinagh	6.61	30
2	Shropshire	Blue	25	Nana Ayeh	6.45	28
3	Warwickshire	Turquoise	44	Annabel Stacey	6.34	26
4	Birmingham	Black	8	Ruby Edwards	5.91	24
5	Birmingham	Black	3	Araya Williams	5.53	22
6	Herefordshire & Worcestershire	White	20	Beth Adkins	5.49	20
7	Warwickshire	Turquoise	38	Bella Atwell	5.44	18
8	Shropshire	Blue	35	Evie Griffiths	5.29	16

# Results Sheet

# Vertical Jump

## Competition:

West Midlands Regional Final 2024 Under 13 Girls

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## Date

3 Mar 2024

Ranking	Team	Colour	Points
1=	Birmingham	Black	54
1=	Herefordshire & Worcestershire	White	54
3=	Shropshire	Blue	38
3=	Warwickshire	Turquoise	38

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Herefordshire & Worcestershire	White	16	Felicity Moore	52	30
2	Birmingham	Black	10	Marie Lubamba	52	28
3	Birmingham	Black	6	Charlotte Cole	52	26
4	Herefordshire & Worcestershire	White	23	Alicja Dorozewicz	46	24
5	Shropshire	Blue	26	Gabriella Inglis-Downes	45	22
6=	Warwickshire	Turquoise	45	Emily White	43	19
6=	Warwickshire	Turquoise	47	Niamh Williams	43	19
8	Shropshire	Blue	28	Blanka Podgorska	41	16