

Competition Results

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Team	Colour	Score	OR	1+1	2+2	HR	OU	P6	4x2	4x1	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Yellow	499	28	30	28	30	29	28	30	30	28	30	30	30	30	30	30	30
2	Essex	Red	465	30	28	30	28	29	30	26	28	30	24	24	26	28	26	26	22
3	Suffolk	Maroon	435	26	26	26	22	24	26	28	26	24	26	28	24	22	28	28	27
4	Cambridgeshire	Sky	407	22	23	24	25	22	22	24	22	26	22	26	28	26	24	22	27
5	Hertfordshire	Orange	404	24	23	22	25	26	24	22	24	22	28	22	22	24	22	24	24

Team Results

Cambridgeshire (sky)

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Team	Colour	Score	OR	1+1	2+2	HR	OU	P6	4x2	4x1	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Yellow	499	28	30	28	30	29	28	30	30	28	30	30	30	30	30	30	30
2	Essex	Red	465	30	28	30	28	29	30	26	28	30	24	24	26	28	26	26	22
3	Suffolk	Maroon	435	26	26	26	22	24	26	28	26	24	26	28	24	22	28	28	27
4	Cambridgeshire	Sky	407	22	23	24	25	22	22	24	22	26	22	26	28	26	24	22	27
5	Hertfordshire	Orange	404	24	23	22	25	26	24	22	24	22	28	22	22	24	22	24	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Isla May Kenton	SLJ	1.68	1.66	1.74		1.74	8
1	Isla May Kenton	TT	4	4	2	0	10	1=
2	Nell Brewer	SB	41				41	8=
2	Nell Brewer	STJ	3.61	3.64	0.00		3.64	15
3	Maddie Barnes	SLJ	1.46	1.55	1.61		1.61	14
4	Hannah Berrisford	BT	5	3	5	15	28	11
4	Hannah Berrisford	CP	4.75	5.00	5.25		5.25	7
5	Chelsea Ann De Guzman	VJ	31	32	32		32	13
6	Beatrice Brooks	CP	5.75	6.25	6.00		6.25	2
6	Beatrice Brooks	VJ	31	32	35		35	10
7	Florence Stevenson	BT	3	9	6	3	21	14
7	Florence Stevenson	VJ	30	25	32		32	14
8	Emma Granville	J	12	13	12		13	4
8	Emma Granville	STJ	0.00	4.96	4.95		4.96	8
10	Arimai Jayne	J	11	7	12		12	5
11	Emila Storta	SB	46				46	5
12	Genevieve Webster	STJ	4.66	4.44	4.90		4.90	9
13	Willow Copping	SB	39				39	12
13	Willow Copping	TT	4	2	2	0	8	8
14	Lucy Bowstead	BT	11	3	5	3	22	13
14	Lucy Bowstead	SLJ	1.61	1.62	1.59		1.62	12

Team Results

Essex (red)

Competition:
East Region Under 11 Girls

Venue:
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Date
1 Feb 2025

Ranking	Team	Colour	Score	OR	1+1	2+2	HR	OU	P6	4x2	4x1	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Yellow	499	28	30	28	30	29	28	30	30	28	30	30	30	30	30	30	30
2	Essex	Red	465	30	28	30	28	29	30	26	28	30	24	24	26	28	26	26	22
3	Suffolk	Maroon	435	26	26	26	22	24	26	28	26	24	26	28	24	22	28	28	27
4	Cambridgeshire	Sky	407	22	23	24	25	22	22	24	22	26	22	26	28	26	24	22	27
5	Hertfordshire	Orange	404	24	23	22	25	26	24	22	24	22	28	22	22	24	22	24	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Bella Kehoe	SB	45				45	6
1	Bella Kehoe	TT	1	2	0	2	5	10
2	Felicity Charles	J	9	9	10		10	7
2	Felicity Charles	VJ	38	37	38		38	4
3	Kylie Kayembe	STJ	5.10	4.87	4.68		5.10	6
4	Sofia Lawrence	CP	5.50	5.75	6.00		6.00	3
5	Abigail Knight	J	11	14	4		14	3
5	Abigail Knight	SLJ	1.66	1.68	1.63		1.68	10
6	Elsie Martin-Bouchareb	SB	47				47	3=
6	Elsie Martin-Bouchareb	SLJ	1.81	1.77	1.75		1.81	6
7	Sadie Davis	STJ	5.62	0.00	5.91		5.91	2
8	Sofia Lyttle	SB	41				41	8=
8	Sofia Lyttle	VJ	50	49	50		50	1
9	Olivia Bilby	BT	15	15	15	15	60	1=
9	Olivia Bilby	STJ	4.59	4.67	4.40		4.67	12
10	Amelia Rose-Mills	SLJ	1.62	0.00	1.56		1.62	13
10	Amelia Rose-Mills	TT	6	0	3	0	9	4=
11	Leila Nicholls	BT	5	2	4	5	16	15
11	Leila Nicholls	VJ	35	33	33		35	9
12	Isla Foley	BT	10	11	3	5	29	10
12	Isla Foley	CP	0.00	4.25	4.50		4.50	10

Team Results

Hertfordshire (orange)

Competition:
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Ranking	Team	Colour	Score	OR	1+1	2+2	HR	OU	P6	4x2	4x1	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Yellow	499	28	30	28	30	29	28	30	30	28	30	30	30	30	30	30	30
2	Essex	Red	465	30	28	30	28	29	30	26	28	30	24	24	26	28	26	26	22
3	Suffolk	Maroon	435	26	26	26	22	24	26	28	26	24	26	28	24	22	28	28	27
4	Cambridgeshire	Sky	407	22	23	24	25	22	22	24	22	26	22	26	28	26	24	22	27
5	Hertfordshire	Orange	404	24	23	22	25	26	24	22	24	22	28	22	22	24	22	24	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Aaliyah Gill	BT	8	14	7	10	39	9
1	Aaliyah Gill	SLJ	1.54	1.63	0.00		1.63	11
2	Ama Gyasi	J	1	4	4		4	10
2	Ama Gyasi	SB	38				38	13
3	Amber Bryce	STJ	0.00	4.56	4.29		4.56	13
4	Amelia Buckling-Wade	STJ	4.64	4.68	4.78		4.78	11
5	Becky Maiden	TT	6	2	2	0	10	1=
6	Courtney Lingerfelder	J	9	9	0		9	9
7	Frankie Rayner	SB	41				41	8=
7	Frankie Rayner	STJ	4.20	4.02	4.18		4.20	14
8	Freya Shults	SB	42				42	7
9	Freya Van Zyl	BT	15	15	15	15	60	1=
9	Freya Van Zyl	SLJ	1.65	1.73	0.00		1.73	9
10	Hope Lucas	CP	4.25	4.50	4.50		4.50	9
10	Hope Lucas	VJ	33	35	34		35	8
11	Isla Griffith	SLJ	1.60	0.00	1.41		1.60	15
11	Isla Griffith	TT	6	0	0	0	6	9
12	Mia Kmiecik	BT	14	9	15	15	53	6
12	Mia Kmiecik	VJ	38	35	36		38	6
13	Peony Kingshott	CP	0.00	5.00	4.75		5.00	8
13	Peony Kingshott	VJ	37	38	34		38	5

Team Results

Norfolk (yellow)

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UAE SportsPark, Norwich

Date
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Ranking	Team	Colour	Score	OR	1+1	2+2	HR	OU	P6	4x2	4x1	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Yellow	499	28	30	28	30	29	28	30	30	28	30	30	30	30	30	30	30
2	Essex	Red	465	30	28	30	28	29	30	26	28	30	24	24	26	28	26	26	22
3	Suffolk	Maroon	435	26	26	26	22	24	26	28	26	24	26	28	24	22	28	28	27
4	Cambridgeshire	Sky	407	22	23	24	25	22	22	24	22	26	22	26	28	26	24	22	27
5	Hertfordshire	Orange	404	24	23	22	25	26	24	22	24	22	28	22	22	24	22	24	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
1	Felicia Amadasun	SLJ	1.97	2.02	2.07		2.07	2
2	Sofia Gilboy	CP	6.50	7.00	7.25		7.25	1
2	Sofia Gilboy	STJ	5.08	5.13	5.38		5.38	5
3	Flossy Holdsworth	SB	52				52	1
4	Phoebe Smith	J	15	16	17		17	1
4	Phoebe Smith	SB	47				47	3=
5	Eleanor Crane	STJ	5.20	0.00	5.46		5.46	3
5	Eleanor Crane	TT	6	4	0	0	10	1=
6	Eibllin Quinn-Offe	BT	15	15	15	15	60	1=
6	Eibllin Quinn-Offe	VJ	34	31	28		34	12
7	Heather Yellop	CP	6.00	5.25	5.75		6.00	4
8	Antonia Weston	BT	15	7	4	15	41	8
8	Antonia Weston	J	15	15	14		15	2
9	Marlie Janes	STJ	5.45	5.24	5.06		5.45	4
9	Marlie Janes	TT	6	2	0	1	9	4=
10	Edie Saunders	BT	13	15	15	15	58	5
10	Edie Saunders	SLJ	2.02	2.05	2.07		2.07	1
11	Avah Boothe	SLJ	1.68	1.77	1.77		1.77	7
12	Kayla Osifo-Doe	VJ	44	43	41		44	3
13	Mia Beales	SB	48				48	2
13	Mia Beales	VJ	37	36	37		37	7

Team Results

Suffolk (maroon)

Competition:
East Region Under 11 Girls

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UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Team	Colour	Score	OR	1+1	2+2	HR	OU	P6	4x2	4x1	MR	BT	CP	J	SB	SLJ	STJ	TT
1	Norfolk	Yellow	499	28	30	28	30	29	28	30	30	28	30	30	30	30	30	30	30
2	Essex	Red	465	30	28	30	28	29	30	26	28	30	24	24	26	28	26	26	22
3	Suffolk	Maroon	435	26	26	26	22	24	26	28	26	24	26	28	24	22	28	28	27
4	Cambridgeshire	Sky	407	22	23	24	25	22	22	24	22	26	22	26	28	26	24	22	27
5	Hertfordshire	Orange	404	24	23	22	25	26	24	22	24	22	28	22	22	24	22	24	24

	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking
2	Amelie Barker	SB	37				37	14=
2	Amelie Barker	STJ	4.85	4.89	4.71		4.89	10
3	Arabella Waddle	VJ	45	45	43		45	2
4	Chidubem Adigwe	CP	5.50	5.75	5.50		5.75	6
4	Chidubem Adigwe	SLJ	1.80	0.00	1.85		1.85	5
5	Cleo Littlechild	SLJ	1.97	1.87	1.97		1.97	4
6	Constance Sibring	BT	15	15	15	15	60	1=
7	Daisy Hastings	BT	5	15	8	15	43	7
7	Daisy Hastings	VJ	31	32	34		34	11
8	Maya Vihm	TT	4	1	4	0	9	4=
8	Maya Vihm	VJ	29	0	0		29	15
9	Nia Glymin	J	9	9	5		9	8
9	Nia Glymin	SLJ	2.00	1.93	1.74		2.00	3
10	Oliva O'Connell-Lillie	J	10	10	9		10	6
10	Oliva O'Connell-Lillie	STJ	5.07	5.03	4.98		5.07	7
11	Phoebe Pollard	BT	5	13	3	3	24	12
11	Phoebe Pollard	TT	6	2	0	1	9	4=
12	Pixi Darlaston	SB	41				41	8=
13	Sofia Sell	CP	0.00	6.00	5.50		6.00	5
13	Sofia Sell	STJ	5.44	5.85	5.91		5.91	1
14	Sophie Cook	SB	37				37	14=

Results Sheet

Obstacle Relay

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	0.0	1:23.7	1:23.7	30.0
2	04	Norfolk	Yellow	0.0	1:24.3	1:24.3	28.0
3	05	Suffolk	Maroon	0.0	1:29.3	1:29.3	26.0
4	03	Hertfordshire	Orange	0.0	1:32.4	1:32.4	24.0
5	01	Cambridgeshire	Sky	0.0	1:37.1	1:37.1	22.0

Results Sheet

1 + 1 Lap Relay

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	0.0	26.1	26.1	30.0
2	02	Essex	Red	0.0	26.2	26.2	28.0
3	05	Suffolk	Maroon	0.0	27.3	27.3	26.0
4=	01	Cambridgeshire	Sky	0.0	27.7	27.7	23.0
4=	03	Hertfordshire	Orange	0.0	27.7	27.7	23.0

Results Sheet

2 + 2 Lap Relay

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	0.0	54.3	54.3	30.0
2	04	Norfolk	Yellow	0.0	54.7	54.7	28.0
3	05	Suffolk	Maroon	0.0	56.1	56.1	26.0
4	01	Cambridgeshire	Sky	0.0	58.3	58.3	24.0
5	03	Hertfordshire	Orange	0.0	58.4	58.4	22.0

Results Sheet

Hurdles Relay

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	0.0	59.2	59.2	30.0
2	02	Essex	Red	0.0	59.8	59.8	28.0
3=	01	Cambridgeshire	Sky	0.0	1:05.6	1:05.6	25.0
3=	03	Hertfordshire	Orange	0.0	1:05.6	1:05.6	25.0
5	05	Suffolk	Maroon	0.0	1:07.1	1:07.1	22.0

Results Sheet

Over and Under Relay

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1=	02	Essex	Red	0.0	1:11.3	1:11.3	29.0
1=	04	Norfolk	Yellow	0.0	1:11.3	1:11.3	29.0
3	03	Hertfordshire	Orange	0.0	1:16.4	1:16.4	26.0
4	05	Suffolk	Maroon	0.0	1:20.4	1:20.4	24.0
5	01	Cambridgeshire	Sky	0.0	1:23.1	1:23.1	22.0

Results Sheet

6 Lap Paarlauf

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Essex	Red	0.0	1:25.9	1:25.9	30.0
2	04	Norfolk	Yellow	0.0	1:28.6	1:28.6	28.0
3	05	Suffolk	Maroon	0.0	1:28.7	1:28.7	26.0
4	03	Hertfordshire	Orange	0.0	1:29.2	1:29.2	24.0
5	01	Cambridgeshire	Sky	0.0	1:29.6	1:29.6	22.0

Results Sheet

4 x 2 Lap Relay

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	0.0	1:51.2	1:51.2	30.0
2	05	Suffolk	Maroon	0.0	1:51.3	1:51.3	28.0
3	02	Essex	Red	0.0	1:53.2	1:53.2	26.0
4	01	Cambridgeshire	Sky	0.0	1:55.0	1:55.0	24.0
5	03	Hertfordshire	Orange	0.0	1:58.0	1:58.0	22.0

Results Sheet

4 x 1 Lap Relay

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	Norfolk	Yellow	0.0	52.9	52.9	30.0
2	02	Essex	Red	0.0	53.0	53.0	28.0
3	05	Suffolk	Maroon	0.0	55.9	55.9	26.0
4	03	Hertfordshire	Orange	0.0	56.2	56.2	24.0
5	01	Cambridgeshire	Sky	0.0	57.0	57.0	22.0

Results Sheet

Balance Test

Competition:
East Region Under 11 Girls

Venue:
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Date
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Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	159	30
2	Hertfordshire	Orange	152	28
3	Suffolk	Maroon	127	26
4	Essex	Red	105	24
5	Cambridgeshire	Sky	71	22

Ranking	Team	Colour	BibNo	Name	Total
1=	Essex	Red	9	Olivia Bilby	60
1=	Hertfordshire	Orange	9	Freya Van Zyl	60
1=	Norfolk	Yellow	6	Eibllin Quinn-Offe	60
1=	Suffolk	Maroon	6	Constance Sibring	60
5	Norfolk	Yellow	10	Edie Saunders	58
6	Hertfordshire	Orange	12	Mia Kmiecik	53
7	Suffolk	Maroon	7	Daisy Hastings	43
8	Norfolk	Yellow	8	Antonia Weston	41
9	Hertfordshire	Orange	1	Aaliyah Gill	39
10	Essex	Red	12	Isla Foley	29
11	Cambridgeshire	Sky	4	Hannah Berrisford	28
12	Suffolk	Maroon	11	Phoebe Pollard	24
13	Cambridgeshire	Sky	14	Lucy Bowstead	22
14	Cambridgeshire	Sky	7	Florence Stevenson	21
15	Essex	Red	11	Leila Nicholls	16

Results Sheet

Chest Push

Competition:
East Region Under 11 Girls

Venue:
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Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	13.25	30
2	Suffolk	Maroon	11.75	28
3	Cambridgeshire	Sky	11.50	26
4	Essex	Red	10.50	24
5	Hertfordshire	Orange	9.50	22

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Yellow	2	Sofia Gilboy	7.25
2	Cambridgeshire	Sky	6	Beatrice Brooks	6.25
3	Essex	Red	4	Sofia Lawrence	6.00
4	Norfolk	Yellow	7	Heather Yellop	6.00
5	Suffolk	Maroon	13	Sofia Sell	6.00
6	Suffolk	Maroon	4	Chidubem Adigwe	5.75
7	Cambridgeshire	Sky	4	Hannah Berrisford	5.25
8	Hertfordshire	Orange	13	Peony Kingshott	5.00
9	Hertfordshire	Orange	10	Hope Lucas	4.50
10	Essex	Red	12	Isla Foley	4.50

Results Sheet

Javelin

Competition:
East Region Under 11 Girls

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Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	32	30
2	Cambridgeshire	Sky	25	28
3	Essex	Red	24	26
4	Suffolk	Maroon	19	24
5	Hertfordshire	Orange	13	22

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Yellow	4	Phoebe Smith	17
2	Norfolk	Yellow	8	Antonia Weston	15
3	Essex	Red	5	Abigail Knight	14
4	Cambridgeshire	Sky	8	Emma Granville	13
5	Cambridgeshire	Sky	10	Arimai Jayne	12
6	Suffolk	Maroon	10	Oliva O'Connell-Lillie	10
7	Essex	Red	2	Felicity Charles	10
8	Suffolk	Maroon	9	Nia Glymin	9
9	Hertfordshire	Orange	6	Courtney Lingerfelder	9
10	Hertfordshire	Orange	2	Ama Gyasi	4

Results Sheet

Speed Bounce

Competition:
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Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	147	30
2	Essex	Red	133	28
3	Cambridgeshire	Sky	126	26
4	Hertfordshire	Orange	121	24
5	Suffolk	Maroon	115	22

Ranking	Team	Colour	BibNo	Name	Total
1	Norfolk	Yellow	3	Flossy Holdsworth	52
2	Norfolk	Yellow	13	Mia Beales	48
3=	Essex	Red	6	Elsie Martin-Bouchareb	47
3=	Norfolk	Yellow	4	Phoebe Smith	47
5	Cambridgeshire	Sky	11	Emila Storta	46
6	Essex	Red	1	Bella Kehoe	45
7	Hertfordshire	Orange	8	Freya Shults	42
8=	Cambridgeshire	Sky	2	Nell Brewer	41
8=	Essex	Red	8	Sofia Lyttle	41
8=	Hertfordshire	Orange	7	Frankie Rayner	41
8=	Suffolk	Maroon	12	Pixi Darlaston	41
12	Cambridgeshire	Sky	13	Willow Copping	39
13	Hertfordshire	Orange	2	Ama Gyasi	38
14=	Suffolk	Maroon	2	Amelie Barker	37
14=	Suffolk	Maroon	14	Sophie Cook	37

Results Sheet

Standing Long Jump

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
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Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	5.91	30
2	Suffolk	Maroon	5.82	28
3	Essex	Red	5.11	26
4	Cambridgeshire	Sky	4.97	24
5	Hertfordshire	Orange	4.96	22

Ranking	Team	Colour	BibNo	Name	Best
1	Norfolk	Yellow	10	Edie Saunders	2.07
2	Norfolk	Yellow	1	Felicia Amadasun	2.07
3	Suffolk	Maroon	9	Nia Glymin	2.00
4	Suffolk	Maroon	5	Cleo Littlechild	1.97
5	Suffolk	Maroon	4	Chidubem Adigwe	1.85
6	Essex	Red	6	Elsie Martin-Bouchareb	1.81
7	Norfolk	Yellow	11	Avah Boothe	1.77
8	Cambridgeshire	Sky	1	Isla May Kenton	1.74
9	Hertfordshire	Orange	9	Freya Van Zyl	1.73
10	Essex	Red	5	Abigail Knight	1.68
11	Hertfordshire	Orange	1	Aaliyah Gill	1.63
12	Cambridgeshire	Sky	14	Lucy Bowstead	1.62
13	Essex	Red	10	Amelia Rose-Mills	1.62
14	Cambridgeshire	Sky	3	Maddie Barnes	1.61
15	Hertfordshire	Orange	11	Isla Griffith	1.60

Results Sheet

Standing Triple Jump

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	16.29	30
2	Suffolk	Maroon	15.87	28
3	Essex	Red	15.68	26
4	Hertfordshire	Orange	13.54	24
5	Cambridgeshire	Sky	13.50	22

Ranking	Team	Colour	BibNo	Name	Best
1	Suffolk	Maroon	13	Sofia Sell	5.91
2	Essex	Red	7	Sadie Davis	5.91
3	Norfolk	Yellow	5	Eleanor Crane	5.46
4	Norfolk	Yellow	9	Marlie Janes	5.45
5	Norfolk	Yellow	2	Sofia Gilboy	5.38
6	Essex	Red	3	Kylie Kayembe	5.10
7	Suffolk	Maroon	10	Oliva O'Connell-Lillie	5.07
8	Cambridgeshire	Sky	8	Emma Granville	4.96
9	Cambridgeshire	Sky	12	Genevieve Webster	4.90
10	Suffolk	Maroon	2	Amelie Barker	4.89
11	Hertfordshire	Orange	4	Amelia Buckling-Wade	4.78
12	Essex	Red	9	Olivia Bilby	4.67
13	Hertfordshire	Orange	3	Amber Bryce	4.56
14	Hertfordshire	Orange	7	Frankie Rayner	4.20
15	Cambridgeshire	Sky	2	Nell Brewer	3.64

Results Sheet

Target Throw

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Team	Colour	Total	Points
1	Norfolk	Yellow	19	30
2=	Cambridgeshire	Sky	18	27
2=	Suffolk	Maroon	18	27
4	Hertfordshire	Orange	16	24
5	Essex	Red	14	22

Ranking	Team	Colour	BibNo	Name	Total
1=	Cambridgeshire	Sky	1	Isla May Kenton	10
1=	Hertfordshire	Orange	5	Becky Maiden	10
1=	Norfolk	Yellow	5	Eleanor Crane	10
4=	Essex	Red	10	Amelia Rose-Mills	9
4=	Norfolk	Yellow	9	Marlie Janes	9
4=	Suffolk	Maroon	8	Maya Vihm	9
4=	Suffolk	Maroon	11	Phoebe Pollard	9
8	Cambridgeshire	Sky	13	Willow Copping	8
9	Hertfordshire	Orange	11	Isla Griffith	6
10	Essex	Red	1	Bella Kehoe	5

Results Sheet

Vertical Jump

Competition:
East Region Under 11 Girls

Venue:
UAE SportsPark, Norwich

Date
1 Feb 2025

Ranking	Team	Colour	Total	Points
1	Essex	Red	123	30
2	Norfolk	Yellow	115	28
3	Hertfordshire	Orange	111	26
4	Suffolk	Maroon	108	24
5	Cambridgeshire	Sky	99	22

Ranking	Team	Colour	BibNo	Name	Best
1	Essex	Red	8	Sofia Lyttle	50
2	Suffolk	Maroon	3	Arabella Waddle	45
3	Norfolk	Yellow	12	Kayla Osifo-Doe	44
4	Essex	Red	2	Felicity Charles	38
5	Hertfordshire	Orange	13	Peony Kingshott	38
6	Hertfordshire	Orange	12	Mia Kmiecik	38
7	Norfolk	Yellow	13	Mia Beales	37
8	Hertfordshire	Orange	10	Hope Lucas	35
9	Essex	Red	11	Leila Nicholls	35
10	Cambridgeshire	Sky	6	Beatrice Brooks	35
11	Suffolk	Maroon	7	Daisy Hastings	34
12	Norfolk	Yellow	6	Eibllin Quinn-Offe	34
13	Cambridgeshire	Sky	5	Chelsea Ann De Guzman	32
14	Cambridgeshire	Sky	7	Florence Stevenson	32
15	Suffolk	Maroon	8	Maya Vihm	29

Hi - Stepper - Girls

Team Colour	Name	Trial		Adjusted Time	Team Total	Position	Points
		Time Taken	Faults				
Cambridgeshire	Maddie	15.4		15.4	47.0	3	26
	Genevive	15.7		15.7			
	Chelsea	15.9		15.9			
Essex	Sofia	14.1		14.1	42.6	1	30
	Kylie	13.8		13.8			
	Sadie	14.5	1	14.7			
Hertfordshire	Amber	16.7		16.7	48.9	5	22
	Amelia	15.7		15.7			
	Courtney	16.3	1	16.5			
Norfolk	Heather	15.2		15.2	45.8	2	28
	Avah	16.1		16.1			
	Felicia	14.5		14.5			
Suffolk	Arabella	16.8		16.8	47.2	4	24
	Cleo	14.2		14.2			
	Maya	16.2		16.2			