

# Competition Results

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Leicestershire & Rutland	Black	644	70	70	40	70	58	52	54	36	48	54	48	44
2	Lincolnshire	Green & White	593	60	50	60	50	42	56	54	50	37	40	42	52
3	Derbyshire	White	568	40	60	70	40	38	36	36	58	42	50	52	46
4	Nottinghamshire	Green	503	50	40	30	60	46	36	34	38	47	38	42	42
5	Northamptonshire	Red	220	0	0	50	0	26	30	32	28	24	16	0	14

# Team Results

# Derbyshire (white)

## Competition:

East Midlands Region 2025 Under 13 Boys

## Venue:

Grantham Meres Leisure Centre

## Date

1 Mar 2025

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Leicestershire & Rutland	Black	644	70	70	40	70	58	52	54	36	48	54	48	44
2	Lincolnshire	Green & White	593	60	50	60	50	42	56	54	50	37	40	42	52
3	Derbyshire	White	568	40	60	70	40	38	36	36	58	42	50	52	46
4	Nottinghamshire	Green	503	50	40	30	60	46	36	34	38	47	38	42	42
5	Northamptonshire	Red	220	0	0	50	0	26	30	32	28	24	16	0	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
1	Benjamin Barfoot	2LR	24.6	0.0			24.6	6	20
1	Benjamin Barfoot	VJ	40	45	43	40	45	6	20
2	Tobi Duke	2LR	24.8	0.0			24.8	7	18
2	Tobi Duke	SB	78				78	2	28
3	Isaac Smith	STJ	6.06	6.21	6.42	6.34	6.42	2	28
4	Gilbert Swain-Fossey	6LR	1:30.5				1:30.5	6	20
4	Gilbert Swain-Fossey	VJ	47	43	46	46	47	3	26
5	Rafferty Johnson	4LR	57.4	0.0			57.4	8	16
5	Rafferty Johnson	SLJ	1.96	1.92	2.02	1.96	2.02	2	28
6	Charlie Hanshaw	STJ	5.78	5.89	5.98	5.84	5.98	4	24
7	Henry Wright	4LR	55.9	0.0			55.9	6	20
7	Henry Wright	SLJ	1.84	1.84	1.68	1.56	1.84	5	22
9	Oscar Melen	S	8.68	8.72	9.23	8.51	9.23	1	30
10	Marcus Parsons-Loades	S	9.03	9.01	8.78	8.85	9.03	2	28
11	Philip Grzelak	6LR	1:35.1				1:35.1	8	16
11	Philip Grzelak	SB	68				68	9	14

# Team Results

# Leicestershire & Rutland (black)

## Competition:

East Midlands Region 2025 Under 13 Boys

## Venue:

Grantham Meres Leisure Centre

## Date

1 Mar 2025

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Leicestershire & Rutland	Black	644	70	70	40	70	58	52	54	36	48	54	48	44
2	Lincolnshire	Green & White	593	60	50	60	50	42	56	54	50	37	40	42	52
3	Derbyshire	White	568	40	60	70	40	38	36	36	58	42	50	52	46
4	Nottinghamshire	Green	503	50	40	30	60	46	36	34	38	47	38	42	42
5	Northamptonshire	Red	220	0	0	50	0	26	30	32	28	24	16	0	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Simi Idowu	2LR	24.2	23.9			23.9	2	28
13	Simi Idowu	VJ	49	53	52	52	53	2	28
14	Riley Gleeson	6LR	1:26.0				1:26.0	2	28
14	Riley Gleeson	S	5.28	5.46	5.41	4.87	5.46	9	14
15	Douglas Forsyth	VJ	36	36	37	39	39	8	16
16	Rylee Straw	STJ	5.84	5.74	5.66	5.58	5.84	7	18
18	Riley Swift	4LR	53.7	53.5			53.5	4	24
18	Riley Swift	SLJ	1.94	1.96	1.94	1.84	1.96	4	24
19	Leo Zebrowski	4LR	50.7	50.1			50.1	2	28
19	Leo Zebrowski	S	0.00	7.08	7.27	7.43	7.43	5	22
20	Zach Wood	2LR	23.9	23.6			23.6	1	30
20	Zach Wood	SB	73				73	5	22
21	Aiden Bishop	SB	77				77	3	26
22	George Garner	STJ	6.38	6.36	6.28	6.52	6.52	1	30
23	Stan Cawson	SLJ	1.98	2.00	2.04	2.04	2.04	1	30
24	Logan Jones	6LR	1:27.0				1:27.0	3	26

# Team Results

# Lincolnshire (green & white)

## Competition:

East Midlands Region 2025 Under 13 Boys

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Grantham Meres Leisure Centre

## Date

1 Mar 2025

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Leicestershire & Rutland	Black	644	70	70	40	70	58	52	54	36	48	54	48	44
2	Lincolnshire	Green & White	593	60	50	60	50	42	56	54	50	37	40	42	52
3	Derbyshire	White	568	40	60	70	40	38	36	36	58	42	50	52	46
4	Nottinghamshire	Green	503	50	40	30	60	46	36	34	38	47	38	42	42
5	Northamptonshire	Red	220	0	0	50	0	26	30	32	28	24	16	0	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Jaxon Sang	2LR	25.8	0.0			25.8	8	16
25	Jaxon Sang	SB	72				72	6	20
26	Jenson Middleton	VJ	44	45	46	43	46	5	22
27	Zackary Pearson	2LR	24.4	24.0			24.0	3	26
27	Zackary Pearson	VJ	54	51	50	50	54	1	30
28	Jack Moore	4LR	51.9	50.9			50.9	3	26
28	Jack Moore	S	6.77	7.21	7.63	7.76	7.76	4	24
29	Owen Treharne	6LR	1:28.6				1:28.6	4	24
29	Owen Treharne	SLJ	1.62	1.58	1.60	1.64	1.64	9	14
30	Harry Wood	4LR	50.1	49.9			49.9	1	30
30	Harry Wood	S	8.90	8.83	8.50	8.97	8.97	3	26
31	Charlie Thomas	SLJ	0.00	1.88	1.80	2.00	2.00	3	26
33	Alexander Hodgkinson	6LR	1:23.9				1:23.9	1	30
33	Alexander Hodgkinson	STJ	0.00	6.00	5.50	0.00	6.00	3	26
34	Filip Pazdro	SB	71				71	7=	17
35	Abdulmuhmim Alapotshile	STJ	0.00	4.80	4.40	4.64	4.80	8	16

# Team Results

# Northamptonshire (red)

## Competition:

East Midlands Region 2025 Under 13 Boys

## Venue:

Grantham Meres Leisure Centre

## Date

1 Mar 2025

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Leicestershire & Rutland	Black	644	70	70	40	70	58	52	54	36	48	54	48	44
2	Lincolnshire	Green & White	593	60	50	60	50	42	56	54	50	37	40	42	52
3	Derbyshire	White	568	40	60	70	40	38	36	36	58	42	50	52	46
4	Nottinghamshire	Green	503	50	40	30	60	46	36	34	38	47	38	42	42
5	Northamptonshire	Red	220	0	0	50	0	26	30	32	28	24	16	0	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
38	Oliver Colwell	2LR	30.3	0.0			30.3	10	12
38	Oliver Colwell	S	5.35	4.86	5.01	5.17	5.35	10	12
40	Marley Mazgaj	4LR	57.2	0.0			57.2	7	18
40	Marley Mazgaj	S	6.03	5.89	5.73	5.71	6.03	8	16
41	Rowan Mazgaj	6LR	1:38.8				1:38.8	9	14
41	Rowan Mazgaj	VJ	36	36	34	31	36	9	14
42	Leo Melzynski	2LR	26.7	0.0			26.7	9	14
42	Leo Melzynski	4LR	58.5	0.0			58.5	10	12
42	Leo Melzynski	SLJ	1.58	1.54	1.64	1.68	1.68	8	16
43	Ian Voytusv	6LR	1:33.4				1:33.4	7	18
43	Ian Voytusv	SB	76				76	4	24

# Team Results

# Nottinghamshire (green)

## Competition:

East Midlands Region 2025 Under 13 Boys

## Venue:

Grantham Meres Leisure Centre

## Date

1 Mar 2025

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Leicestershire & Rutland	Black	644	70	70	40	70	58	52	54	36	48	54	48	44
2	Lincolnshire	Green & White	593	60	50	60	50	42	56	54	50	37	40	42	52
3	Derbyshire	White	568	40	60	70	40	38	36	36	58	42	50	52	46
4	Nottinghamshire	Green	503	50	40	30	60	46	36	34	38	47	38	42	42
5	Northamptonshire	Red	220	0	0	50	0	26	30	32	28	24	16	0	14

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Samuel Russell	2LR	24.4	24.4			24.4	5	22
49	Samuel Russell	S	5.62	6.06	6.25	6.26	6.26	7	18
50	Theo Lebeter	2LR	24.3	24.3			24.3	4	24
50	Theo Lebeter	VJ	46	44	44	45	46	4	24
51	Jason Unaigwe	4LR	54.8	54.2			54.2	5	22
51	Jason Unaigwe	STJ	5.48	5.84	5.86	5.92	5.92	5	22
52	Henry Marks	4LR	57.8	0.0			57.8	9	14
52	Henry Marks	SB	71				71	7=	17
53	Isaac Beresford	6LR	1:29.7				1:29.7	5	22
53	Isaac Beresford	SLJ	1.68	1.68	1.72	0.00	1.72	7	18
54	Heath Thomas	6LR	1:45.5				1:45.5	10	12
54	Heath Thomas	VJ	43	44	44	42	44	7	18
55	Nathan Twiner	SB	80				80	1	30
56	Henry Pugh	STJ	5.60	5.46	5.74	5.88	5.88	6	20
57	Sam Morris	SLJ	1.84	0.00	1.74	1.76	1.84	6	20
58	Jax Thomas	S	5.79	6.88	7.16	6.79	7.16	6	20

# Results Sheet

# Obstacle Relay

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Leicestershire & Rutland	Black	1:17.0	0.0	1:17.0	70.0
2	03	Lincolnshire	Green & White	1:19.0	0.0	1:19.0	60.0
3	05	Nottinghamshire	Green	1:19.8	0.0	1:19.8	50.0
4	01	Derbyshire	White	1:20.3	0.0	1:20.3	40.0

# Results Sheet

# 4 x 1 Lap Relay

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Leicestershire & Rutland	Black	48.1	0.0	48.1	70.0
2	01	Derbyshire	White	50.4	0.0	50.4	60.0
3	03	Lincolnshire	Green & White	50.7	0.0	50.7	50.0
4	05	Nottinghamshire	Green	51.1	0.0	51.1	40.0



# Results Sheet

# 2 Lap Race

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Team	Colour	Points
1	Leicestershire & Rutland	Black	58
2	Nottinghamshire	Green	46
3	Lincolnshire	Green & White	42
4	Derbyshire	White	38
5	Northamptonshire	Red	26

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Leicestershire & Rutland	Black	20	Zach Wood	23.6	30
2	Leicestershire & Rutland	Black	13	Simi Idowu	23.9	28
3	Lincolnshire	Green & White	27	Zackary Pearson	24.0	26
4	Nottinghamshire	Green	50	Theo Lebeter	24.3	24
5	Nottinghamshire	Green	49	Samuel Russell	24.4	22
6	Derbyshire	White	1	Benjamin Barfoot	24.6	20
7	Derbyshire	White	2	Tobi Duke	24.8	18
8	Lincolnshire	Green & White	25	Jaxon Sang	25.8	16
9	Northamptonshire	Red	42	Leo Melzynski	26.7	14
10	Northamptonshire	Red	38	Oliver Colwell	30.3	12

# Results Sheet

# 4 Lap Race

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Team	Colour	Points
1	Lincolnshire	Green & White	56
2	Leicestershire & Rutland	Black	52
3=	Derbyshire	White	36
3=	Nottinghamshire	Green	36
5	Northamptonshire	Red	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Lincolnshire	Green & White	30	Harry Wood	49.9	30
2	Leicestershire & Rutland	Black	19	Leo Zebrowski	50.1	28
3	Lincolnshire	Green & White	28	Jack Moore	50.9	26
4	Leicestershire & Rutland	Black	18	Riley Swift	53.5	24
5	Nottinghamshire	Green	51	Jason Unaiigwe	54.2	22
6	Derbyshire	White	7	Henry Wright	55.9	20
7	Northamptonshire	Red	40	Marley Mazgaj	57.2	18
8	Derbyshire	White	5	Rafferty Johnson	57.4	16
9	Nottinghamshire	Green	52	Henry Marks	57.8	14
10	Northamptonshire	Red	42	Leo Melzynski	58.5	12

# Results Sheet

# 6 Lap Time Trial

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Team	Colour	Points
1=	Leicestershire & Rutland	Black	54
1=	Lincolnshire	Green & White	54
3	Derbyshire	White	36
4	Nottinghamshire	Green	34
5	Northamptonshire	Red	32

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Lincolnshire	Green & White	33	Alexander Hodgkinson	1:23.9	30
2	Leicestershire & Rutland	Black	14	Riley Gleeson	1:26.0	28
3	Leicestershire & Rutland	Black	24	Logan Jones	1:27.0	26
4	Lincolnshire	Green & White	29	Owen Treharne	1:28.6	24
5	Nottinghamshire	Green	53	Isaac Beresford	1:29.7	22
6	Derbyshire	White	4	Gilbert Swain-Fossey	1:30.5	20
7	Northamptonshire	Red	43	Ian Voytusv	1:33.4	18
8	Derbyshire	White	11	Philip Grzelak	1:35.1	16
9	Northamptonshire	Red	41	Rowan Mazgaj	1:38.8	14
10	Nottinghamshire	Green	54	Heath Thomas	1:45.5	12

# Results Sheet

# 8 Lap Paarlauf

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	01	Derbyshire	White	1:44.4	0.0	1:44.4	70.0
2	03	Lincolnshire	Green & White	1:45.0	0.0	1:45.0	60.0
3	04	Northamptonshire	Red	1:46.1	0.0	1:46.1	50.0
4	02	Leicestershire & Rutland	Black	1:46.5	0.0	1:46.5	40.0
5	05	Nottinghamshire	Green	1:47.3	0.0	1:47.3	30.0

# Results Sheet

# 4 x 2 Lap Relay

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Leicestershire & Rutland	Black	1:38.2	0.0	1:38.2	70.0
2	05	Nottinghamshire	Green	1:40.9	0.0	1:40.9	60.0
3	03	Lincolnshire	Green & White	1:41.3	0.0	1:41.3	50.0
4	01	Derbyshire	White	1:41.6	0.0	1:41.6	40.0

# Results Sheet

# Shot

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Team	Colour	Points
1	Derbyshire	White	58
2	Lincolnshire	Green & White	50
3	Nottinghamshire	Green	38
4	Leicestershire & Rutland	Black	36
5	Northamptonshire	Red	28

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Derbyshire	White	9	Oscar Melen	9.23	30
2	Derbyshire	White	10	Marcus Parsons-Loades	9.03	28
3	Lincolnshire	Green & White	30	Harry Wood	8.97	26
4	Lincolnshire	Green & White	28	Jack Moore	7.76	24
5	Leicestershire & Rutland	Black	19	Leo Zebrowski	7.43	22
6	Nottinghamshire	Green	58	Jax Thomas	7.16	20
7	Nottinghamshire	Green	49	Samuel Russell	6.26	18
8	Northamptonshire	Red	40	Marley Mazgaj	6.03	16
9	Leicestershire & Rutland	Black	14	Riley Gleeson	5.46	14
10	Northamptonshire	Red	38	Oliver Colwell	5.35	12

# Results Sheet

# Speed Bounce

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Team	Colour	Points
1	Leicestershire & Rutland	Black	48
2	Nottinghamshire	Green	47
3	Derbyshire	White	42
4	Lincolnshire	Green & White	37
5	Northamptonshire	Red	24

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Nottinghamshire	Green	55	Nathan Twiner	80	30
2	Derbyshire	White	2	Tobi Duke	78	28
3	Leicestershire & Rutland	Black	21	Aiden Bishop	77	26
4	Northamptonshire	Red	43	Ian Voytusv	76	24
5	Leicestershire & Rutland	Black	20	Zach Wood	73	22
6	Lincolnshire	Green & White	25	Jaxon Sang	72	20
7=	Lincolnshire	Green & White	34	Fliip Pazdro	71	17
7=	Nottinghamshire	Green	52	Henry Marks	71	17
9	Derbyshire	White	11	Philip Grzelak	68	14

# Results Sheet

# Standing Long Jump

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Team	Colour	Points
1	Leicestershire & Rutland	Black	54
2	Derbyshire	White	50
3	Lincolnshire	Green & White	40
4	Nottinghamshire	Green	38
5	Northamptonshire	Red	16

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Leicestershire & Rutland	Black	23	Stan Cawson	2.04	30
2	Derbyshire	White	5	Rafferty Johnson	2.02	28
3	Lincolnshire	Green & White	31	Charlie Thomas	2.00	26
4	Leicestershire & Rutland	Black	18	Riley Swift	1.96	24
5	Derbyshire	White	7	Henry Wright	1.84	22
6	Nottinghamshire	Green	57	Sam Morris	1.84	20
7	Nottinghamshire	Green	53	Isaac Beresford	1.72	18
8	Northamptonshire	Red	42	Leo Melzynski	1.68	16
9	Lincolnshire	Green & White	29	Owen Treharne	1.64	14



# Results Sheet

# Standing Triple Jump

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Team	Colour	Points
	Northamptonshire	Red	0
1	Derbyshire	White	52
2	Leicestershire & Rutland	Black	48
3=	Lincolnshire	Green & White	42
3=	Nottinghamshire	Green	42

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Leicestershire & Rutland	Black	22	George Garner	6.52	30
2	Derbyshire	White	3	Isaac Smith	6.42	28
3	Lincolnshire	Green & White	33	Alexander Hodgkinson	6.00	26
4	Derbyshire	White	6	Charlie Hanshaw	5.98	24
5	Nottinghamshire	Green	51	Jason Unaiigwe	5.92	22
6	Nottinghamshire	Green	56	Henry Pugh	5.88	20
7	Leicestershire & Rutland	Black	16	Rylee Straw	5.84	18
8	Lincolnshire	Green & White	35	Abdulmuhmim Alapotshile	4.80	16

# Results Sheet

# Vertical Jump

**Competition:**  
East Midlands Region 2025 Under 13 Boys

**Venue:**  
Grantham Meres Leisure Centre

**Date**  
1 Mar 2025

Ranking	Team	Colour	Points
1	Lincolnshire	Green & White	52
2	Derbyshire	White	46
3	Leicestershire & Rutland	Black	44
4	Nottinghamshire	Green	42
5	Northamptonshire	Red	14

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Lincolnshire	Green & White	27	Zackary Pearson	54	30
2	Leicestershire & Rutland	Black	13	Simi Idowu	53	28
3	Derbyshire	White	4	Gilbert Swain-Fossey	47	26
4	Nottinghamshire	Green	50	Theo Lebeter	46	24
5	Lincolnshire	Green & White	26	Jenson Middleton	46	22
6	Derbyshire	White	1	Benjamin Barfoot	45	20
7	Nottinghamshire	Green	54	Heath Thomas	44	18
8	Leicestershire & Rutland	Black	15	Douglas Forsyth	39	16
9	Northamptonshire	Red	41	Rowan Mazgaj	36	14