

Competition Results

Competition:
Welsh Final 2025 Under 13 Boys

Venue:
Llantrisant Leisure Centre

Date
9 Mar 2025

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Cardiff and The Vale	Maroon	598	50	50	40	70	56	40	42	50	40	58	50	52
2	North West Wales	Sky	596	70	60	60	50	34	44	58	38	50	42	42	48
3	Powys	Red/White	546	40	40	50	60	42	58	24	50	30	50	58	44
4	Dyfed	Navy	498	60	70	70	40	52	42	26	30	48	18	18	24

Team Results

Cardiff and The Vale (maroon)

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Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Cardiff and The Vale	Maroon	598	50	50	40	70	56	40	42	50	40	58	50	52
2	North West Wales	Sky	596	70	60	60	50	34	44	58	38	50	42	42	48
3	Powys	Red/White	546	40	40	50	60	42	58	24	50	30	50	58	44
4	Dyfed	Navy	498	60	70	70	40	52	42	26	30	48	18	18	24

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
13	Gwri Awoyemi	2LR	22.3	21.6			21.6	1	30
13	Gwri Awoyemi	SLJ	2.13	2.17	2.28	2.26	2.28	2	28
14	Dylan Homes	2LR	21.8	22.5			22.5	3	26
14	Dylan Homes	SLJ	2.38	1.94	2.21	2.17	2.38	1	30
15	Sam Fordham	4LR	49.6	49.5			49.5	4	24
15	Sam Fordham	STJ	5.94	6.02	6.48	5.98	6.48	4	24
16	Harry Davies	4LR	51.6	0.0			51.6	8	16
16	Harry Davies	S	8.69	8.59	8.28	8.56	8.69	4	24
17	Luke Brown	6LR	1:21.0				1:21.0	5=	21
18	George Garner	6LR	1:21.0				1:21.0	5=	21
19	Steffan Phillips	VJ	55	57	59	59	59	1	30
20	Rhys McCarthy	VJ	53	52	50	53	53	5	22
21	James Paul	SB	57				57	7	18
22	Charlie Bailey	S	8.17	7.94	8.78	8.13	8.78	3	26
23	Elis Evans	STJ	6.40	6.56	5.88	6.10	6.56	3	26
24	Farley Prichard	SB	62				62	5	22

Team Results

Dyfed (navy)

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1	Cardiff and The Vale	Maroon	598	50	50	40	70	56	40	42	50	40	58	50	52
2	North West Wales	Sky	596	70	60	60	50	34	44	58	38	50	42	42	48
3	Powys	Red/White	546	40	40	50	60	42	58	24	50	30	50	58	44
4	Dyfed	Navy	498	60	70	70	40	52	42	26	30	48	18	18	24

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
25	Carter Griffiths	2LR	21.8	21.7			21.7	2	28
25	Carter Griffiths	SLJ	1.81	1.71	1.74	1.72	1.81	7	18
27	Max Sprusunkski	S	9.87	9.44	8.81	8.69	9.87	1	30
28	Oliver Horn	2LR	23.1	22.7			22.7	4	24
28	Oliver Horn	SB	71				71	2	28
29	Sean Fernandez	4LR	50.1	50.1			50.1	5	22
29	Sean Fernandez	VJ	56	55	56	53	56	4	24
30	Bentley Thomas	4LR	50.6	0.0			50.6	6	20
32	Oliver Stephenson	6LR	1:19.2				1:19.2	3	26
32	Oliver Stephenson	SB	58				58	6	20
36	Steffan Gardener	STJ	5.30	5.46	5.54	5.62	5.62	7	18

Team Results

North West Wales (sky)

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1	Cardiff and The Vale	Maroon	598	50	50	40	70	56	40	42	50	40	58	50	52
2	North West Wales	Sky	596	70	60	60	50	34	44	58	38	50	42	42	48
3	Powys	Red/White	546	40	40	50	60	42	58	24	50	30	50	58	44
4	Dyfed	Navy	498	60	70	70	40	52	42	26	30	48	18	18	24

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
37	Jake Jones	VJ	57	54	58	56	58	2	28
38	Dion Black	STJ	5.82	5.86	0.00	5.64	5.86	6	20
39	Osian Jones	4LR	51.5	0.0			51.5	7	18
39	Osian Jones	S	7.45	6.19	0.00	6.61	7.45	7	18
40	Morgan John Edwards	SB	68				68	3	26
41	Osian Biddle	6LR	1:18.0				1:18.0	1	30
42	Iwan Fitzgerald	6LR	1:19.1				1:19.1	2	28
42	Iwan Fitzgerald	SLJ	1.80	1.75	1.90	1.90	1.90	6	20
43	Sam Lindenbown	STJ	5.70	5.96	5.92	5.94	5.96	5	22
44	Charlie Hennesey	2LR	25.1	0.0			25.1	7	18
45	Efan Hughes	VJ	47	47	45	46	47	6	20
46	Ioan Williams	2LR	25.5	0.0			25.5	8	16
46	Ioan Williams	SB	65				65	4	24
47	Flynn Cole	S	7.29	8.37	7.14	8.13	8.37	6	20
48	Ifan Jones	4LR	49.2	49.0			49.0	3	26
48	Ifan Jones	SLJ	1.82	1.80	1.81	1.93	1.93	5	22

Team Results

Powys (red/white)

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9 Mar 2025

Ranking	Team	Colour	Score	OR	4x1	P8	4x2	2LR	4LR	6LR	S	SB	SLJ	STJ	VJ
1	Cardiff and The Vale	Maroon	598	50	50	40	70	56	40	42	50	40	58	50	52
2	North West Wales	Sky	596	70	60	60	50	34	44	58	38	50	42	42	48
3	Powys	Red/White	546	40	40	50	60	42	58	24	50	30	50	58	44
4	Dyfed	Navy	498	60	70	70	40	52	42	26	30	48	18	18	24

Comp No	Name	Event	Perf1	Perf2	Perf3	Perf4	Best	Ranking	Points
49	Ethan Ashley	2LR	23.1	23.0			23.0	5	22
49	Ethan Ashley	STJ	6.38	6.58	6.46	0.00	6.58	2	28
50	Charlie Hardman	2LR	23.7	0.0			23.7	6	20
50	Charlie Hardman	STJ	0.00	6.36	6.80	6.98	6.98	1	30
52	Connor Jones	4LR	48.5	48.1			48.1	2	28
52	Connor Jones	SLJ	2.10	2.08	2.01	2.12	2.12	3	26
53	Charlie Lewis	6LR	1:20.0				1:20.0	4	24
53	Charlie Lewis	SB	72				72	1	30
54	James Pengelly-Leach	4LR	48.0	47.1			47.1	1	30
54	James Pengelly-Leach	SLJ	2.11	0.21	1.95	1.94	2.11	4	24
55	Kai Paget	S	0.00	9.18	9.12	9.09	9.18	2	28
56	Llion Hughes	S	7.39	8.42	7.77	7.93	8.42	5	22
58	Able Binoy	VJ	54	56	54	57	57	3	26
59	Jack Jones	VJ	22	22	22	24	24	7	18

Results Sheet

Obstacle Relay

Competition:
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Date
9 Mar 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	04	North West Wales	Sky	1:18.4	0.0	1:18.4	70.0
2	03	Dyfed	Navy	1:20.1	0.0	1:20.1	60.0
3	02	Cardiff and The Vale	Maroon	1:23.7	0.0	1:23.7	50.0
4	05	Powys	Red/White	1:25.0	0.0	1:25.0	40.0

Results Sheet

4 x 1 Lap Relay

Competition:
Welsh Final 2025 Under 13 Boys

Venue:
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Date
9 Mar 2025

Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Dyfed	Navy	46.8	0.0	46.8	70.0
2	04	North West Wales	Sky	47.7	0.0	47.7	60.0
3	02	Cardiff and The Vale	Maroon	48.0	0.0	48.0	50.0
4	05	Powys	Red/White	54.2	0.0	54.2	40.0

Results Sheet

2 Lap Race

Competition:
Welsh Final 2025 Under 13 Boys

Venue:
Llantrisant Leisure Centre

Date
9 Mar 2025

Ranking	Team	Colour	Points
1	Cardiff and The Vale	Maroon	56
2	Dyfed	Navy	52
3	Powys	Red/White	42
4	North West Wales	Sky	34

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff and The Vale	Maroon	13	Gwri Awoyemi	21.6	30
2	Dyfed	Navy	25	Carter Griffiths	21.7	28
3	Cardiff and The Vale	Maroon	14	Dylan Homes	22.5	26
4	Dyfed	Navy	28	Oliver Horn	22.7	24
5	Powys	Red/White	49	Ethan Ashley	23.0	22
6	Powys	Red/White	50	Charlie Hardman	23.7	20
7	North West Wales	Sky	44	Charlie Hennesey	25.1	18
8	North West Wales	Sky	46	Ioan Williams	25.5	16

Results Sheet

4 Lap Race

Competition:
Welsh Final 2025 Under 13 Boys

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Llantrisant Leisure Centre

Date
9 Mar 2025

Ranking	Team	Colour	Points
1	Powys	Red/White	58
2	North West Wales	Sky	44
3	Dyfed	Navy	42
4	Cardiff and The Vale	Maroon	40

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	Red/White	54	James Pengelly-Leach	47.1	30
2	Powys	Red/White	52	Connor Jones	48.1	28
3	North West Wales	Sky	48	Ifan Jones	49.0	26
4	Cardiff and The Vale	Maroon	15	Sam Fordham	49.5	24
5	Dyfed	Navy	29	Sean Fernandez	50.1	22
6	Dyfed	Navy	30	Bentley Thomas	50.6	20
7	North West Wales	Sky	39	Osian Jones	51.5	18
8	Cardiff and The Vale	Maroon	16	Harry Davies	51.6	16

Results Sheet

6 Lap Time Trial

Competition:
Welsh Final 2025 Under 13 Boys

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Date
9 Mar 2025

Ranking	Team	Colour	Points
1	North West Wales	Sky	58
2	Cardiff and The Vale	Maroon	42
3	Dyfed	Navy	26
4	Powys	Red/White	24

Ranking	Team	Colour	BibNo	Name	Best	Points
1	North West Wales	Sky	41	Osian Biddle	1:18.0	30
2	North West Wales	Sky	42	Iwan Fitzgerald	1:19.1	28
3	Dyfed	Navy	32	Oliver Stephenson	1:19.2	26
4	Powys	Red/White	53	Charlie Lewis	1:20.0	24
5=	Cardiff and The Vale	Maroon	17	Luke Brown	1:21.0	21
5=	Cardiff and The Vale	Maroon	18	George Garner	1:21.0	21

Results Sheet

8 Lap Paarlauf

Competition:
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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	03	Dyfed	Navy	1:39.6	0.0	1:39.6	70.0
2	04	North West Wales	Sky	1:40.7	0.0	1:40.7	60.0
3	05	Powys	Red/White	1:42.3	0.0	1:42.3	50.0
4	02	Cardiff and The Vale	Maroon	1:47.1	0.0	1:47.1	40.0

Results Sheet

4 x 2 Lap Relay

Competition:
Welsh Final 2025 Under 13 Boys

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Ranking	Code	Team	Colour	Heat	Final	Performance	Points
1	02	Cardiff and The Vale	Maroon	1:31.9	0.0	1:31.9	70.0
2	05	Powys	Red/White	1:32.1	0.0	1:32.1	60.0
3	04	North West Wales	Sky	1:32.2	0.0	1:32.2	50.0
4	03	Dyfed	Navy	1:32.5	0.0	1:32.5	40.0

Results Sheet

Shot

Competition:
Welsh Final 2025 Under 13 Boys

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9 Mar 2025

Ranking	Team	Colour	Points
1=	Cardiff and The Vale	Maroon	50
1=	Powys	Red/White	50
3	North West Wales	Sky	38
4	Dyfed	Navy	30

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Dyfed	Navy	27	Max Sprusunkski	9.87	30
2	Powys	Red/White	55	Kai Paget	9.18	28
3	Cardiff and The Vale	Maroon	22	Charlie Bailey	8.78	26
4	Cardiff and The Vale	Maroon	16	Harry Davies	8.69	24
5	Powys	Red/White	56	Llion Hughes	8.42	22
6	North West Wales	Sky	47	Flynn Cole	8.37	20
7	North West Wales	Sky	39	Osian Jones	7.45	18

Results Sheet

Speed Bounce

Competition:
Welsh Final 2025 Under 13 Boys

Venue:
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Ranking	Team	Colour	Points
1	North West Wales	Sky	50
2	Dyfed	Navy	48
3	Cardiff and The Vale	Maroon	40
4	Powys	Red/White	30

Ranking	Team	Colour	BibNo	Name	Total	Points
1	Powys	Red/White	53	Charlie Lewis	72	30
2	Dyfed	Navy	28	Oliver Horn	71	28
3	North West Wales	Sky	40	Morgan John Edwards	68	26
4	North West Wales	Sky	46	Ioan Williams	65	24
5	Cardiff and The Vale	Maroon	24	Farley Prichard	62	22
6	Dyfed	Navy	32	Oliver Stephenson	58	20
7	Cardiff and The Vale	Maroon	21	James Paul	57	18

Results Sheet

Standing Long Jump

Competition:
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Date
9 Mar 2025

Ranking	Team	Colour	Points
1	Cardiff and The Vale	Maroon	58
2	Powys	Red/White	50
3	North West Wales	Sky	42
4	Dyfed	Navy	18

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff and The Vale	Maroon	14	Dylan Homes	2.38	30
2	Cardiff and The Vale	Maroon	13	Gwri Awoyemi	2.28	28
3	Powys	Red/White	52	Connor Jones	2.12	26
4	Powys	Red/White	54	James Pengelly-Leach	2.11	24
5	North West Wales	Sky	48	Ifan Jones	1.93	22
6	North West Wales	Sky	42	Iwan Fitzgerald	1.90	20
7	Dyfed	Navy	25	Carter Griffiths	1.81	18

Results Sheet

Standing Triple Jump

Competition:
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Date
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Ranking	Team	Colour	Points
1	Powys	Red/White	58
2	Cardiff and The Vale	Maroon	50
3	North West Wales	Sky	42
4	Dyfed	Navy	18

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Powys	Red/White	50	Charlie Hardman	6.98	30
2	Powys	Red/White	49	Ethan Ashley	6.58	28
3	Cardiff and The Vale	Maroon	23	Elis Evans	6.56	26
4	Cardiff and The Vale	Maroon	15	Sam Fordham	6.48	24
5	North West Wales	Sky	43	Sam Lindenbown	5.96	22
6	North West Wales	Sky	38	Dion Black	5.86	20
7	Dyfed	Navy	36	Steffan Gardener	5.62	18

Results Sheet

Vertical Jump

Competition:
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Venue:
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Date
9 Mar 2025

Ranking	Team	Colour	Points
1	Cardiff and The Vale	Maroon	52
2	North West Wales	Sky	48
3	Powys	Red/White	44
4	Dyfed	Navy	24

Ranking	Team	Colour	BibNo	Name	Best	Points
1	Cardiff and The Vale	Maroon	19	Steffan Phillips	59	30
2	North West Wales	Sky	37	Jake Jones	58	28
3	Powys	Red/White	58	Able Binoy	57	26
4	Dyfed	Navy	29	Sean Fernandez	56	24
5	Cardiff and The Vale	Maroon	20	Rhys McCarthy	53	22
6	North West Wales	Sky	45	Efan Hughes	47	20
7	Powys	Red/White	59	Jack Jones	24	18