

RESULTS		TEAM POINTS					Girls
Event Name		SHA UKC East Regional Under 15					
Date		1st February 2026					
Venue		UEA Sports Park					
Team Code	Team Name	Colour	8 LP	4 x 2 LR	Ind Points	Total	Position
D	Norfolk	Blue	70	70	553	693	1
B	Essex	Red	50	60	489	599	2
E	Suffolk	Maroon	60	40	469	569	3
A	Cambridgeshire	Sky	40	50	424	514	4
C	Hertfordshire	Orange		30	406	436	5

Girls

Venue	UEA Sports Park
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Bib No	Team	Team Name	Team Colour	Full Name	SP	SB	SLJ	VJ	2 Lap	4 LAP	Total Pts	
124	D	Norfolk	Blue	Jennifer Mardle	50			48	48		146	1
122	D	Norfolk	Blue	Caelah-Leigh Whyte		48	46		50		144	2
132	E	Suffolk	Maroon	Freya Stocking		50	42		46		138	3
125	D	Norfolk	Blue	Finlay-Rae O'Shea		40	44			50	134	4
109	B	Essex	Red	Chloe Allam	42			50	39		131	5
134	E	Suffolk	Maroon	Layla-Rose White		46		36		48	130	6
123	D	Norfolk	Blue	Eleana Osifo-Doe	44			46	39		129	7
111	B	Essex	Red	Shindara Ayo-Adeyemo	48			44		36	128	8
108	B	Essex	Red	Liya Adeyeri	32		50		43		125	9
101	A	Cambridgeshire	Sky	Simone Scott	38		48		36		122	10
118	C	Hertfordshire	Orange	Hazel Spitzer	46		28			45	119	11
126	D	Norfolk	Blue	Safforn Howell		28	40			41	109	12
103	A	Cambridgeshire	Sky	Clemency Antwi	40			42	24		106	=13
105	A	Cambridgeshire	Sky	Emma Cleaver		36	36		34		106	=13
110	B	Essex	Red	Eni-Zoe Saiki		34	28		43		105	=15
112	B	Essex	Red	Isla Coppard		32	28			45	105	=15
127	D	Norfolk	Blue	Sofija Krohmaluka	34			39		30	103	17
116	C	Hertfordshire	Orange	Erin Armstrong		40	34		28		102	18
133	E	Suffolk	Maroon	Imogen Bucys	28		32			41	101	19
119	C	Hertfordshire	Orange	Isobel Lofty	24		38			38	100	=20
129	E	Suffolk	Maroon	Abbie Cook		44	24		32		100	=20
130	E	Suffolk	Maroon	Bay Karkera	30			34		32	96	22
102	A	Cambridgeshire	Sky	Isabella Smith (Bella)		40	22			28	90	23
104	A	Cambridgeshire	Sky	Izzy Hilton		24		31		34	89	24
113	B	Essex	Red	Amelia Sote		22		39		26	87	25
115	C	Hertfordshire	Orange	Eva Harmel		30		25	30		85	26
106	A	Cambridgeshire	Sky	Isla Beardon	36			25		22	83	=27
117	C	Hertfordshire	Orange	Ivy Knowles		26		31	26		83	=27
120	C	Hertfordshire	Orange	Erin McFarlane	28			28		24	80	29
131	E	Suffolk	Maroon	Florence Barnard	22			22	22		66	30
107	A	Cambridgeshire	Sky	Connie Abraham (Reserve)			0				0	=31
128	D	Norfolk	Blue	Betty Appleton							0	=31

RESULTS**8 LAP PAARLAUF****Girls****SHA UKC East Regional Under 15****1st February 2026****UEA Sports Park**

Position	Team Code	Name	Colour	Trial 1	Points
1	D	Norfolk	Blue	01:48.6	70
2	E	Suffolk	Maroon	01:51.2	60
3	B	Essex	Red	01:52.4	50
4	A	Cambridgeshire	Sky	01:59.5	40

RESULTS**4 x 2 LAP RELAY****Girls****SHA UKC East Regional Under 15****1st February 2026****UEA Sports Park**

Position	Team Code	Name	Colour	Trial 1	Points
1	D	Norfolk	Blue	01:39.9	70
2	B	Essex	Red	01:41.5	60
3	A	Cambridgeshire	Sky	01:43.4	50
4	E	Suffolk	Maroon	01:45.9	40
5	C	Hertfordshire	Orange	01:47.8	30

RESULTS**2 LAP TIME TRIAL****Girls****Event Name****SHA UKC East Regional Under 15****Date****1st February 2026****Venue****UEA Sports Park**

Bib No.	Name	Team	Trial 1	Position	Points
122	Caelah-Leigh Whyte	Norfolk	24.5	1	50
124	Jennifer Mardle	Norfolk	25.4	2	48
132	Freya Stocking	Suffolk	25.6	3	46
110	Eni-Zoe Saiki	Essex	25.9	=4	43
108	Liya Adeyeri	Essex	25.9	=4	43
109	Chloe Allam	Essex	26.1	=6	39
123	Eleana Osifo-Doe	Norfolk	26.1	=6	39
101	Simone Scott	Cambridgeshire	26.4	8	36
105	Emma Cleaver	Cambridgeshire	26.7	9	34
129	Abbie Cook	Suffolk	26.8	10	32
115	Eva Harmel	Hertfordshire	26.9	11	30
116	Erin Armstrong	Hertfordshire	27.5	12	28
117	Ivy Knowles	Hertfordshire	28.3	13	26
103	Clemency Antwi	Cambridgeshire	28.4	14	24
131	Florence Barnard	Suffolk	29.1	15	22

RESULTS**4 LAP TIME TRIAL****Girls****Event Name****SHA UKC East Regional Under 15****Date****1st February 2026****Venue****UEA Sports Park**

Bib No	Name	Team	Trial 1	Position	Points
125	Finlay-Rae O'Shea	Norfolk	00:54.7	1	50
134	Layla-Rose White	Suffolk	00:55.4	2	48
112	Isla Coppard	Essex	00:55.6	=3	45
118	Hazel Spitzer	Hertfordshire	00:55.6	=3	45
126	Safforn Howell	Norfolk	00:55.8	=5	41
133	Imogen Bucys	Suffolk	00:55.8	=5	41
119	Isobel Lofty	Hertfordshire	00:55.9	7	38
111	Shindara Ayo-Adeyemo	Essex	00:56.1	8	36
104	Izzy Hilton	Cambridgeshire	00:56.7	9	34
130	Bay Karkera	Suffolk	00:57.1	10	32
127	Sofija Krohmaluka	Norfolk	00:57.8	11	30
102	Isabella Smith (Bella)	Cambridgeshire	00:58.0	12	28
113	Amelia Sote	Essex	00:59.4	13	26
120	Erin McFarlane	Hertfordshire	01:00.4	14	24
106	Isla Beardon	Cambridgeshire	01:00.5	15	22

RESULTS**VERTICAL JUMP****Girls****Event Name** **SHA UKC East Regional Under 15****Date** **1st February 2026****Venue** **UEA Sports Park**

Bib No	NS	Name	Team	Trial 1	Trial 2	Trial 3	Best	Position	Points
109	0	Chloe Allam	Essex	51	52	59	59	1	50
124	0	Jennifer Mardle	Norfolk	58	56	58	58	2	48
123	0	Eleana Osifo-Doe	Norfolk	54	57	54	57	3	46
111	0	Shindara Ayo-Adeyemo	Essex	51	56	56	56	4	44
103	0	Clemency Antwi	Cambridgeshire	53	54	41	54	5	42
113	0	Amelia Sote	Essex	47	49	51	51	=6	39
127	0	Sofija Krohmaluka	Norfolk	50	49	51	51	=6	39
134	0	Layla-Rose White	Suffolk	50	49	48	50	8	36
130	0	Bay Karkera	Suffolk	47	42	45	47	9	34
104	0	Izzy Hilton	Cambridgeshire	44	44	41	44	=10	31
117	0	Ivy Knowles	Hertfordshire	42	44	43	44	=10	31
120	0	Erin McFarlane	Hertfordshire	41	40	41	41	12	28
106	0	Isla Beardon	Cambridgeshire	38	38	34	38	=13	25
115	0	Eva Harmel	Hertfordshire	38	37	36	38	=13	25
131	0	Florence Barnard	Suffolk	37	36	37	37	15	22

RESULTS**SPEED BOUNCE****Girls****Event Name** **SHA UKC East Regional Under 15****Date** **1st February 2026****Venue** **UEA Sports Park**

Bib No	NS	Name	Team	Trial 1	Position	Points
113	0	Amelia Sote	Essex	59	15	22
104	0	Izzy Hilton	Cambridgeshire	63	14	24
117	0	Ivy Knowles	Hertfordshire	64	13	26
126	0	Safforn Howell	Norfolk	67	12	28
115	0	Eva Harmel	Hertfordshire	69	11	30
112	0	Isla Coppard	Essex	70	10	32
110	0	Eni-Zoe Saiki	Essex	71	9	34
105	0	Emma Cleaver	Cambridgeshire	72	8	36
102	0	Isabella Smith (Bella)	Cambridgeshire	74	=5	40
116	0	Erin Armstrong	Hertfordshire	74	=5	40
125	0	Finlay-Rae O'Shea	Norfolk	74	=5	40
129	0	Abbie Cook	Suffolk	76	4	44
134	0	Layla-Rose White	Suffolk	78	3	46
122	0	Caelah-Leigh Whyte	Norfolk	81	2	48
132	0	Freya Stocking	Suffolk	83	1	50

RESULTS**STANDING LONG JUMP****Girls****Event Name** **SHA UKC East Regional Under 15****Date** **1st February 2026****Venue** **UEA Sports Park**

Bib No	NS	Name	Team	Trial 1	Trial 2	Trial 3	Best	Position	Points
108	0	Liya Adeyeri	Essex	2.18	2.32	2.32	2.32	1	50
101	0	Simone Scott	Cambridgeshire	2.31	2.18	2.31	2.31	2	48
122	0	Caelah-Leigh Whyte	Norfolk	2.23	2.23	2.28	2.28	3	46
125	0	Finlay-Rae O'Shea	Norfolk	2.17	2.13	2.22	2.22	4	44
132	0	Freya Stocking	Suffolk	2.10	2.14	2.14	2.14	5	42
126	0	Safforn Howell	Norfolk	1.94	2.01	2.06	2.06	6	40
119	0	Isobel Lofly	Hertfordshire	2.01	2.03	2.03	2.03	7	38
105	0	Emma Cleaver	Cambridgeshire	2.02	2.00	2.02	2.02	8	36
116	0	Erin Armstrong	Hertfordshire	1.95	1.98	1.99	1.99	9	34
133	0	Imogen Bucys	Suffolk	1.95	1.89	1.98	1.98	10	32
112	0	Isla Coppard	Essex	1.96	1.94	1.96	1.96	=11	28
110	0	Eni-Zoe Saiki	Essex	0.00	1.96	1.96	1.96	=11	28
118	0	Hazel Spitzer	Hertfordshire	1.96	0.00	1.96	1.96	=11	28
129	0	Abbie Cook	Suffolk	1.91	1.92	1.95	1.95	14	24
102	0	Isabella Smith (Bella)	Cambridgeshire	1.84	1.88	1.88	1.88	15	22
107	NS	Connie Abraham (Reserve)	Cambridgeshire	1.65	1.61	1.65	1.65	0	0

RESULTS**SHOT****Girls****Event Name** **SHA UKC East Regional Under 15****Date** **1st February 2026****Venue** **UEA Sports Park**

Bib No	NS	Name	Team	Trial 1	Trial 2	Trial 3	Best	Position	Points
124	0	Jennifer Mardle	Norfolk	12.23	11.96	11.74	12.23	1	50
111	0	Shindara Ayo-Adeyemo	Essex	0.00	0.00	10.35	10.35	2	48
118	0	Hazel Spitzer	Hertfordshire	8.15	8.44	5.08	8.44	3	46
123	0	Eleana Osifo-Doe	Norfolk	7.72	8.42	6.91	8.42	4	44
109	0	Chloe Allam	Essex	0.00	7.79	7.77	7.79	5	42
103	0	Clemency Antwi	Cambridgeshire	7.70	7.49	7.20	7.70	6	40
101	0	Simone Scott	Cambridgeshire	7.25	7.18	7.52	7.52	7	38
106	0	Isla Beardon	Cambridgeshire	5.82	6.68	6.14	6.68	8	36
127	0	Sofija Kronmaluka	Norfolk	6.26	6.43	6.38	6.43	9	34
108	0	Liya Adeyeri	Essex	6.37	6.39	6.26	6.39	10	32
130	0	Bay Karkera	Suffolk	5.26	5.85	6.16	6.16	11	30
120	0	Erin McFarlane	Hertfordshire	5.67	5.79	6.10	6.10	12	28
133	0	Imogen Bucys	Suffolk	6.10	5.99	4.63	6.10	12	28
119	0	Isobel Lofly	Hertfordshire	5.04	5.64	5.47	5.64	14	24
131	0	Florence Barnard	Suffolk	5.03	5.17	5.36	5.36	15	22