

**RESULTS****TEAM RESULTS****GIRLS****Event Name****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| Team Code | Team              | Colour | OB | 1+1 | 2+2 | HR | OUR | 4x2 | 6LP | 4x1 | SLJ | STJ | VJ | BT | HS | SB | CP | JT | TT | Pts | Pos. |
|-----------|-------------------|--------|----|-----|-----|----|-----|-----|-----|-----|-----|-----|----|----|----|----|----|----|----|-----|------|
| A         | Birmingham        | Black  | 30 | 30  | 30  | 30 | 28  | 30  | 30  | 30  | 26  | 30  | 28 | 26 | 30 | 30 | 30 | 26 | 23 | 322 | 1    |
| B         | Herefords & Worcs | White  | 28 | 28  | 24  | 26 | 30  | 26  | 26  | 28  | 30  | 26  | 30 | 28 | 28 | 24 | 28 | 28 | 23 | 302 | 2    |
| C         | Shropshire        | Blue   | 24 | 24  | 28  | 28 | 24  | 28  | 28  | 24  | 24  | 28  | 25 | 30 | 24 | 22 | 26 | 24 | 29 | 285 | 3    |
| D         | Warwickshire      | Red    | 26 | 26  | 26  | 24 | 26  | 24  | 24  | 26  | 28  | 22  | 25 | 22 | 26 | 28 | 24 | 30 | 26 | 277 | 4    |
| E         | Warwickshire      | Lime   | 22 | 22  | 22  | 22 | 22  | 22  | 22  | 22  | 22  | 24  | 22 | 24 | 22 | 26 | 22 | 22 | 29 | 244 | 5    |

| <b>RESULTS</b>    |   | <b>OBSTACLE RELAY</b> |                |                 | <b>Girls</b>  |
|-------------------|---|-----------------------|----------------|-----------------|---------------|
| <b>Event Name</b> | <b>SHA FIA West Midlands Regional FIA U11</b> |                       |                |                 |               |
| <b>Date</b>       | <b>22nd February 2026</b>                     |                       |                |                 |               |
| <b>Venue</b>      | <b>North Solihull Sports Centre</b>           |                       |                |                 |               |
| <b>Team Code</b>  | <b>Team</b>                                   | <b>Colour</b>         | <b>Trial 1</b> | <b>Position</b> | <b>Points</b> |
| A                 | Birmingham                                    | Black                 | 01:18.9        | 1               | 30            |
| B                 | Herefords & Worcs                             | White                 | 01:21.1        | 2               | 28            |
| D                 | Warwickshire                                  | Red                   | 01:21.7        | 3               | 26            |
| C                 | Shropshire                                    | Blue                  | 01:26.0        | 4               | 24            |
| E                 | Warwickshire                                  | Lime                  | 01:27.2        | 5               | 22            |

| <b>RESULTS</b>    |   | <b>1 + 1 LAP RELAY</b> |                |                 | <b>Girls</b>  |
|-------------------|---|------------------------|----------------|-----------------|---------------|
| <b>Event Name</b> | <b>SHA FIA West Midlands Regional FIA U11</b> |                        |                |                 |               |
| <b>Date</b>       | <b>22nd February 2026</b>                     |                        |                |                 |               |
| <b>Venue</b>      | <b>North Solihull Sports Centre</b>           |                        |                |                 |               |
| <b>Team Code</b>  | <b>Team</b>                                   | <b>Colour</b>          | <b>Trial 1</b> | <b>Position</b> | <b>Points</b> |
| A                 | Birmingham                                    | Black                  | 00:24.9        | 1               | 30            |
| B                 | Herefords & Worcs                             | White                  | 00:25.2        | 2               | 28            |
| D                 | Warwickshire                                  | Red                    | 00:26.1        | 3               | 26            |
| C                 | Shropshire                                    | Blue                   | 00:26.3        | 4               | 24            |
| E                 | Warwickshire                                  | Lime                   | 00:26.6        | 5               | 22            |

**RESULTS****2 + 2 LAP RELAY****Girls****Event Name****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Team Code</b> | <b>Team</b>       | <b>Colour</b> | <b>Trial 1</b> | <b>Position</b> | <b>Points</b> |
|------------------|-------------------|---------------|----------------|-----------------|---------------|
| A                | Birmingham        | Black         | 00:48.8        | 1               | 30            |
| C                | Shropshire        | Blue          | 00:50.0        | 2               | 28            |
| D                | Warwickshire      | Red           | 00:51.7        | 3               | 26            |
| B                | Herefords & Worcs | White         | 00:52.4        | 4               | 24            |
| E                | Warwickshire      | Lime          | 00:55.3        | 5               | 22            |

**RESULTS****HURDLE RELAY****Girls****Event Name****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Team Code</b> | <b>Team</b>       | <b>Colour</b> | <b>Trial 1</b> | <b>Position</b> | <b>Points</b> |
|------------------|-------------------|---------------|----------------|-----------------|---------------|
| A                | Birmingham        | Black         | 00:57.5        | 1               | 30            |
| C                | Shropshire        | Blue          | 00:59.2        | 2               | 28            |
| B                | Herefords & Worcs | White         | 00:59.4        | 3               | 26            |
| D                | Warwickshire      | Red           | 00:59.7        | 4               | 24            |
| E                | Warwickshire      | Lime          | 01:00.5        | 5               | 22            |

| <b>RESULTS</b>    |                   | <b>OVER UNDER RELAY</b>                       |                |                 | <b>Girls</b>  |
|-------------------|-------------------|---|----------------|-----------------|---------------|
| <b>Event Name</b> |                   | <b>SHA FIA West Midlands Regional FIA U11</b> |                |                 |               |
| <b>Date</b>       |                   | <b>22nd February 2026</b>                     |                |                 |               |
| <b>Venue</b>      |                   | <b>North Solihull Sports Centre</b>           |                |                 |               |
| <b>Team Code</b>  | <b>Team</b>       | <b>Colour</b>                                 | <b>Trial 1</b> | <b>Position</b> | <b>Points</b> |
| B                 | Herefords & Worcs | White   | 01:08.1        | 1               | 30            |
| A                 | Birmingham        | Black   | 01:09.5        | 2               | 28            |
| D                 | Warwickshire      | Red   | 01:10.7        | 3               | 26            |
| C                 | Shropshire        | Blue  | 01:12.2        | 4               | 24            |
| E                 | Warwickshire      | Lime  | 01:19.3        | 5               | 22            |

**RESULTS****4 x 2 LAP RELAY****Girls****Event Name****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Team Code</b> | <b>Team</b>       | <b>Colour</b> | <b>Trial 1</b> | <b>Position</b> | <b>Points</b> |
|------------------|-------------------|---------------|----------------|-----------------|---------------|
| A                | Birmingham        | Black         | 01:44.0        | 1               | 30            |
| C                | Shropshire        | Blue          | 01:45.3        | 2               | 28            |
| B                | Herefords & Worcs | White         | 01:45.8        | 3               | 26            |
| D                | Warwickshire      | Red           | 01:48.1        | 4               | 24            |
| E                | Warwickshire      | Lime          | 01:53.4        | 5               | 22            |

| <b>RESULTS</b>    |   | <b>6 LAP PAALAUFL</b> |                |                 | <b>Girls</b>  |
|-------------------|---|-----------------------|----------------|-----------------|---------------|
| <b>Event Name</b> | <b>SHA FIA West Midlands Regional FIA U11</b> |                       |                |                 |               |
| <b>Date</b>       | <b>22nd February 2026</b>                     |                       |                |                 |               |
| <b>Venue</b>      | <b>North Solihull Sports Centre</b>           |                       |                |                 |               |
| <b>Team Code</b>  | <b>Team</b>                                   | <b>Colour</b>         | <b>Trial 1</b> | <b>Position</b> | <b>Points</b> |
| A                 | Birmingham                                    | Black                 | 01:15.2        | 1               | 30            |
| C                 | Shropshire                                    | Blue                  | 01:19.7        | 2               | 28            |
| B                 | Herefords & Worcs                             | White                 | 01:21.8        | 3               | 26            |
| D                 | Warwickshire                                  | Red                   | 01:26.4        | 4               | 24            |
| E                 | Warwickshire                                  | Lime                  | 01:35.0        | 5               | 22            |

**RESULTS****4 x 1 LAP RELAY****Girls****Event Name****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Team Code</b> | <b>Team</b>       | <b>Colour</b> | <b>Trial 1</b> | <b>Position</b> | <b>Points</b> |
|------------------|-------------------|---------------|----------------|-----------------|---------------|
| A                | Birmingham        | Black         | 00:51.5        | 1               | 30            |
| B                | Herefords & Worcs | White         | 00:51.7        | 2               | 28            |
| D                | Warwickshire      | Red           | 00:51.8        | 3               | 26            |
| C                | Shropshire        | Blue          | 00:53.2        | 4               | 24            |
| E                | Warwickshire      | Lime          | 00:55.2        | 5               | 22            |

**RESULTS****STANDING LONG JUMP****Girls****Event****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Bib No</b> | <b>Name</b>        | <b>Team Code</b> | <b>Team Name</b> | <b>Trial 1</b> | <b>Trial 2</b> | <b>Trial 3</b> | <b>Best</b> | <b>Position</b> |
|---------------|--------------------|------------------|------------------|----------------|----------------|----------------|-------------|-----------------|
| A02           | Taylor Upton       | A                | Birmingham       | 0.00           | 1.96           | 1.92           | 1.96        | 1               |
| B10           | Alice Thompson     | B                | Hereford & Worcs | 1.94           | 1.90           | 1.86           | 1.94        | 2               |
| C02           | Isabelle Turney    | C                | Shropshire       | 1.90           | 1.88           | 1.84           | 1.90        | 3               |
| D02           | Saskia Atkins      | D                | Warwickshire     | 0.00           | 1.83           | 1.86           | 1.86        | 4               |
| B15           | Isabelle Grandison | B                | Hereford & Worcs | 1.86           | 1.74           | 0.00           | 1.86        | 5               |
| D04           | Tavayah Lennox     | D                | Warwickshire     | 0.00           | 1.85           | 0.00           | 1.85        | 6               |
| B14           | Freyja Oaks        | B                | Hereford & Worcs | 1.72           | 1.79           | 1.76           | 1.79        | 7               |
| A12           | Isabelle Wakeman   | A                | Birmingham       | 1.74           | 1.70           | 1.72           | 1.74        | 8               |
| D03           | Rosie Warrilow     | D                | Warwickshire     | 1.70           | 1.48           | 0.00           | 1.70        | 9               |
| A09           | Amelia Deeney      | A                | Birmingham       | 1.67           | 1.62           | 1.56           | 1.67        | 10              |
| C05           | Bella Felton       | C                | Shropshire       | 1.62           | 1.56           | 1.62           | 1.62        | 11              |
| E07           | Isla-Rose Buckley  | E                | Warwickshire     | 1.61           | 1.53           | 1.60           | 1.61        | 12              |
| E09           | Frankie Terry      | E                | Warwickshire     | 1.52           | 1.51           | 1.50           | 1.52        | 13              |
| C13           | Naomi Trow         | C                | Shropshire       | 1.52           | 1.49           | 1.48           | 1.52        | 14              |
| E11           | Isla Gould         | E                | Warwickshire     | 1.48           | 1.52           | 1.35           | 1.52        | 15              |

**RESULTS STANDING LONG JUMP****Girls****Event** SHA FIA West Midlands Regional FIA U11**Date** 22nd February 2026**Venue** North Solihull Sports Centre

| <b>Team Code</b> | <b>Team</b>       | <b>Score</b> | <b>Position</b> | <b>Pts</b> |
|------------------|-------------------|--------------|-----------------|------------|
| B                | Herefords & Worcs | 5.59         | 1               | 30         |
| D                | Warwickshire      | 5.41         | 2               | 28         |
| A                | Birmingham        | 5.37         | 3               | 26         |
| C                | Shropshire        | 5.04         | 4               | 24         |
| E                | Warwickshire      | 4.65         | 5               | 22         |

**RESULTS****STANDING TRIPLE JUMP****Girls****Event****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Bib No</b> | <b>Name</b>         | <b>Team Code</b> | <b>Team Name</b> | <b>Trial 1</b> | <b>Trial 2</b> | <b>Trial 3</b> | <b>Best</b> | <b>Position</b> |
|---------------|---------------------|------------------|------------------|----------------|----------------|----------------|-------------|-----------------|
| A01           | Indie Upton         | A                | Birmingham       | 6.30           | 6.44           | 6.33           | 6.44        | 1               |
| C01           | Lottie Barrett      | C                | Shropshire       | 6.08           | 5.99           | 5.95           | 6.08        | 2               |
| E06           | Indigo Ogilvie-Putt | E                | Warwickshire     | 5.66           | 5.67           | 5.77           | 5.77        | 3               |
| B04           | Harriet Draper      | B                | Hereford & Worcs | 5.63           | 5.29           | 0.00           | 5.63        | 4               |
| B12           | Willow Hartland     | B                | Hereford & Worcs | 5.29           | 5.42           | 5.53           | 5.53        | 5               |
| D06           | Ava Lawrence        | D                | Warwickshire     | 5.25           | 5.35           | 5.28           | 5.35        | 6               |
| C07           | Grace Bucknall      | C                | Shropshire       | 4.91           | 0.00           | 5.25           | 5.25        | 7               |
| D05           | Saffron Davies      | D                | Warwickshire     | 5.21           | 4.71           | 5.14           | 5.21        | 8               |
| A13           | Emily Carrington    | A                | Birmingham       | 4.94           | 4.80           | 5.06           | 5.06        | 9               |
| D13           | Heidi Albon         | D                | Warwickshire     | 0.00           | 4.91           | 5.05           | 5.05        | 10              |
| B07           | Annabelle Hadland   | B                | Hereford & Worcs | 5.02           | 4.92           | 5.03           | 5.03        | 11              |
| A04           | Jess Blundell       | A                | Birmingham       | 4.90           | 0.00           | 5.02           | 5.02        | 12              |
| E08           | Marnie Short        | E                | Warwickshire     | 4.92           | 4.83           | 4.98           | 4.98        | 13              |
| E03           | Zoe Turton          | E                | Warwickshire     | 4.86           | 4.94           | 4.86           | 4.94        | 14              |
| C14           | Tillie Jones        | C                | Shropshire       | 4.84           | 4.88           | 4.82           | 4.88        | 15              |



**RESULTS****VERTICAL JUMP****Girls****Event****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Bib No</b> | <b>Name</b>       | <b>Team Code</b> | <b>Team Name</b> | <b>Trial 1</b> | <b>Trial 2</b> | <b>Trial 3</b> | <b>Best</b> | <b>Position</b> |
|---------------|-------------------|------------------|------------------|----------------|----------------|----------------|-------------|-----------------|
| B01           | Lois Day          | B                | Hereford & Worcs | 46             | 48             | 48             | 48          | 1               |
| A03           | Lila Wilmore      | A                | Birmingham       | 47             | 46             | 45             | 47          | 2               |
| B02           | Isla Kendall      | B                | Hereford & Worcs | 42             | 42             | 40             | 42          | 3               |
| D09           | Elsie Gould       | D                | Warwickshire     | 41             | 41             | 39             | 41          | 4               |
| B06           | Daisy Lawes       | B                | Hereford & Worcs | 39             | 40             | 41             | 41          | 5               |
| C12           | Amelia Douglas    | C                | Shropshire       | 40             | 37             | 37             | 40          | 6               |
| C10           | Nevaeh Stevens    | C                | Shropshire       | 37             | 39             | 38             | 39          | 7               |
| E01           | Imogen Wolsey     | E                | Warwickshire     | 34             | 35             | 38             | 38          | 8               |
| D01           | Megan White       | D                | Warwickshire     | 33             | 34             | 37             | 37          | 9               |
| A15           | Siena Rose Parkes | A                | Birmingham       | 37             | 32             | 34             | 37          | 10              |
| D12           | Florence Castle   | D                | Warwickshire     | 33             | 35             | 36             | 36          | 11              |
| E02           | Olivia Kruszenko  | E                | Warwickshire     | 31             | 33             | 35             | 35          | 12              |
| C08           | Lillie Kilvert    | C                | Shropshire       | 35             | 28             | 30             | 35          | 13              |
| A06           | Zara Wilson       | A                | Birmingham       | 34             | 32             | 28             | 34          | 14              |
| E10           | Sophie Lawrence   | E                | Warwickshire     | 30             | 29             | 28             | 30          | 15              |

**RESULTS VERTICAL JUMP****Girls****Event** SHA FIA West Midlands Regional FIA U11**Date** 22nd February 2026**Venue** North Solihull Sports Centre

| <b>Team Code</b> | <b>Team</b>       | <b>Score</b> | <b>Position</b> | <b>Pts</b> |
|------------------|-------------------|--------------|-----------------|------------|
| B                | Herefords & Worcs | 131          | 1               | 30         |
| A                | Birmingham        | 118          | 2               | 28         |
| C                | Shropshire        | 114          | =3              | 25         |
| D                | Warwickshire      | 114          | =3              | 25         |
| E                | Warwickshire      | 103          | 5               | 22         |

**RESULTS****BALANCE TEST****Girls****Event****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Bib No</b> | <b>Name</b>      | <b>Team Code</b> | <b>Team</b>      | <b>Trial 1</b> | <b>Trial 2</b> | <b>Trial 3</b> | <b>Trial 4</b> | <b>Total</b> | <b>Position</b> |
|---------------|------------------|------------------|------------------|----------------|----------------|----------------|----------------|--------------|-----------------|
| A10           | Diana Ambranter  | A                | Birmingham       | 15             | 15             | 15             | 15             | 60           | =1              |
| C01           | Lottie Barrett   | C                | Shropshire       | 15             | 15             | 15             | 15             | 60           | =1              |
| C09           | Josie Edwards    | C                | Shropshire       | 15             | 15             | 13             | 8              | 51           | 3               |
| E03           | Zoe Turton       | E                | Warwickshire     | 15             | 3              | 15             | 15             | 48           | 4               |
| A04           | Jess Blundell    | A                | Birmingham       | 4              | 15             | 15             | 13             | 47           | =5              |
| B03           | Elta Dyer        | B                | Hereford & Worcs | 2              | 15             | 15             | 15             | 47           | =5              |
| B10           | Alice Thompson   | B                | Hereford & Worcs | 12             | 15             | 6              | 12             | 45           | 7               |
| C12           | Amelia Douglas   | C                | Shropshire       | 9              | 3              | 15             | 15             | 42           | 8               |
| D03           | Rosie Warrilow   | D                | Warwickshire     | 4              | 8              | 9              | 13             | 34           | =9              |
| D10           | Nell Wheeler     | D                | Warwickshire     | 3              | 13             | 15             | 3              | 34           | =9              |
| E09           | Frankie Terry    | E                | Warwickshire     | 5              | 6              | 15             | 8              | 34           | =9              |
| B11           | Isabelle Evans   | B                | Hereford & Worcs | 10             | 8              | 4              | 7              | 29           | 12              |
| D11           | Harriet Mawby    | D                | Warwickshire     | 2              | 8              | 7              | 5              | 22           | 13              |
| E12           | Penelope Ramsden | E                | Warwickshire     | 2              | 5              | 3              | 7              | 17           | 14              |
| A14           | Eloise Newton    | A                | Birmingham       | 2              | 3              | 2              | 5              | 12           | 15              |

| <b>RESULTS</b>   |   | <b>BALANCE TEST</b> |                 | <b>Girls</b> |
|------------------|---|---------------------|-----------------|--------------|
| <b>Event</b>     | <b>SHA FIA West Midlands Regional FIA U11</b> |                     |                 |              |
| <b>Date</b>      | <b>22nd February 2026</b>                     |                     |                 |              |
| <b>Venue</b>     | <b>North Solihull Sports Centre</b>           |                     |                 |              |
| <b>Team Code</b> | <b>Team</b>                                   | <b>Total</b>        | <b>Position</b> | <b>Pts</b>   |
| C                | Shropshire                                    | 153                 | 1               | 30           |
| B                | Herefords & Worcs                             | 121                 | 2               | 28           |
| A                | Birmingham                                    | 119                 | 3               | 26           |
| E                | Warwickshire                                  | 99                  | 4               | 24           |
| D                | Warwickshire                                  | 90                  | 5               | 22           |
|                  | 0   | 0                   | 0               | 0            |
|                  | 0   | 0                   | 0               | 0            |

**RESULTS****HI\_STEPPER****Girls****Event****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Bib No</b> | <b>Name</b>      | <b>Team Code</b> | <b>Team Name</b> | <b>Trial 1</b> | <b>Faults</b> | <b>Total</b> | <b>Position</b> |
|---------------|------------------|------------------|------------------|----------------|---------------|--------------|-----------------|
| A08           | Lizzie Fowler    | A                | Birmingham       | 14.8           | 0             | 14.8         | =1              |
| B01           | Lois Day         | B                | Hereford & Worcs | 14.8           | 0             | 14.8         | =1              |
| B12           | Willow Hartland  | B                | Hereford & Worcs | 14.7           | 1             | 14.9         | 3               |
| A05           | Ree Hayer        | A                | Birmingham       | 14.8           | 1             | 15.0         | 4               |
| A13           | Emily Carrington | A                | Birmingham       | 15.5           | 0             | 15.5         | 5               |
| D09           | Elsie Gould      | D                | Warwickshire     | 15.6           | 1             | 15.8         | 6               |
| B04           | Harriet Draper   | B                | Hereford & Worcs | 15.7           | 1             | 15.9         | 7               |
| C13           | Naomi Trow       | C                | Shropshire       | 15.6           | 3             | 16.2         | 8               |
| E13           | Amber Forrester  | E                | Warwickshire     | 16.4           | 0             | 16.4         | 9               |
| D05           | Saffron Davies   | D                | Warwickshire     | 16.6           | 2             | 17.0         | 10              |
| C11           | Amelia Podgorska | C                | Shropshire       | 16.3           | 4             | 17.1         | 11              |
| E04           | Quinn Lancaster  | E                | Warwickshire     | 17.4           | 1             | 17.6         | 12              |
| E08           | Marnie Short     | E                | Warwickshire     | 17.9           | 0             | 17.9         | 13              |
| D12           | Florence Castle  | D                | Warwickshire     | 18.2           | 0             | 18.2         | 14              |
| C06           | Grace Cliffe     | C                | Shropshire       | 18.4           | 0             | 18.4         | 15              |

**RESULTS HI\_STEPPER****Girls****Event** SHA FIA West Midlands Regional FIA U11**Date** 22nd February 2026**Venue** North Solihull Sports Centre

| <b>Team Code</b> | <b>Team</b>       | <b>Score</b> | <b>Position</b> | <b>Pts</b> |
|------------------|-------------------|--------------|-----------------|------------|
| A                | Birmingham        | 45.3         | 1               | 30         |
| B                | Herefords & Worcs | 45.6         | 2               | 28         |
| D                | Warwickshire      | 51.0         | 3               | 26         |
| C                | Shropshire        | 51.7         | 4               | 24         |
| E                | Warwickshire      | 51.9         | 5               | 22         |

**RESULTS****SPEED BOUNCE****Girls****Event****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Bib No</b> | <b>Name</b>       | <b>Team Code</b> | <b>Team Name</b> | <b>Trial 1</b> | <b>Position</b> |
|---------------|-------------------|------------------|------------------|----------------|-----------------|
| A01           | Indie Upton       | A                | Birmingham       | 56             | =1              |
| A15           | Siena Rose Parkes | A                | Birmingham       | 56             | =1              |
| A12           | Isabelle Wakeman  | A                | Birmingham       | 54             | =3              |
| D07           | Olive Lovelock    | D                | Warwickshire     | 54             | =3              |
| B09           | Victoria Bak      | B                | Hereford & Worcs | 53             | 5               |
| D08           | Olivia Hunt       | D                | Warwickshire     | 52             | 6               |
| C04           | Mya Roberts       | C                | Shropshire       | 48             | =7              |
| C05           | Bella Felton      | C                | Shropshire       | 48             | =7              |
| D06           | Ava Lawrence      | D                | Warwickshire     | 48             | =7              |
| E01           | Imogen Wolsey     | E                | Warwickshire     | 48             | =7              |
| E02           | Olivia Kruszenko  | E                | Warwickshire     | 48             | =7              |
| E05           | Ella-may Williams | E                | Warwickshire     | 48             | =7              |
| B13           | Gracie Hartland   | B                | Hereford & Worcs | 47             | 13              |
| C03           | Kaeto Nwachukwu   | C                | Shropshire       | 44             | 14              |
| B02           | Isla Kendall      | B                | Hereford & Worcs | 43             | 15              |

**RESULTS SPEED BOUNCE****Girls****Event** SHA FIA West Midlands Regional FIA U11**Date** 22nd February 2026**Venue** North Solihull Sports Centre

| <b>Team Code</b> | <b>Team</b>       | <b>Score</b> | <b>Position</b> | <b>Pts</b> |
|------------------|-------------------|--------------|-----------------|------------|
| A                | Birmingham        | 166          | 1               | 30         |
| D                | Warwickshire      | 154          | 2               | 28         |
| E                | Warwickshire      | 144          | 3               | 26         |
| B                | Herefords & Worcs | 143          | 4               | 24         |
| C                | Shropshire        | 140          | 5               | 22         |

**RESULTS****CHEST PUSH****Girls****Event****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Bib No</b> | <b>Name</b>       | <b>Team Code</b> | <b>Team Name</b> | <b>Trial 1</b> | <b>Trial 2</b> | <b>Trial 3</b> | <b>Best1</b> | <b>Position</b> |
|---------------|-------------------|------------------|------------------|----------------|----------------|----------------|--------------|-----------------|
| A03           | Lila Wilmore      | A                | Birmingham       | 6.25           | 6.75           | 6.50           | 6.75         | 1               |
| C03           | Kaeto Nwachukwu   | C                | Shropshire       | 5.50           | 6.50           | 6.25           | 6.50         | 2               |
| B05           | Bethany Gromski   | B                | Hereford & Worcs | 6.00           | 6.25           | 6.00           | 6.25         | 3               |
| A14           | Eloise Newton     | A                | Birmingham       | 5.75           | 6.00           | 6.00           | 6.00         | 4               |
| D04           | Tavayah Lennox    | D                | Warwickshire     | 5.75           | 5.50           | 6.00           | 6.00         | 5               |
| B14           | Freyja Oaks       | B                | Hereford & Worcs | 6.00           | 5.50           | 5.50           | 6.00         | 6               |
| C11           | Amelia Podgorska  | C                | Shropshire       | 5.25           | 5.00           | 5.25           | 5.25         | =7              |
| E07           | Isla-Rose Buckley | E                | Warwickshire     | 5.00           | 5.25           | 5.25           | 5.25         | =7              |
| D10           | Nell Wheeler      | D                | Warwickshire     | 5.25           | 4.50           | 5.00           | 5.25         | 9               |
| E05           | Ella-may Williams | E                | Warwickshire     | 4.25           | 4.75           | 3.75           | 4.75         | 10              |

**RESULTS CHEST PUSH****Girls****Event SHA FIA West Midlands Regional FIA U11****Date 22nd February 2026****Venue North Solihull Sports Centre**

| <b>Team Code</b> | <b>Team</b>       | <b>Score</b> | <b>Position</b> | <b>Pts</b> |
|------------------|-------------------|--------------|-----------------|------------|
| A                | Birmingham        | 12.75        | 1               | 30         |
| B                | Herefords & Worcs | 12.25        | 2               | 28         |
| C                | Shropshire        | 11.75        | 3               | 26         |
| D                | Warwickshire      | 11.25        | 4               | 24         |
| E                | Warwickshire      | 10.00        | 5               | 22         |

**RESULTS****JAVELIN****Girls****Event** SHA FIA West Midlands Regional FIA U11**Date** 22nd February 2026**Venue** North Solihull Sports Centre

| <b>Bib No</b> | <b>Name</b>         | <b>Team Code</b> | <b>Team Name</b> | <b>Trial 1</b> | <b>Trial 2</b> | <b>Trial 3</b> | <b>Best1</b> | <b>Position</b> |
|---------------|---------------------|------------------|------------------|----------------|----------------|----------------|--------------|-----------------|
| A09           | Amelia Deeney       | A                | Birmingham       | 13             | 12             | 16             | 16           | 1               |
| D07           | Olive Lovelock      | D                | Warwickshire     | 14             | 13             | 13             | 14           | 2               |
| C10           | Nevaeh Stevens      | C                | Shropshire       | 9              | 12             | 14             | 14           | 3               |
| D02           | Saskia Atkins       | D                | Warwickshire     | 12             | 13             | 12             | 13           | 4               |
| B11           | Isabelle Evans      | B                | Hereford & Worcs | 12             | 10             | 13             | 13           | 5               |
| B15           | Isabelle Grandison  | B                | Hereford & Worcs | 7              | 13             | 11             | 13           | 6               |
| E06           | Indigo Ogilvie-Putt | E                | Warwickshire     | 10             | 11             | 11             | 11           | 7               |
| E11           | Isla Gould          | E                | Warwickshire     | 7              | 10             | 10             | 10           | 8               |
| A06           | Zara Wilson         | A                | Birmingham       | 8              | 8              | 8              | 8            | 9               |
| C04           | Mya Roberts         | C                | Shropshire       | 5              | 8              | 8              | 8            | 10              |

**RESULTS JAVELIN****Girls****Event** SHA FIA West Midlands Regional FIA U11**Date** 22nd February 2026**Venue** North Solihull Sports Centre

| <b>Team Code</b> | <b>Team</b>       | <b>Score</b> | <b>Position</b> | <b>Pts</b> |
|------------------|-------------------|--------------|-----------------|------------|
| D                | Warwickshire      | 27           | 1               | 30         |
| B                | Herefords & Worcs | 26           | 2               | 28         |
| A                | Birmingham        | 24           | 3               | 26         |
| C                | Shropshire        | 22           | 4               | 24         |
| E                | Warwickshire      | 21           | 5               | 22         |

**RESULTS****TARGET THROW****Girls****Event****SHA FIA West Midlands Regional FIA U11****Date****22nd February 2026****Venue****North Solihull Sports Centre**

| <b>Bib No</b> | <b>Name</b>            | <b>Team Code</b> | <b>Team</b>      | <b>Trial 1</b> | <b>Trial 2</b> | <b>Trial 3</b> | <b>Trial 4</b> | <b>Total</b> | <b>Position</b> |
|---------------|------------------------|------------------|------------------|----------------|----------------|----------------|----------------|--------------|-----------------|
| E10           | Sophie Lawrence        | E                | Warwickshire     | 6              | 5              | 3              | 0              | 14           | 1               |
| C14           | Tillie Jones           | C                | Shropshire       | 6              | 5              | 1              | 1              | 13           | =2              |
| D11           | Harriet Mawby          | D                | Warwickshire     | 2              | 3              | 2              | 6              | 13           | =2              |
| A07           | Maisie Lewis           | A                | Birmingham       | 4              | 5              | 2              | 1              | 12           | 4               |
| B06           | Daisy Lawes            | B                | Hereford & Worcs | 4              | 2              | 3              | 0              | 9            | =5              |
| C09           | Josie Edwards          | C                | Shropshire       | 5              | 3              | 1              | 0              | 9            | =5              |
| B08           | Eliza Nolan            | B                | Hereford & Worcs | 2              | 2              | 4              | 0              | 8            | =7              |
| E04           | Quinn Lancaster        | E                | Warwickshire     | 4              | 2              | 2              | 0              | 8            | =7              |
| D13           | Heidi Albon            | D                | Warwickshire     | 5              | 1              | 0              | 1              | 7            | 9               |
| A11           | Tiarna-Demetrius Henry | A                | Birmingham       | 2              | 1              | 1              | 1              | 5            | 10              |

**RESULTS TARGET THROW** **Girls**

**Event** SHA FIA West Midlands Regional FIA U11

**Date** 22nd February 2026

**Venue** North Solihull Sports Centre

| <b>Team Code</b> | <b>Team</b>       | <b>Total Rank</b> | <b>Pts</b> |    |
|------------------|-------------------|-------------------|------------|----|
| C                | Shropshire        | 22                | 1.5        | 29 |
| E                | Warwickshire      | 22                | 1.5        | 29 |
| A                | Birmingham        | 17                | 4.5        | 23 |
| B                | Herefords & Worcs | 17                | 4.5        | 23 |
| D                | Warwickshire      | 20                | 3          | 26 |
|                  | 0                 | 0                 | 0          | 0  |
|                  | 0                 | 0                 | 0          | 0  |