

**RESULTS****TEAM POINTS****Girls****Event Name****Wales UKC under 15 Girls****Date****21-Mar-26****Venue****Cwmbran Leisure Centre**

<b>Team Code</b>	<b>Team Name</b>	<b>Colour</b>	<b>8 LP</b>	<b>4 x 2 LR</b>	<b>Ind Points</b>	<b>Total</b>	<b>Position</b>
A	Cardiff & The Vale	Maroon	70	70	572	712	1
B	Dyfed	Navy		0	524	524	2
C	Powys	Red	60	60	390	510	3



**RESULTS****8 LAP PAARLAUF****Girls****Wales UKC under 15 Girls****21-Mar-26****Cwmbran Leisure Centre**

<b>Position</b>	<b>Team Code</b>	<b>Name</b>	<b>Colour</b>	<b>Trial 1</b>	<b>Points</b>
1	A	Cardiff & The Vale	Maroon	01:54.1	70
2	C	Powys	Red	01:55.0	60

**RESULTS****4 x 2 LAP RELAY****Girls****Wales UKC under 15 Girls****21-Mar-26****Cwmbran Leisure Centre**

<b>Position</b>	<b>Team Code</b>	<b>Name</b>	<b>Colour</b>	<b>Trial 1</b>	<b>Points</b>
1	A	Cardiff & The Vale	Maroon	01:47.0	70
2	C	Powys	Red	01:49.5	60

**RESULTS****2 LAP TIME TRIAL****Girls****Event Name****Wales UKC under 15 Girls****Date****21-Mar-26****Venue****Cwmbran Leisure Centre**

<b>Bib No.</b>	<b>NS</b>	<b>Name</b>	<b>Team</b>	<b>Trial 1</b>	<b>Position</b>	<b>Points</b>
164		Abbi Beadle	Cardiff & The Vale	25.6	1	50
166		Amelie Edwards	Cardiff & The Vale	26.0	2	48
169		Amara Chukwu-Herbert	Cardiff & The Vale	26.5	3	46
195		Carys Davies-Williams	Powys	27.0	4	44
187		Pauline De Vira	Dyfed	27.4	5	42
194		Lacey Evans	Powys	27.6	6	40
190		Mara Amarillo	Dyfed	29.9	7	38

**RESULTS****4 LAP TIME TRIAL****Girls****Event Name****Wales UKC under 15 Girls****Date****21-Mar-26****Venue****Cwmbran Leisure Centre**

<b>Bib No</b>	<b>NS</b>	<b>Name</b>	<b>Team</b>	<b>Trial 1</b>	<b>Position</b>	<b>Points</b>
165		Lily Parsons	Cardiff & The Vale	00:56.8	1	50
168		Lilah Prtichard	Cardiff & The Vale	00:59.2	2	48
196		Freya Lamp	Powys	00:59.4	3	46
188		Alice Craddock	Dyfed	00:59.6	4	44
193		Lucy Li	Dyfed	01:00.1	5	42

**RESULTS****VERTICAL JUMP****Girls****Event Name**      **Wales UKC under 15 Girls****Date**                      **21-Mar-26****Venue**                    **Cwmbran Leisure Centre**

<b>Bib No</b>	<b>NS</b>	<b>Name</b>	<b>Team</b>	<b>Trial 1</b>	<b>Trial 2</b>	<b>Trial 3</b>	<b>Best</b>	<b>Position</b>	<b>Points</b>
169		Amara Chukwu-Herbert	Cardiff & The Vale	57	56	62	62	1	50
196		Freya Lamp	Powys	55	58	56	58	2	48
195		Carys Davies-Williams	Powys	54	51	55	55	3	46
193		Lucy Li	Dyfed	51	51	52	52	4	44
168		Lilah Prtichard	Cardiff & The Vale	45	43	45	45	5	42
167		Amy Ford	Cardiff & The Vale	0	0	0	0	0	0

**RESULTS****STANDING LONG JUMP****Girls****Event Name** Wales UKC under 15 Girls**Date** 21-Mar-26**Venue** Cwmbran Leisure Centre

<b>Bib No</b>	<b>NS</b>	<b>Name</b>	<b>Team</b>	<b>Trial 1</b>	<b>Trial 2</b>	<b>Trial 3</b>	<b>Best</b>	<b>Position</b>	<b>Points</b>
164		Abbi Beadle	Cardiff & The Vale	2.12	2.16	2.20	2.20	1	50
187		Pauline De Vira	Dyfed	2.04	2.09	2.16	2.16	2	48
165		Lily Parsons	Cardiff & The Vale	1.97	2.00	2.06	2.06	3	46
166		Amelie Edwards	Cardiff & The Vale	1.98	1.95	2.03	2.03	4	44
190		Mara Amarillo	Dyfed	1.92	0.00	2.00	2.00	5	42
188		Alice Craddock	Dyfed	1.97	1.99	1.97	1.99	6	40
194		Lacey Evans	Powys	1.68	1.75	1.75	1.75	7	38

**RESULTS****SHOT****Girls****Event Name** Wales UKC under 15 Girls**Date** 21-Mar-26**Venue** Cwmbran Leisure Centre

<b>Bib No</b>	<b>NS</b>	<b>Name</b>	<b>Team</b>	<b>Trial 1</b>	<b>Trial 2</b>	<b>Trial 3</b>	<b>Best</b>	<b>Position</b>	<b>Points</b>
165		Lily Parsons	Cardiff & The Vale	10.14	8.66	9.68	10.14	1	50
164		Abbi Beadle	Cardiff & The Vale	8.52	0.00	8.10	8.52	2	48
194		Lacey Evans	Powys	7.53	6.61	7.39	7.53	3	46
188		Alice Craddock	Dyfed	7.33	7.23	7.26	7.33	4	44
195		Carys Davies-Williams	Powys	5.52	6.81	7.11	7.11	5	42
196		Freya Lamp	Powys	5.77	6.32	6.07	6.32	6	40
168		Lilah Prtichard	Cardiff & The Vale	5.47	0.00	5.56	5.56	7	38

**RESULTS****SPEED BOUNCE****Girls****Event Name**      **Wales UKC under 15 Girls****Date**                      **21-Mar-26****Venue**                    **Cwmbran Leisure Centre**

<b>Bib No</b>	<b>NS</b>	<b>Name</b>	<b>Team</b>	<b>Trial 1</b>	<b>Position</b>	<b>Points</b>
190	0	Mara Amarillo	Dyfed	76	1	50
166	0	Amelie Edwards	Cardiff & The Vale	75	2	48
187	0	Pauline De Vira	Dyfed	73	3	46
193	0	Lucy Li	Dyfed	70	4	44
169	0	Amara Chukwu-Herbert	Cardiff & The Vale	56	5	42